

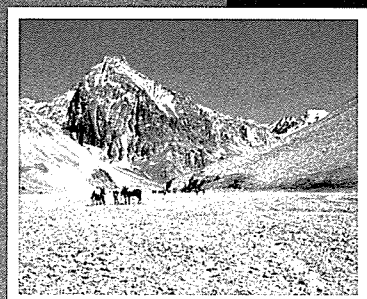
- 4. Pushing the envelope
- 5. Bouldering
- 6. Alpine rock—Murray Judge updates the Twin stream scene
- 8. Cragging—Grabbing the chains?
- 9. News
- 14. The Inside Story—Escalade, NZSF Calendar
- 22. Technique—ICE: An A.U.I.G.M God tells us how
- 24. The Compressor Route—Matt Quirke relates a scary time
- 25. Guides tip—Be avalanche aware
- 27. Waitati Crag guide + other great topos
- 28. Steve Schneider—Mark Watson interviews a fast American
- 30. Technique—Train at home, Ivan Vostinar describes a strength program
- 31. NZAC News—What happened at those meetings?
- 33. Stuff you need and books to read
- 40. The Last Pitch—Nick Atkinson sails, rides & climbs

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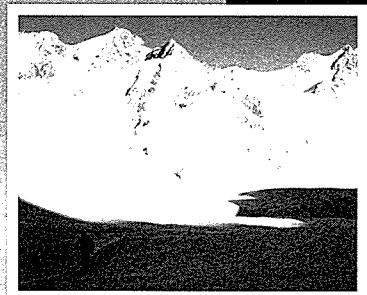
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the climber

Winter 1999 Number 28

Dave West on the new way to the alpine
 Richard Ackerly on the Murchison
 Cover: Pat Deavoll on Orvis Tabernaie
 Canadian Rockies. Dave Ritchie