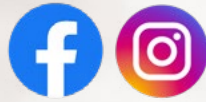


UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



OCTOBER 2021



Buy/Sell Gear Sale

**NEW DATE: MONDAY 8 NOVEMBER
SEE POSTER IN NEWSLETTER FOR MORE DETAILS
OR VISIT OUR EVENT LISTING ON FACEBOOK**

IN BRIEF

IN THIS NEWSLETTER:

- Upcoming section evenings
- Winter Instruction review
- Mt Rolleston Mentoring programme
- Midweek Rock Climbing
- Dunedin Meet/October
- Buy/Sell Gear night details
- Gear to giveaway
- Sport Lead Course/November
- Arnold Heine Book Collection Sale
- CW section Gear Hire details

FACEBOOK/INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.



Future Section Evenings. Save these dates...



THURSDAY 14 OCT

Dr Robin Barraclough is the speaker for our Oct section evening at The Cashmere Club. He will be talking about his speciality in Mountain Medicine.

**POSTPONED TO A LATER DATE
DUE TO COVID RESTRICTIONS**

WINTER INSTRUCTION 2021

Despite the winter instruction season being ravaged by weather postponements and COVID, we did manage to complete two successful Basic Snowcraft Courses based out of Arthurs Pass, a hastily rehashed Intermediate Snowcraft Course as soon as we moved to COVID Alert Level 2, and managed to get at least some of the participants in the Avalanche Awareness Course through the practical day. My apologies to those registered who we have been unable to cater for with the various postponements.

A big thank you to all our volunteer & professional instructors for 2021: Gideon Geerling, Ben Corcoran, Anna Brooke, Asher March, Elliot O'Brien, Jim Petersen, Laura Wolken, Andrew Tyrell, Rob Gallagher, Penny Webster, Gilda Otway & Tomyu Hu.

Sam White, Winter Instruction Coordinator



Midweek Rock Climbing

To join the midweek rock climbing group send our midweek climbing coordinator, James Skeggs, an email to nzacmidweekclimbing@gmail.com and you'll be sent a Google form for emergency contact details, and then added to the Google group.

WELCOME TO MIDWEEK CLIMBING!

Use this group to meet new people, organise climbing related missions (for any day or time of the year) and explore the outdoors.

If you're heading out or looking for a climbing partner, you will be able to send a group email to nzac-midweek-climbing@googlegroups.com or start a 'new conversation' directly through Google Groups.

PLEASE NOTE

Mid week climbing organizers do not provide guiding or instruction and individuals within the group are responsible for their own safety.

You will need a harness, rock shoes, belay device, locking carabiner, and helmet. Please also let the person in charge know what equipment you have and if unknown to them your climbing experience.

SAFETY RULES

- Helmets are compulsory when climbing and belaying.
- If abseiling, use a prusik as back up and tie a knot in the end of the rope.
- Use clear commands and make a plan between climber and belayer before leaving the ground.
- If in doubt about anything, please ask questions.
- If you see something amongst the group you are not happy about - please speak up.

Be safe and have fun climbing!

Cheers,
James



Midweek Rock Climbing

First evening outside for the start of daylight savings, for our climbing group. For a rare change we went to Huntsbury Spur Crag and there were 9 people in total climbing in mild weather. Thanks to all that came along.



DUNEDIN MEET LABOUR WEEKEND 22 - 25 OCT 2021

Read all about it! Dunedin meet. Labour weekend



The C/W sections popular trip to Dunedin, over Labour Weekend, with rock climbing, biking and tramping options to suit all abilities and weather conditions and open to both members and non members of the NZAC, aged 16 and above. Family groups are also welcome and as its a long weekend and 4.5 hrs drive time, we encourage as many people as possible to leave as early on Friday (22nd) afternoon or evening as possible (plan your time off now !)

Car pooling is also encouraged and its a tenting/camping weekend so you will need to arrange your own equipment for this and the cost is just \$15 pp, per night for camping which also includes full use of the facilities at the Long Beach Community Hall which we have booked for the weekend.

A list of some of the adventure options are as follows but please do your own research on what you would like to do so we can put you into like-minded groups:

CLIMBING - Long Beach, Mihiwaka, Mapoutahi, Lovers Leap, Port Chalmers Quarry and Doctors Point. Most of these places are on climbnz.org.nz and sport and trad grades start at 11 upwards as well as areas for bouldering.

BIKING - Signal Hill, Nicholls Track, Redwoods, Bethunes Gully.

TRAMPING - Silver Peaks, Flagstaff, Mangatua, Pineapple Walkway.

OTHER IDEAS - Orokonui Eco Sanctuary, Botanical Gardens, Otago Peninsula , Tunnel Beach.

HALL FACILITIES - Fully catering kitchen with all appliances, cookware, dishes and cutlery, dining area with tables and chairs, piano, three x flush toilets and hand basins, bar-b-que (available to use while there)

No showers but the beach is just 5 mins away for a dip.

THE PLAN - Head down Friday afternoon or evening, meet up with everyone at Long Beach and sort your adventures for the weekend, returning early afternoon from Dunedin to Christchurch on Monday.

TO ATTEND - contact Clayton by texting on 0274461562 and we can discuss your plans for the weekend.

WOW!

Gear to give away...

TO GIVE AWAY (a donation from the recipient to CW section would be appreciated though...)

Ski mountaineering set: Scarpa Denali boots (size 11, I think), Diamir Titanal II bindings, Atomic 180cm skis. 20 years old, but not used for over 10 years and still in very good condition.

Scarpa mountaineering boots: (size 11, I think). Fair condition only, but still very usable.

Email: Philip Tree philiptree7@gmail.com





SPORT LEAD CLIMBING COURSE SAT 20 NOV 2021

**SPORT
LEAD CLIMBING
COURSE**
SATURDAY 20 NOVEMBER 2021

An ideal one day course at Cattlestop Crag and designed for those that have top rope climbed outside, abseiled (& belayed) regularly, have completed the recent NZAC top rope course with confidence or only lead climbed indoors, are aged 16 and above and are current NZAC members- NO EXCEPTIONS - please don't ask to attend as a non member (you are welcome to apply as a non member but must join the NZAC if accepted onto the course.

There is a reserve day (Sunday 21st November) for this course in case of wet weather - please DO NOT apply if you can't be available for the reserve day. If you have to withdraw from this course once you have paid the course fee of \$75, a refund will only be given if we have enough time to find a replacement for your spot or there is a genuine reason for withdrawing.

WHAT WILL BE TAUGHT:

- * Sport lead climbing
- * Technique
- * Equipment and its use
- * Knots
- * Lead belaying (with an ATC)
- * Transition at the anchors when lowering and abseiling

COST:

\$75 (online payments only once accepted onto the course) will cover a full days instruction plus all equipment listed, except for a harness, rock shoes and chalk bag (optional), which you must provide yourself.

EQUIPMENT LIST:

- * Own Rock shoes
- * Own Harness
- * Own Chalk bag
- * Climbing helmet (can be provided)
- * ATC belay device (not a gri gri) and large locking biner (can be provided)
- * Personal safety/anchor chain and locking biner (can be provided)
- * Prusik - 1.3m (1300mm) total untied length (can be provided)
- * Small locking biner (can be provided)

WE ENCOURAGE you, if purchasing equipment, to support the following local retailers who all offer NZAC members a discount

Aspiring Safety <https://www.aspiring.co.nz/>

Bivouac <https://www.bivouac.co.nz/bivouac-outdoor-christchurch>

Further Faster <https://www.furtherfaster.co.nz/>

CONTACT INFO:

Please email Clayton on cw.summerinstruction@gmail.com using a subject line of 'Sport lead climbing course', with your members details (or let me know if a non member), phone number, climbing experience and what you would like to get out of the course?

I will do my best to reply within 48 hrs but this is a volunteer role and I work full time. If I don't reply within 48 hrs, check your junk mail first and text me on 0274461562.

Please don't apply on behalf of others - everyone must apply themselves so I have a papertrail for all students.

PLEASE REMEMBER:

1. NZAC members only, aged 16 and above.
2. You must be available for the reserve day



HEINE
LI

sale of the

ARNOLD HEINE BOOK COLLECTION

AUCTION: Friday 24th September, 2021
- books on view from 5.30 pm; auction from 7.30 pm

BOOK SALE: Saturday 25th September, 2021
- from 9.30 am

HUTT VALLEY TRAMPING CLUB
Birch St Reserve, Waterloo, Lower Hutt

hosted: Jan Heine
Les Molloy, Patron of FMC

Postponed due to covid restrictions
New date yet to be advised

- Most of the collection is in good condition.
- Jan, Arnold's widow, has generously asked that the proceeds of the Auction and Sale be donated to the Federated Mountain Clubs of New Zealand (FMC) Mountain and Forest Trust.
- Arnold's unique book collection is strong in mountaineering and exploration – ranging from the Himalaya and Tibet, through Central Asia and Siberia, Europe, North America, to the Pacific.
- There are many out-of-print books on New Zealand's mountaineering history, tramping, hunting, geology, ecology, conservation and culture, as well as guidebooks.
- Some books are signed by A J Heine:
and some have a Heine Library bookplate (shown above).
- **AUCTION** - from 7.30 pm on Friday 24th September, 2021 - of 102 lots of rarer books - on view from 5.30 pm. A catalogue of the lots is available from <mailto:secretary@hvtc.org.nz>. Absentee bids accepted by e-mail to <mailto:secretary@xtra.co.nz> until Wed. 22nd September.
- **BOOK SALE** - from 9.30 am on Saturday 25th September, 2021 - of all remaining books. These books will not be on view until 9.30 am on Saturday morning.
- **VENUE:** Hutt Valley Tramping Club, Birch St Reserve, from Birch St, Waterloo, Lower Hutt.

Note: Some seriously rare/collectable books from Arnold's Library - mostly Polar and Himalayan - are being sold through Colin Monteath's Barking Mad Books website:

https://colinmonteath.photoshelter.com/gallery/ARNOLD-HEINE-POLAR-MOUNTAIN-BOOKS/G0000ZDc8Budxcdg/C0000CrD_31; others at Dunbar Sloane's next book auction.

NZAC CANTERBURY WESTLAND SECTION

GEAR HIRE

FOR NZAC MEMBERS ONLY

HIRE

EQUIPMENT LIST

- Crampons (12 x pair, fully adjustable)
- Walking ice axes (12 from size 60cm to 70cm)
- Technical ice axes and hammers (5 pairs of various brands)
- Avalanche kits (12 transceiver, shovels & probes. Transceivers use 3 x AAA batteries - not included)
- Helmets (12)
- Snow shoes (2 pairs of MSR evo ascent & 2 pairs of MSR lightning ascent)
- Snow stakes (8 with mid clip wire)
- Ice screws (16 screws, various sizes 13cm to 22cm)

NZAC members can hire gear on behalf of non-members on the same trip they are attending with the knowledge that the NZAC member is responsible for any loss or damage.

PRICING

Prices:

- \$20 per day for Avalanche Rescue Kits
- \$10 per day, for ice screws & pitons: two items
- \$10 per day, per item for all other items
- Payment is by bank transfer

CONTACT

CONTACT BEN SCOTT:

Text: 021 236 8413

Email: cw.gearhire@gmail.com

Please give your full name, membership number, equipment you require and the dates you require it for. Please do not ask to hire equipment on a Friday or Saturday at the last minute.

Other Gear hire options in Christchurch include:

Bivouac at Tower Junction – click [here](#)

Further Faster in Sydenham – click [here](#)





Invitation
to Register
Interest

Mt. Rolleston Mentoring Programme: Winter- Spring 21

The CW section will run a mentoring programme for newer alpinists who have come through the NZAC Snowcraft Pathway. The main objective being a climb of Mt. Rolleston in Arthur's Pass.

The programme aims to:

- a) Introduce the mentee to the two popular routes (Otira Slide and Rome Ridge) on Rolleston
- b) Give the mentee the confidence to plan their own trip up and down Rolleston.

The programme will consist of two or three trips and climbs building up to the Rome Ridge climb. It will run August to October. No dates are set as it depends on conditions, avalanche risk and weather.

It is not a matter of putting dates in the diary but rather that we contact you when all the above come together.

Requirements are: own avalanche kit, full shank boots and other appropriate gear, member of NZAC/CW, have completed an NZAC Intermediate Snowcraft Course.

We would ask that you keep a brief list of trips completed from June 2021 for the mentor (it helps to go out on club trips so that you are known and your interest is noted).

An application does not mean an invite onto the programme. Mentees will be selected on the above, plus will depend on the number and availability of mentors.

Additional mentors are also welcome to apply and will be vetted as such.

For Mentors or Mentees please address your interest to cw.tripscoordinator@gmail.com, with the subject line "Mt. Rolleston Mentoring Programme: Winter- Spring 21".

BUY/SELL GEAR SALE 2021



NEW DATE!

MONDAY 8 NOV 2021

WHERE: Riccarton High School Hall – Vicki Street entrance

TIME: 6:30pm to 9pm (6pm setup for those selling)

FOOD & COFFEE: Available from 6pm

Meat and Vegetarian options plus sweet treats and all keto

ADMISSION: Gold coin donation

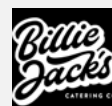
Check out the Retailers who will have tables there on the night. See below

- ➡ To book a table contact Clayton no later than Wed 27 October
cw.summerinstruction@gmail.com
- ➡ Tables are \$5 each & can be shared
- ➡ Please inform Clayton if you have any goods you would like to donate for the Auction on the night. Proceeds from the auction go to the Air Rescue Trust

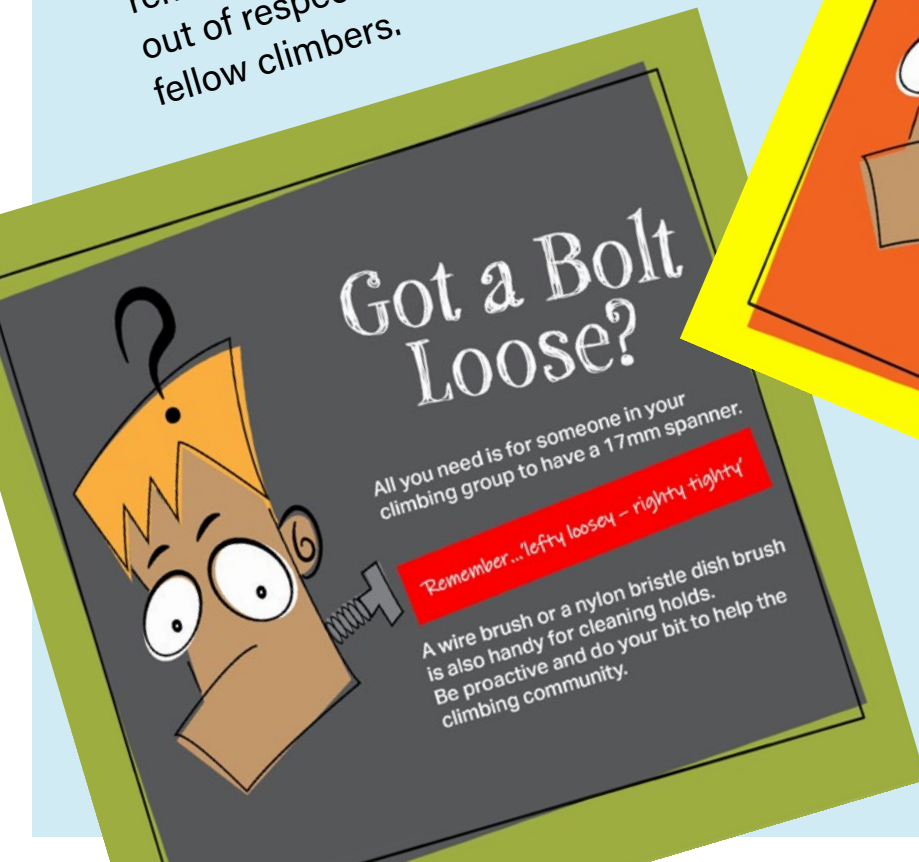
All proceeds go to
The Air Rescue Trust



TWIN NEEDLE



It's that time of year when we're climbing outdoors more, please remember these important points out of respect for landowners and fellow climbers.



THURS 14 OCTOBER TALK: DR. ROBIN BARRACLOUGH, MOUNTAIN MEDICINE

Dr Robin Barraclough is the speaker for our October section evening. He will be talking about his speciality in Mountain Medicine.

Dr Robin Barraclough is a Fellow of the Royal New Zealand College of General Practitioners and a GP in hospital medicine practitioner in the 'Land Of The Long White Cloud', Aotearoa, New Zealand. He enjoys being a generalist and says that, "I'm able to put my hand to almost anything that walks, or gets carried through the door!" He came to medicine late in life, doing a graduate entry course in his 30's at Nottingham University. Before that, he worked as an instructor for Outward Bound Scotland and as a science teacher in various schools around Lancashire.

**POSTPONED TO A LATER DATE
DUE TO COVID RESTRICTIONS**





CANTERBURY WESTLAND
SECTION OF NZAC
**CHECK IN
LIKE US
TAG US**
FACEBOOK & INSTAGRAM!



SECTION LIBRARY

Section Library: Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line [HERE](#)

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

Library policies: You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

Returns: Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

Email: John Roper Lindsay
john@roperlindsay.com
or call/text 021 395 513



WEEKLY ACTIVITY OPTIONS

Lead a Trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst cw.tripscoordinator@gmail.com

Midweek mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact **Pat Prendergast on 337 0079 or email** pat@slingshot.co.nz

Mid Week Rock Climbing: A new and exciting format from September (day light savings start) onwards. Instead of one set evening each week, we are hoping to be able to offer people a choice of two nights each week, which will vary depending on who is looking after the group. We believe this will give people of all abilities more opportunities to get out climbing. A few things to note when rock climbing with the mid week group;

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing co ordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings) are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If you would like to attend and are on the google climbing group already, we will email out at the start of the week with which nights we are running climbing and who is in charge and their contact details. If you would like to be on the group list, please email James Skeggs on:

nzacmidweekclimbing@gmail.com

All welcome, including non members.

WE NEED YOU

The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip <https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below). Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning

The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page

Email: Shannon at nzac.cw.newsletter@gmail.com

- You organise the participants and do pre-trip preparations

This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email: Email Findel Proebst cw.tripscoordinator@gmail.com

Some Ideas! Mt Aiken, Binser, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience?

Helen Sinclair, our section meeting co-ordinator is the person to contact.

Helen organises speakers to share their outdoor experiences with the rest of our community.

If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Helen either by phone or email.

P: 027 435 3674 E: helen@helensinclair.com

PHOTO: ROB GALLAGHER. MOUNT SOMERS



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form and have them understand, sign and return it to you in advance of the trip.
- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.
- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You maybe asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit...

<https://alpineclub.org.nz/membership-benefits/>

To visit any of the retailers below, click on their logo.



CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

Section Library: [CLICK HERE](#)

Chairperson:

Jim Petersen 022 620 0619 cw.chairperson@gmail.com



Secretary: **Situation vacant**

Paulina Woch paulinawoch@yahoo.com

Situation vacant! Being the club secretary gives you the opportunity to be behind the scene with everything the CW section has to offer PLUS you get to hang with like minded people who have a great sense of adventure! Please contact our Chairperson, Jim Petersen if you're interested in this roll.

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@gmail.com

Summer Instruction Coordinator:

Clayton Garbes 027 446 1562 cw.summerinstruction@gmail.com

Winter Instruction Coordinator:

Sam White cw.winterinstruction@gmail.com

Gear Custodian:

Ben Scott cw.gearhire@gmail.com

Please note the new email address for Clayton Garbes

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Our new gear custodian, Ben Scott.

Trip Coordinator:

Findel Proebst cw.tripscoordinator@gmail.com

Newsletters & Online Coordinator:

Shannon Cook 021 809 088 nzac.cw.newsletter@gmail.com

Treasurer & Library:

John Roper Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensonj@xtra.co.nz

Section Evenings:

Helen Sinclair 027 435 3674 helen@helensinclair.com

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Midweek Rock Climbing Coordinator:

James Skeggs nzacmidweekclimbing@gmail.com

Our new Midweek climbing coordinator, James Skeggs.

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME
PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST