

SECTION TALK THURS 10 FEBRUARY 7:30pm

ONLINE DUE TO RED SETTING



The last few years have seen the closure of a number of crags around NZ. Many more crags risk future closure. The Aotearoa Climbing Access Trust has recently been formed to improve access to climbing across the country. Sam Newton and Anna Brooke will talk about what the Trust is and how we aim to achieve the mission of sustainable climbing access together. This exciting work presents some great opportunities for climbers to combine efforts to engage with our environment and local communities.

from ACAT



IN BRIEF

IN THIS NEWSLETTER:

- February online section talk
- REMOTE HUTS article by John Roper-Lindsay
- MT Rolleston mentoring prog update Penny Webster
- Midweek Rock Climbing
- CW section Gear Hire details

FACEBOOK/INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.





Future Section Evenings. Save these dates...



CANTERBURY WESTLAND SECTION EVENING THURSDAY 10 FEBRUARY 7:30pm ONLINE



Sustainable Climbing Access

GUEST SPEAKERS - Anna Brooke & Sam Newton from ACAT

The last few years have seen the closure of a number of crags around NZ. Many more crags risk future closure. The Aotearoa Climbing Access Trust has recently been formed to improve access to climbing across the country. Sam Newton and Anna Brooke will talk about what the Trust is and how we aim to achieve the mission of sustainable climbing access together. This exciting work presents some great opportunities for climbers to combine efforts to engage with our environment and local communities.

DUE TO CURRENT COVID ALERT SETTINGS OUR FEBRUARY SECTION TALK WILL BE AN ONLINE EVENT



DATE & TIME: THURSDAY 10 FEBRUARY 7:30PM

IF YOU ARE A CLUB MEMBER THE URL WILL BE EMAILED TO YOU OR YOU CAN FIND THE EVENT LINK ON OUR FACEBOOK PAGE CLOSER TO THE TIME.





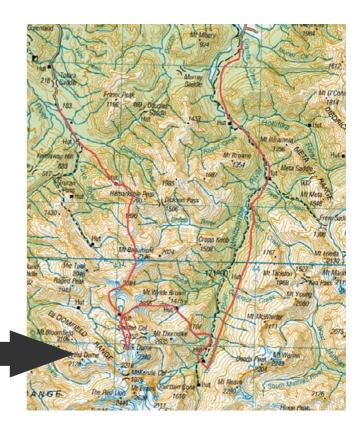
Remote Huts

Most people assume that if you want to go to some remote, less visited DOC areas, you'll be bush bashing and carrying tents. But this is notnecessarily the case. There are a lot of tracks/ routes/huts that you can find a lot of information on, and that are well supported by DOC, both in terms of maintenance and providing information. But, especially west of the Divide, there are a number of huts and tracks whichre off the radar. Most of these huts were rarely visited and DOC has been unable to justify the funds to fully maintain them, or the tracks accessing them. Fortunately various community groups stepped in to fill the gap and one of these groups, Permolat, are involved with almost 70 huts, from Karamea down to Haast. But the majority of the huts are in the area inland from Hokitika. You can find out more about these huts at remotehuts.co.nz, which has information each hut, and lots of great suggestions for routes between the huts. This article describes a seven day trip in typical Remote Huts territory, which I did with Yvonne Pflüger a few years ago.

ARTICLE & PHOTOGRAPHS BY JOHN ROPER-LINDSAY

"Foot visits are irregular, one or two every couple of years, with gaps of 2-3 years not uncommon". If you're into remote huts, then you don't get a more enticing description than that for Price Basin Hut on the *remotehuts.co.nz* website.

Having said that, the original intention wasn't to go anywhere near Price Basin. With quite a lot of input from Backcountry oracles Nina and James, Yvonne had planned a route walking up the Rakaia River for a day, then crossing over the Rakaia and up Lauper Stream to Whitcombe Pass, then over the Bracken snowfield and Seddon Col to Ivory Lake. But high river levels in the Rakaia made us rethink, and Yvonne came up with an alternative plan, starting on the West Coast and walking up the Whitcombe for a couple of days before heading into Price Basin and over to Ivory Lake. My role was to print out the maps and route descriptions from the Remote Huts website, wondering if the website's description of the tricky bits, such as "Exposed Notch" in any way matched mine.



Map image from topomap.co.nz



At first glance the Whitcombe River track doesn't sound very hard, and on a sunny, warm afternoon in January it made an easy start to our trip. There is even a DOC brochure about it describing the route up to Whitcombe pass. The start is very close to the very accessible Hokitika Gorge car-park, which is hardly a "Wilderness" location.

After the initial warm-up over pasture and river flats, the track mostly alternates between undulating rainforest track and quite slow, bouldery river bed. Just a few sections of wide, well cut track in the bush are a reminder that the track follows the route of the intended road over the divide to the Mathias River. It can be a bit of a challenge to find the track again after slips and side-streams and I'd have to say the DOC timings are pretty challenging, a view shared by a few heartfelt hut book comments! Which we felt were valid reasons why it was dusk by the time we dropped onto the heavily deer-tracked river flat before Frew Hut. We were a bit surprised to bump into 3 hunters here, the first people we'd seen since we left the car at 2pm. Only a day or so later did we connect their mild grumpiness with our noisy progress through their prime deer evening grazing spot. So, if you're one of those hunters, sorry.

Although the Whitcombe valley isn't hard tramping, it's not visited that much, as all the routes out of it are multi-day missions. A few people fly in (mostly hunters), and a few walk in for a day or so and then retrace their steps back down valley, but it feels quite remote quite quickly. The bush is magnificent rainforest — in fact the rainstation situated on the Cropp River, just off the Whitcombe, regularly records the highest annual rainfall in New Zealand.

After another full day's tramping up the Whitcombe our second night was spent at Wilkinson Hut. This is infrequently visited, which may seem surprising, given it's only 100m away from the main track. The catch is that those 100 metres include the Whitcombe River itself so you can only reach the hut by crossing an upstream bridge and going back downstream. Even this high up the valley, the Whitcombe is unfordable. Wilkinson is a great hut and in a time warp. The most recent bunk graffiti was done by a brother and sister from Leeston in 1990.

From here on there were no tracks, and so we would be relying mainly on the Remote Huts route descriptions and timings, and our navigation skills. Given we had been struggling to keep up with the DOC times, and we suspected that the Remote Huts crowd were probably a breed of super-tramper, we weren't too optimistic about matching the Remote Huts times. In the end, we were pretty close.

From Wilkinson hut it was quite straightforward following the Whitcombe down the true left bank – in fact it was probably faster going than most of the

DOC track we'd been following the previous two days. There were even some old NZFS (Forest Service) markers in the odd bit of bush we had to go through, which was reassuring. Another sunny day, with terrific views up the valley to the hanging face of the Bracken snowfield, plus a friendly Whio (Blue Duck) in the river made it a cruisy start. The only bad note was that Yvonne was still feeling pretty unwell with a bad cold that had slowed her up a lot the previous day. I offered to carry her crampons, but after I lagged behind after a few hours I gave them back...

The climb up to the ridge above Price Basin is via Palthow Stream, and not too difficult if you chose the right route. But of course the definition of "right route" can be fairly subjective. Occasionally one of us would choose a poor option, grovelling on loose gravel someway above the stream. This was bad enough when the other had trustingly followed. But it was even worse when the other had chosen a different route which was obviously a much better option. Swallowing pride and climbing back down to take the easier route would have been the sensible choice, but human nature doesn't work that way.

There was an added complication. Yvonne had determined to keep her feet dry on this trip, no mean feat (!) in an area blessed with such humongous rainfall. She had been successful to this point, using some spectacular boulder balancing techniques and sprinting through side-streams so fast the water didn't have a chance. I also decided this was a Good Idea.

Eventually we reached the tussock slopes at the top of the Palthow Stream and began the sidle through deep snow tussocks to get to the ridge leading up above Price Basin, And thank God for deer – we stumbled on a few up here, so we could thank them personally - and found they'd done a great job making a vague sort of track for us. We were hoping that the ridge itself would be much easier travelling, but it wasn't. So, by the time we were far enough up it that we could drop into Price Basin we were thoroughly tired out from the 1000m climb from the river. The rough terrain and fairly heavy packs were the main culprits. But once we could see Price Basin Hut it was straightforward tramping down to the hut. It's in a spectacular setting, with the rim of the large U-shaped basin comprising a number of peaks of around 2000m. A river drains the basin through gently sloping tussock and alpine scrub before plunging down steeply through the bush, and the hut is situated near this river.

Remote Huts describes each hut's inventory in great detail. Items listed include "9 billies, 1 potato masher, 1 pair large (cut off) gumboots..." And the gumboots were very useful for trekking to the stream to get water, thank you.

Next morning we were jolted wide-awake at 6:50 by an impressive earthquake! A Satphone call confirmed we



Some of the track up the Whitcombe follows the old planned road to Mathias valley in Canterbury





Healy Creek Hut, above the Mikonui river



were pretty well sitting on the epicentre of a 6.4 effort that had caused road and rail problems on the West Coast and had locals worrying about long-overdue Alpine Fault shakes. We had constant after-shocks throughout the day, which we heard long before we felt, but interestingly we saw no evidence of the earthquake in terms of rockfall or avalanches.

From Price Basin, the route to Ivory Lake was up a tussock spur to reach the main rocky ridge, then on relatively easy snow slopes up to the 2056m high-point overlooking the lake. From here we could see down the Waitaha, and also across to Park Dome, Mt. Evans and the Bracken snowfield, as well as our next day's route along to Mt. Beaumont. All around you can see traversable ridges which make it such a paradise for above bushline tramping, letting you get from one hut to another via interesting routes, rather than just up one valley, over a pass and down another valley.

The descent to Ivory Lake hut was on a long snow slope and lets you appreciate how stunning the area is. The lake is set in a steep cirque with the outlet stream crashing hundreds of metres down over a succession of waterfalls into Stag Creek which feeds the Waitaha. At the head of the lake is a glacier, and this is the main reason the hut was built by NZFS in the first place, for the Ministry of Works to monitor glacier dynamics.

From point 2056 overlooking the lake we'd used the camera telephoto to check out the hut, and see that there it was already occupied, so we wandered over and introduced ourselves. The single occupant was from the Czech Republic and had come in up the Waitaha, which sounded like a major mission in bush-bashing (the Permolat group has tidied the track up a lot since then).

Three days of seeing no-one made us a bit reluctant to share the hut, so we set up the tent in a beautiful spot by the lake and enjoyed some relaxation time in the afternoon sun. We even managed to eat before dark, a first for this trip.

Yvonne had scheduled a rest day at Ivory Lake, but the term is relative, and we went up Park Dome (2340m), in the direction of the Main Divide. It made a beautiful day out from Ivory Hut; with day packs a pleasant scramble down to the stream and up a spur on the other side before reaching the snow basin leading to the peak. From Park Dome you get stunning views of Mt. Evans and the Bracken snowfield; and looking at the dubious route we were supposed to have taken off the Bracken snowfield down to Lake Wilkinson in our original plan, I had no regrets our plans had changed.

The Czech visitor had moved on so we moved into the hut for the second night for a bit of warmth and comfort. Out lightweight tent and sleeping bags had proved a bit marginal for the 5 degrees overnight temperatures. Ivory Lake Hut's reputation for its setting and geological interest means it has more visitors than most of the other huts round here; a lot from helicopter trips, and a few intrepid souls who've flogged up the Waitaha. Plus the odd tramping party like us who've come over the tops. It's a very cosy spot, and it was a luxury to be able to get the Kindles out for an hour or so. It has some unusual items in the hut, such as an armchair, antique barometer, and a collection of invertebrates. Regrettably the rowboat has been removed...

We now only had one night left, planned to be spent at Healey Creek Hut. Remote Huts advised "Allow a full day in good conditions" for this ridge walk. I need to check what their definition of "full day" is. It's certainly more than 12 hours of my tramping. We were a bit unlucky on this day to be in cloud for a lot of the time; although we did have occasional clear patches in the sunshine to make the views worthwhile. The route goes on the ridge

REMOTE HUTS

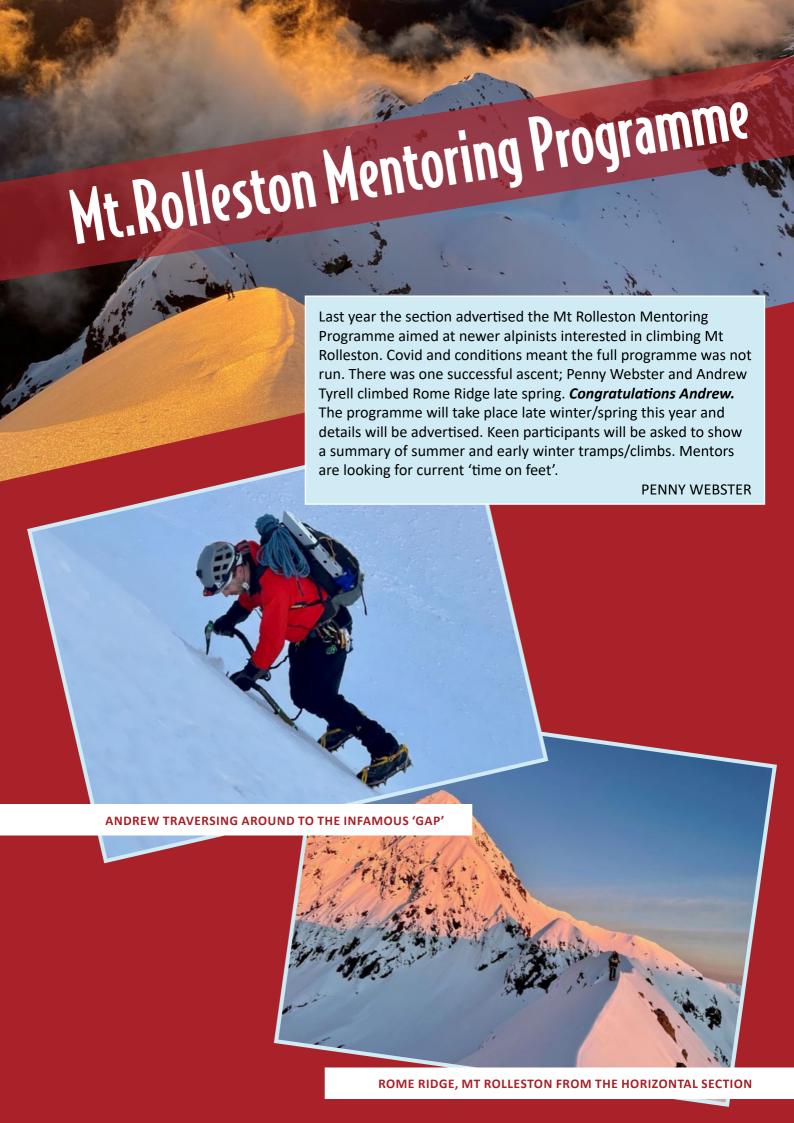
around Ivory Lake and along to Mt. Beaumont, a snow covered dome that actually had us front-pointing up in crampons for about 10m (it's not that hard, really, but it sounds good). It was all reasonably easy going on the rocky parts, with just the odd tricky section, and from Mt. Beaumont it was more of the same on the Galena ridge.

In the cloud the GPS was very handy, but when we reached the spot where we were supposed to drop off Galena Ridge onto the Healey Spur, I was very keen to call an end to the day on the grounds that a) I was knackered after 10 hours on the move. b) It was getting quite late and we still had 3 hours to Healey Creek Hut and c) We couldn't find the spur anyway. Yvonne didn't put up too much opposition, so we spent another cold (2 degrees) night in the tent, before waking up to beautiful sunshine. In the light of day we saw that we were only about 20m from the cairn marking the drop off to the spur. This spur at first glance looks horrifically narrow, and the laconic Remote Huts description talks about "Those that don't like dangling their boots in separate catchments can drop off the spur and sidle....". Which we did, rejoining the ridge about an hour from the hut, which sits on the edge of the bush. One interesting thing about this hut, especially given its name, is that there is no water anywhere near it, nor a water tank. The previous hut occupants wrote about "squeezing moss" to obtain enough for cooking, but the dry weather meant even that dubious option wasn't available. So we didn't hang around, and headed into the bush on the spur leading down to the Mikonui River. After 3 days above the bushline you appreciate the bush more than usual, and the variety of rainforest was very beautiful, with massive rata trees higher up.

A shortish walk along and across the Mikonui brought us to the Totara Valley road end and after the 1600m, 8 hour descent from our campsite the welcome sight of car, driver, sandwiches and ginger beer. It was 2 hours' drive back to the other car at the Whitcombe road end, and possibly the only thing I would change if doing this trip again would be to investigate a helicopter for this 15km trip.

And yes, Yvonne did get from one end to the other with totally dry feet.





BANKS PENINSULA ROCK MEET 25 – 27 MARCH 2022



BANKS PENINSULA ROCK MEET 25 - 27 March 2022

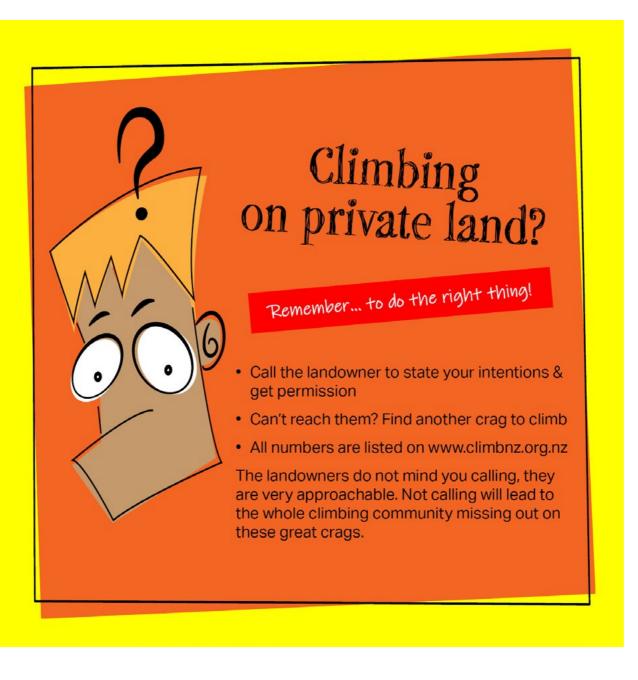
Details

- Stay at Pigeon Bay campground
- Saturday night BYO barbecue
- \$20pp to cover camp fee
- Climbing for all experiences

Register by 21st March

Contact and enquires, Grant Piper (aka Grubbie) 021 711 300 OR

Grant.piper66@gmail.com





Midweek Rock Climbing

To join the midweek rock climbing group send our midweek climbing coordinator,
James Skeggs, an email to
nzacmidweekclimbing@gmail.com and you'll
be sent a Google form for emergency contact
details, and then added to the Google group.

WELCOME TO MIDWEEK CLIMBING!

Use this group to meet new people, organise climbing related missions (for any day or time of the year) and explore the outdoors.

If you're heading out or looking for a climbing partner, you will be able to send a group email to nzac-midweek-climbing@googlegroups.com or start a 'new conversation' directly through Google Groups.

PLEASE NOTE

Mid week climbing organizers do not provide guiding or instruction and individuals within the group are responsible for their own safety.

You will need a harness, rock shoes, belay device, locking carabiner, and helmet. Please also let the person in charge know what equipment you have and if unknown to them your climbing experience.

SAFETY RULES

- Helmets are compulsory when climbing and belaving.
- If abseiling, use a prusik as back up and tie a knot in the end of the rope.
- Use clear commands and make a plan between climber and belayer before leaving the ground.
- If in doubt about anything, please ask questions.
- If you see something amongst the group you are not happy about - please speak up.

Be safe and have fun climbing!

Cheers, James



NZAC CANTERBURY WESTLAND SECTION FOR NZAC MEMBERS ONLY



EQUIPMENT LIST

- Crampons (12 x pair, fully adjustable)
- Walking ice axes (12 from size 60cm to 70cm)
- Technical ice axes and hammers (5 pairs of various brands)
- Avalanche kits (12 transceiver, shovels & probes. Transceivers use 3 x AAA batteries not included)
- Helmets (12)
- Snow shoes (2 pairs of MSR evo ascent & 2 pairs of MSR lightning ascent)
- Snow stakes (8 with mid clip wire)
- Ice screws (16 screws, various sizes 13cm to 22cm)

NZAC members can hire gear on behalf of non-members on the same trip they are attending with the knowledge that the NZAC member is responsible for any loss or damage.

CONTACT

Prices:

- \$20 per day for Avalanche Rescue Kits
- \$10 per day, for ice screws & pitons: two items
- \$10 per day, per item for all other items
- Payment is by bank transfer

CONTACT BEN SCOTT:

Text: 021 236 8413

Email: cw.gearhire@gmail.com

Please give your full name, membership number, equipment you require and the dates you require it for. Please do not ask to hire equipment on a Friday or Saturday at the last minute.

Other Gear hire options in Christchurch include: Bivouac at Tower Junction – click here Further Faster in Sydenham – click here





CANTERBURY WESTLAND SECTION OF NZAC

CHECK IN LIKE US TAG US

FACEBOOK & INSTAGRAM!





SECTION LIBRARY

Section Library: Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line HERE

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

Library policies: You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks



Returns: Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

Email: John Roper Lindsay john@roperlindsay.com or call/text 021 395 513

WEEKLY ACTIVITY OPTIONS

Lead a Trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst cw.tripscoordinator@gmail.com

Midweek mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are nottechnical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact Pat Prendergast on 337 0079 or email pat@slingshot.co.nz

Mid Week Rock Climbing: A new and exciting format from September (day light savings start) onwards. Instead of one set evening each week, we are hoping to be able to offer people a choice of two nights each week, which will vary depending on who is looking after the group. We believe this will give people of all abilities more opportunities to get out climbing. A few things to note when rock climbing with the mid week group;

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing co ordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings) are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If you would like to attend and are on the google climbing group already, we will email out at the start of the week with which nights we are running climbing and who is in charge and their contact details. If you would like to be on the group list, please email James Skeggs on:

nzacmidweekclimbing@gmail.com

All welcome, including non members.

WE NEED YOU

The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- · Pick an objective and date
- Use this trip leader worksheet to plan your trip https://alpineclub.org.nz/resources/organising-trips/
- Get in contact with the trip coordinator (see details below).
 Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning

The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page

Email: Shannon at nzac.cw.newsletter@gmail.com

• You organise the participants and do pre—trip preparations This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email: Email Findel Proebst cw.tripscoordinator@gmail.com

Some Ideas! Mt Aiken, Binser, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience? Helen Sinclair, our section meeting co-ordinator is the person to contact.

Helen organises speakers to share their outdoor experiences with the rest of our community. If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Helen either by phone or email.

P: 027 435 3674 E: helen@helensinclair.com



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. https://alpineclub.org.nz/resources/organising-trips/

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone.
 Choose a mountain, peak, hill,
 traverse, route, crag, or whatever
 and get out there and meet some
 keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.

- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form and have them understand, sign and return it to you in advance of the trip.
- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to:

nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.
- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You maybe asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit... https://alpineclub.org.nz/membership-benefits/

To visit any of the retailers below, click on their logo.







































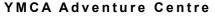








10% discount* to NZAC members







CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

Section Library: CLICK HERE

Chairperson:

Jim Petersen 022 620 0619 cw.chairperson@gmail.com





Secretary:

David Jefferson djamesjefferson@gmail.com

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@qmail.com

Summer Instruction Coordinator:

Clayton Garbes 027 446 1562 cw.summerinstruction@gmail.com

Winter Instruction Coordinator:

Sam White cw.winterinstruction@gmail.com

Gear Custodian:

Ben Scott cw.gearhire@gmail.com

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Trip Coordinator:

Findel Proebst cw.tripscoordinator@gmail.com

Newsletters & Online Coordinator:

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Treasurer & Library:

John Roper Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensonj@xtra.co.nz

Section Evenings:

Helen Sinclair 027 435 3674 helen@helensinclair.com

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Midweek Rock Climbing Coordinator:

James Skeggs <u>nzacmidweekclimbing@gmail.com</u>

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST