

UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



May 2021

**IT'S BANFF MONTH! HAVE YOU GOT YOUR TICKETS?
CHRISTCHURCH DATES ARE 9, 10, 11 & 12 OF JUNE**

**CLICK
HERE**

BANFF CENTRE
MOUNTAIN
FILM FESTIVAL
WORLD TOUR



Please note that due to BANFF there is no Section talk for June

IN BRIEF

In this newsletter:

- Upcoming section evenings
- BANFF
- Alpine Gear Info Night
- Winter instruction course dates
- Trip leaders evening
- BANFF 2021 dates
- Club trip to Mt Oakden
- Bealey Spur trapping line
- Navigation Course report
- May section talk report
- Buy/Sell Gear night coming!
- Book reviews

Facebook page

Remember to 'Like' our Facebook page to be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more.

<https://www.facebook.com/NZAC-CanterburyWestland-176920578985933/>

Future Section Evenings. Save these dates...



THURSDAY 8 JULY

Book launch for the new NZAC guidebook 'Ohau-Landsborough Alps – A guide for mountaineers'

THURSDAY 12 AUG

AGM & Talk by Grant Piper "Big Walls – Canterbury Style" Grant will talk about his work putting up new sport routes on Cloudy Peak.

Alpine Gear Info Night

THURSDAY 3 JUNE FROM 7PM

Gideon Geerling is facilitating a Gear info night; refresh your awareness of what works in the NZ environment around clothing systems and technical equipment and get to know why they work or not.

With any luck, you'll go away with a deeper knowledge of what works and why in your alpine systems, ready for your instruction courses and winter adventures!

Presenter: Gideon Geerling
Date: 3rd June from 7pm, presentation starting by 7.30pm
Venue: The Cashmere Club, Colombo Street

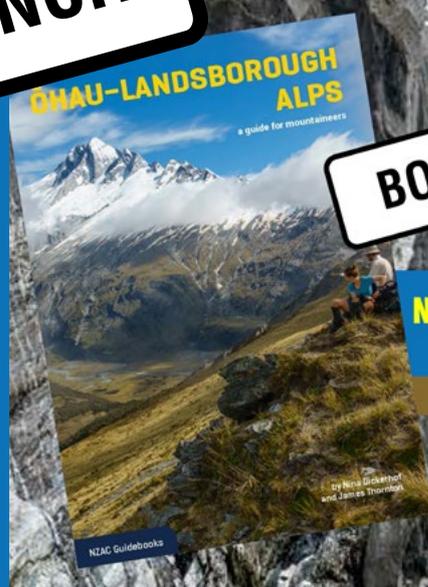
JULY SECTION MEETING

BOOK LAUNCH

TALK: THURS 8 JULY

CASHMERE CLUB

BOOK WILL BE AVAILABLE
TO PURCHASE ON THE
NIGHT



BOOK LAUNCH

New NZAC guidebook "Ohau-Landsborough Alps"
a guide for mountaineers

OUR TALK FOR JULY BY THE EDITORS NINA DICKERHOF AND JAMES THORNTON

CANTERBURY WESTLAND TRIP LEADERS — EVENING —

Come along and learn about our new and improved Google forms process
Making trip planning and paperwork as easy as can be!



WHEN Monday 14 June 7pm

WHERE Speights Ale House Tower Junction

WHO Leaders of all levels with enthusiasm to give back to the club!

WHY Promote & lead club trips – meet and inspire others!



BANFF CENTRE
MOUNTAIN
FILM FESTIVAL
WORLD TOUR

BANFF CHRISTCHURCH 2021

The 2021 Banff Mountain Film Festival Tour in New Zealand will be in Christchurch on the 9th, 10th, 11th and 12th of June.

Ignite your passion for adventure, action, and travel! The Banff Centre Mountain Film Festival World Tour will exhilarate you with amazing big-screen stories. Journey to exotic locations, paddle the wildest waters, and climb the highest peaks.

Don't miss out! Get ready to be taken away to the most captivating places on earth by making sure you have the dates blocked out in your calendar so you and your family don't miss this great event.

Tickets are now available at [Banff.nz](https://www.banff.nz)

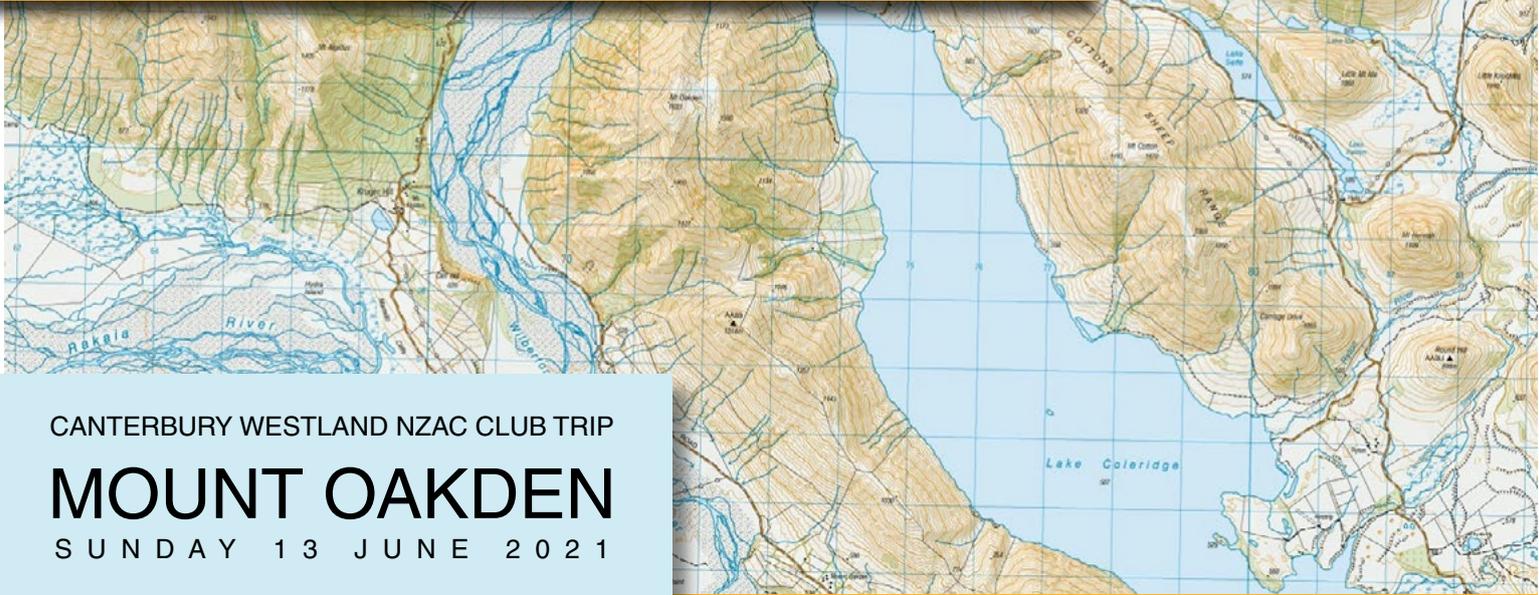
visit our events page for more details

**CLICK
HERE**

To make the Banff Mountain Film Festival a successful fundraiser for our section, we need a handful of volunteers at each screening to help check tickets etc. If you would like to assist with the event, please contact Adam on Adam.b.humphries@gmail.com with the screening date/s you are available for.



BANFF CENTRE
MOUNTAIN
FILM FESTIVAL
WORLD TOUR



CANTERBURY WESTLAND NZAC CLUB TRIP

MOUNT OAKDEN

SUNDAY 13 JUNE 2021

A NZAC trip is planned on Sunday 13 June to Mount Oakden (1,633m). Located at the north western edge of Lake Coleridge, Mt Oakden has great views of the Arrowsmiths and the mountains of the Main Divide.

Leaving Christchurch at 5.00am and returning late afternoon, the trip will involve an 1,100m climb and is suitable for

beginners with good fitness or those more experienced climbers wishing to stretch their legs on this club trip. A helmet, ice axe and crampons are required. For those interested, please contact Matt on +61 415 604 593 or Email: buckmatthews73@gmail.com

Section trips are always given priority to their own section members but don't forget to keep an eye open on other sections club trips because if they have spaces available you are always welcome to join them. Each section will have a Facebook page with events listed.

BEALEY SPUR TRAPLINE UPDATE

They say you never forget your first kill. We won't thanks to Laura's green disposal gloves and her pest extraction spatula. This little stoat looks ready for the frying pan.

Congratulations to Laura and all our trap-setters and checkers.

If you would like to assist Laura in checking the trap line (it only needs doing every 4 to 6 weeks), even if its just once or twice a year, please contact Laura on L.wolken@windowslive.com



WINTER INSTRUCTION

Dates have been set for the 2021 programme!

Keep an eye out on our Facebook page & newsletters for further updates



SAVE THE DATE

WINTER INSTRUCTION

Dates have been set for the 2021 Section Winter instruction programme (see below).

Details on registering for these courses will be released in May via Facebook and in the newsletter. You can email me at cw.winterinstruction@gmail.com to pre-register and I will send you the link to the google form when registrations open. Registration is on a first in first served basis, subject to vetting for suitable experience and fitness.

16th - 18th July:

Avalanche Awareness (Friday evening theory session then Saturday OR Sunday in the field)

30th July - 1st August:

Basic Snowcraft based at Arthurs Pass (Will be an evening session prior to the course and a follow up day trip, dates to be confirmed)

13th - 15th August:

Basic Snowcraft based at Arthurs Pass (Will be an evening session prior to the course and a follow up day trip, dates to be confirmed)

20 - 22nd August:

Intermediate Snowcraft Course. This will be held at Temple basin

Further information and registration details will be posted on the Section Facebook page and on the National website soon!

<https://alpineclub.org.nz/courses>

NAVIGATION COURSE REPORT & PHOTOS

We had a great day out today, on the tops on Banks Peninsula, with six students learning the basics of navigation in the wilderness, on our Navigation for Beginners Course.

Thanks to Hannah Z, Josie P, Joanna T, Luis C, Greta R and Will B for attending.

Special thanks to Clayton Garbes for organising the course and to Scott Stephen for instructing today.

We value your contribution to helping members navigate safely on their climbing adventures.





Tim's a NZ mountain guide (IFMGA) who's guided in NZ and Europe for twenty odd years and he gave a talk entitled "Planning alpine trips with a strategic approach". Our section meeting organiser, Helen, is keen to have section meeting presenters covering a wide range of topics, and after last month's meeting on Search and Rescue put the wind up most of us, Tim's talk showed us a lot of decision-making techniques for avoiding having to set off your PLB...

115 people came to listen to Tim, so it's certainly a topic which people were keen to improve their skills in.

Tim broke down all the components that make up a trip to the mountains, such as weather, and logistics, and the decisions that need to be made for each of these at each stage of the trip. For example, with logistics, it's very important to remember all your gear, so careful checking is needed prior to your trip. Tim shared one story of a climbing trip where they forgot a pot, so were reduced to melting snow over the stove on the blade of a shovel. It didn't go well. Here's the matrix below.

As Tim's talk progressed it became clear how much has to work for a trip to be successful, and how little needs to go wrong to cause a major problem, and when you're a guide in the mountains for so many trips each year you have to be completely methodical about evaluating situations and making decisions all the time. As someone who's often been a client of a guide, this shouldn't have been a surprise, but in some ways it was, as most guides give the impression that it all comes very naturally whereas, behind the relaxed exterior, your guide is fully occupied continually monitoring weather, aspect, conditions, fitness, ability, time, etc. etc.

I just went on an East Coast to West Coast trip and not everything went perfectly. I underestimated the time we'd take, we got separated from each other once, mucked around backtracking to cross a river, and took gear we didn't need. None of which was a disaster, but on reflection each of these situations could have been avoided if I'd spent more time following the advice in this matrix.

Why not do the same for one or two of your most recent trips, and see if you could have avoided any issues by applying the decision matrix thoroughly? (Ignore this if all your trips go perfectly, but immediately contact the Trips Co-ordinator to run some section trips).

For Tim's full presentation, so you can refresh your memory on what he said, or check it out if you weren't able to come to the section evening, see <https://alpinedreams.co.nz/alpine-strategy-nzac-presentation> There's some other interesting stuff on his website too, so have a look around!

	Team	Conditions	Weather	Logistics
Pre Trip	<ul style="list-style-type: none"> Familiarity Ability Fitness Motivation 	Season Frequency in condition Avalanche hazard Rock/Icefall Aspect Escape routes, Plan B Descent	<ul style="list-style-type: none"> Freezing levels Wind Daylight Local weather effects 	Access Rivers Glacier Huts, camp, bivi Food practical?
In the morning	How are we feeling? Are we getting on and on time? When are we committed?	<ul style="list-style-type: none"> Is it what we wanted? Bias? Trends Descent Mode of travel Gear ? 	Freezing level Wind & windchill Visibility Precipitation	Approach Objective Return Work on Monday Can I survive a night out?
On the mountain	Ability Physical & psychological support Nutrition & Hydration	Hazards Commitment Points Gear Mode of Travel Descent Escape routes, Plan B	Changing Conditions Route finding Navigation Clothing vs Freezing	Fast and light could be slow and cold Thermos / Stove Emergency plan & gear Bothy bag PLB first aid kit

© Tim Robertson alpinedreams.co.nz

STRATEGY MATRIX

CANTERBURY/WESTLAND SECTION NZAC ANNUAL

BUY/SELL GEAR SALE 2021



Coming Thurs 9 September!

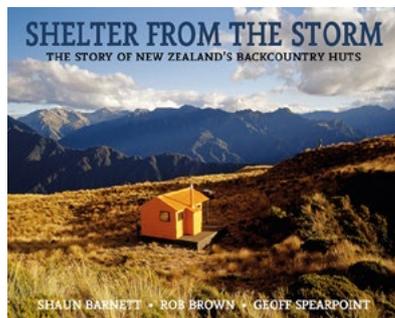
Now's the time to start sorting through to see what gear you no longer need and get ready to sell it in our annual Buy/Sell gear night which will be held at Riccarton High School. Team up with others or have your own sales table. There will also be a great selection of retailers at the event once again plus coffee and food carts! Keep a look out for more updates and details to come in the upcoming months.

Our annual Buy/Sell Gear Sale continues to get bigger and better and will be back this year on Thursday 9 September at Riccarton High School. With winter upon us, now is a good time to have a winter clean out to see what you no longer require, then once we are taking bookings, book a sales table for yourself or team up with others.

We will have a selection of retailers onboard again and we will post a list of these on our poster and events page once all are confirmed. We can however already confirm that this year we will have 'The Speedy Bean' along for your caffeine fix and 'Billie Jacks' providing fantastic food on the night including vegetarian and keto options.

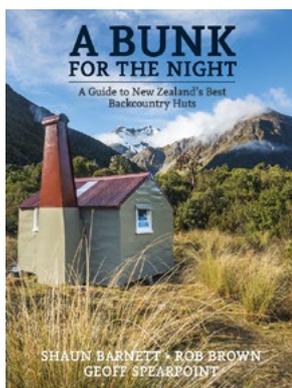
Keep an eye on our Facebook page and future newsletters for updated details on how and when you can book a table.

From our Library... June Book Review



Now that Christmas is just around the corner, these two books are well worth considering as presents for the climber/tramper who really appreciates huts. Isn't that everyone? There's something about a photo of a hut which nearly always makes me want to visit it. Somehow a photo of wilderness is radically changed and even improved by a hut tucked into a bottom corner. You look at the photo and imagine arriving there at the end of a long day and just enjoying the location and the views before settling in for the evening. And both these books really whet the appetite. It helps that there are some

beautiful photos, but not all the huts are chosen for their attractiveness as



Book Reviews:
Shelter from the Storm
and
A Bunk for the night

June book reviews by
John Roper-Lindsay

overnight destinations, getting in one or the other book for other reasons, such as history or some uniqueness.

In addition to being about huts, both these books share the same authors, namely Shaun Barnett, Rob Brown and Geoff Spearpoint, who have massive credentials for knowledge of New Zealand Backcountry, as well as hands-on involvement looking after some of these more remote huts that are now cared for by the volunteers in the community.

But the books are very different; *Shelter From the Storm* is billed as "The story of New Zealand Backcountry Huts" and *A Bunk for the Night* as "A Guide to New Zealand's Best Backcountry Huts", and

those descriptions sum them up. Both will be loved by anybody who heads into the backcountry, but "*A Bunk for the Night*" concentrates more on the huts as places to visit, with the huts arranged geographically and, although there is always some interesting history and facts about the hut, the emphasis is on where the hut is, how to get there, and route options. If you're planning a few trips and want some good ideas, this is the one for you.

On the other hand, *Shelter From the Storm* makes a beautiful read from cover to cover, with great anecdotes and detailed history, and a much broader range of photos. I hate the term "coffee table" book, but it really is a great book to dip into, and also appeals to people who aren't hardened trampers. It's organised into sections which include Mining Huts and Pastoral Huts, so it's much wider in scope.

Both are great books, and either would make a fantastic present but, if you're not sure which, go for *Shelter From the Storm* for more all-round appeal. To see how to borrow books from the club section library, please see the Section Library details below.

SECTION LIBRARY

Section Library: Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line here:

https://docs.google.com/spreadsheets/d/1iKtZA-tCJgKymPg9IPaN_CGKrV1Y7UaQ4krLoRCpsbc/edit#gid=0

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

Library policies: You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

Returns: Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

Email: John Roper Lindsay
john@roperlindsay.com
or call/text 021 395 513



WEEKLY ACTIVITY OPTIONS

Lead a Trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact cw.chairperson@gmail.com

Midweek mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact **Pat Prendergast on 337 0079 or email pat@slingshot.co.nz**

Mid Week Rock Climbing: A new and exciting format from September (day light savings start) onwards. Instead of one set evening each week, we are hoping to be able to offer people a choice of two nights each week, which will vary depending on who is looking after the group. We believe this will give people of all abilities more opportunities to get out climbing. A few things to note when rock climbing with the mid week group;

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing co ordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings) are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If you would like to attend and are on the google climbing group already, we will email out at the start of the week with which nights we are running climbing and who is in charge and their contact details. If you would like to be on the group list, please email Clayton on:

nzacinstructionandgearhire@gmail.com
or text on 027 4461562

All welcome, including non members.

WE NEED YOU

The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip <https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below). Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning

The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page

Email: Shannon at nzac.cw.newsletter@gmail.com

• You organise the participants and do pre-trip preparations This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email:

robert.gallagher90@gmail.com or richard.mcgill@me.com

Some Ideas! Mt Aiken, Binsler, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience?

Helen Sinclair, our section meeting co-ordinator is the person to contact.

Helen organises speakers to share their outdoor experiences with the rest of our community.

If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Helen either by phone or email.

P: 027 435 3674 E: helen@helensinclair.com

PHOTO: ROB GALLAGHER. MOUNT SOMERS



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form and have them understand, sign and return it to you in advance of the trip.
- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.
- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You may be asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit...

<https://alpineclub.org.nz/membership-benefits/>

To visit any of the retailers below, click on their logo.



CANTERBURY/WESTLAND SECTION OF THE NEW ZEALAND ALPINE CLUB

Facebook page:

<https://www.facebook.com/NZAC-CanterburyWestland-176920578985933/>

Section Library:

https://docs.google.com/spreadsheets/d/1iKtzA-tCJgKymPg9IPaN_CGKrV1Y7UaQ4krLoRCpsbc/edit#gid=0

Chairperson:

Jim Petersen 022 620 0619 cw.chairperson@gmail.com

Secretary:

Paulina Woch paulinawoch@yahoo.com

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@gmail.com

Instruction Coordinator & Rock Climbing Coordinator:

Clayton Garbes 027 446 1562 nzacinstructionandgearhire@gmail.com

Winter Instruction Coordinator:

Sam White cw.winterinstruction@gmail.com

Winter Gear Custodian:

Ben Scott benwaynescott@gmail.com

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Trip Coordinators:

Richard McGill richard.mcgill@me.com

Robert Gallagher robert.gallagher90@gmail.com

Newsletters & Online Coordinator:

Shannon Cook 021 809 088 nzac.cw.newsletter@gmail.com

Treasurer & Library:

John Roper Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensonj@xtra.co.nz

Section Evenings:

Helen Sinclair 027 435 3674 helen@helensinclair.com

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME
PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST