

# UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



MAY 2022

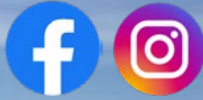


PHOTO: ROB GALLAGHER. MOUNT SOMERS

## MAY SECTION TALK

Canterbury Westland  
Section Evening

The Cashmere Club  
50 Colombo Street

Thursday 12 May  
Doors open: 7pm  
Talk starts: 7:30pm

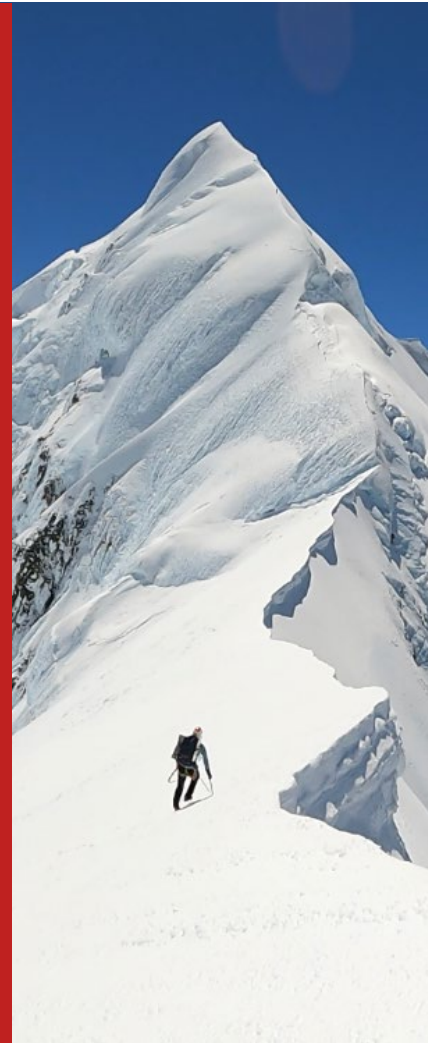
If you want to get an alcoholic drink from the bar, you must show a Guest pass. You can pick one of these up inside the room we meet in where they'll be on a table near the door.

## NZ 3000m Peaks Linkup

GUEST SPEAKER – ALASTAIR MCDOWELL

Alastair McDowell is a Christchurch-based mountaineer & adventurer, with climbing experience in NZ and overseas. He is a member of the NZ Alpine Team, Christchurch Alpine Rescue, and organises instruction for the CMC. He is an engineering consultant specialising in heat pumps & solar thermal systems.

Earlier this summer, Alastair McDowell & Hamish Fleming set out on a mission to enchain New Zealand's 24 highest mountains in a continuous transalpine journey with a one-month time limit. This was a journey through some of the Southern Alps' most dramatic landscapes, from west coast jungle to high-alpine ridgelines. Uncertainty of the outcome spurred them on through exhaustion, wild weather, and a ticking clock, with the final peak Tititea/Mt Aspiring - a 300km bike ride away - hanging in the balance. Alastair will share some insights to some history of 3000m peak chasing in NZ, their planning & preparation, and the physical & mental challenges they faced along the way.



## IN BRIEF

### IN THIS NEWSLETTER:

- MAY Section talk
- Winter Instruction Courses
- BP Rock Meet
- Work party to Dragon Crags
- Bealey Spur Tripline
- BANFF 2022!
- Midweek Rock Climbing
- CW section Gear Hire details

### FACEBOOK/INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.



## Future Section Evenings. Save these dates...



### SAVE THESE DATES!

- THURSDAY 14 JULY
- THURSDAY 11 AUGUST
- SEPTEMBER IS OUR ANNUAL BRING & BUY SALE. DATE TBC

# WINTER INSTRUCTION 2022



# SAVE THE DATE

Dates have been set for the Canterbury Westland section Winter Instruction programme.

Registrations are open now with details in this newsletter along with links to the information packs.

Please email me at [cw.winterinstruction@gmail.com](mailto:cw.winterinstruction@gmail.com) if you have any questions.

## **AVALANCHE AWARENESS**

- Theory Evening 29 - 31 July
- Christchurch

Field days 30th OR 31st July (Venue TBA)  
Click [here](#) for the info pack & registration

## **BASIC SNOWCRAFT (1)**

- 12 - 14 August
- Arthurs Pass / Craigieburn

A pre-course meeting will be held in Christchurch during the week prior plus a post course follow up day climb date  
Click [here](#) for the info pack & registration

## **Basic Snowcraft (2)**

- 26 - 28 August
- Arthurs Pass / Craigieburn

A pre-course meeting will be held in Christchurch during the week prior plus a post course follow up day climb date  
Click [here](#) for the info pack & registration

## **Intermediate Snowcraft**

- 16 -18 September
- Arthurs Pass

Click [here](#) for the info pack & registration

A second Intermediate course may be arranged subject to interest.

Sam White  
Winter Instruction Coordinator





# BANKS PENINSULA ROCK MEET 25 – 27 MARCH 2022

Friday night 25th March turned out with a great forecast, and the potential to have a great weekend out on the Banks Peninsula crags. Despite the Covid disruptions, we had finally got an event across the line.

The venue had changed to Little Akaloa, as Pigeon Bay was shut at red alert level. 25 climbers of varying experience turned up to enjoy and experience the climbing that is less frequented, around this region.

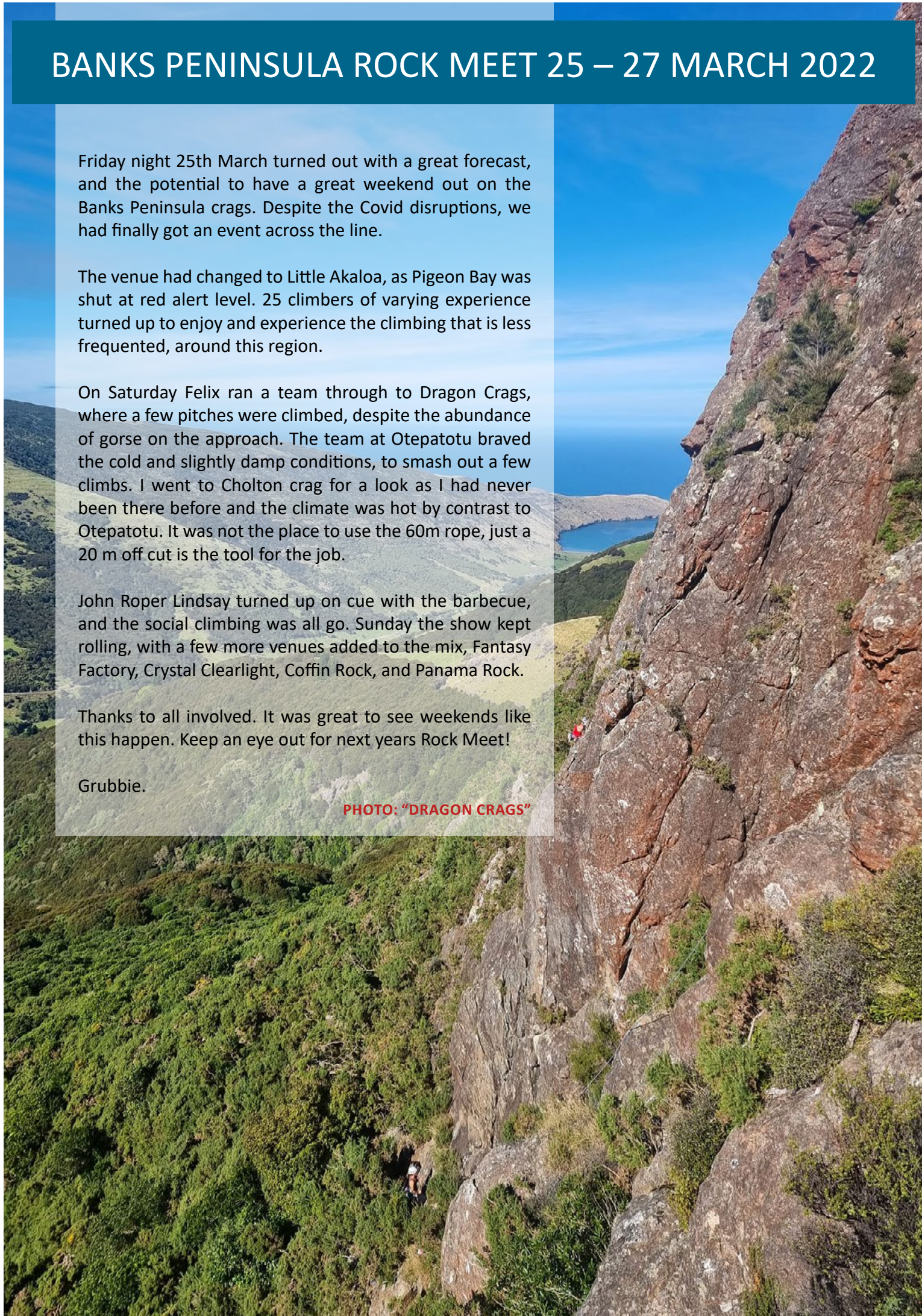
On Saturday Felix ran a team through to Dragon Crags, where a few pitches were climbed, despite the abundance of gorse on the approach. The team at Otepatotu braved the cold and slightly damp conditions, to smash out a few climbs. I went to Chilton crag for a look as I had never been there before and the climate was hot by contrast to Otepatotu. It was not the place to use the 60m rope, just a 20 m off cut is the tool for the job.

John Roper Lindsay turned up on cue with the barbecue, and the social climbing was all go. Sunday the show kept rolling, with a few more venues added to the mix, Fantasy Factory, Crystal Clearlight, Coffin Rock, and Panama Rock.

Thanks to all involved. It was great to see weekends like this happen. Keep an eye out for next years Rock Meet!

Grubbie.

PHOTO: "DRAGON CRAGS"





"MAXINE, MARCUS, GRUBBIE,  
LINDSAY, JOE, GEORGE AND FELIX,  
AND AN ARRAY OF TOOLS"



## WORK PARTY TO DRAGON CRAGS

The section has always been involved in looking after climbing sites, with members bolting routes and maintaining/upgrading older protection. One big issue, in Canterbury and all New Zealand, is getting access to crags, both from the point of view of landowner permission and physically getting to them, which can be an Indiana Jones type mission.

Recently a Trust has been set up specifically to improve access to rock climbing and bouldering areas around New Zealand. It's called ACAT, Aotearoa

Climbing Access Trust and the section will be supporting the work of ACAT, both with donations and our own projects.

Recently Lindsay Main organized a working party to Dragon Crags on Banks Peninsula. The drive to the crags is a worthwhile trip in itself, with stunning views down to a remote bay and skirting beautiful bush. Access to the crags involves about a kilometre hike, the first part of which is on a grass track and the last part through thick scrub, mainly gorse. Unfortunately there has been a

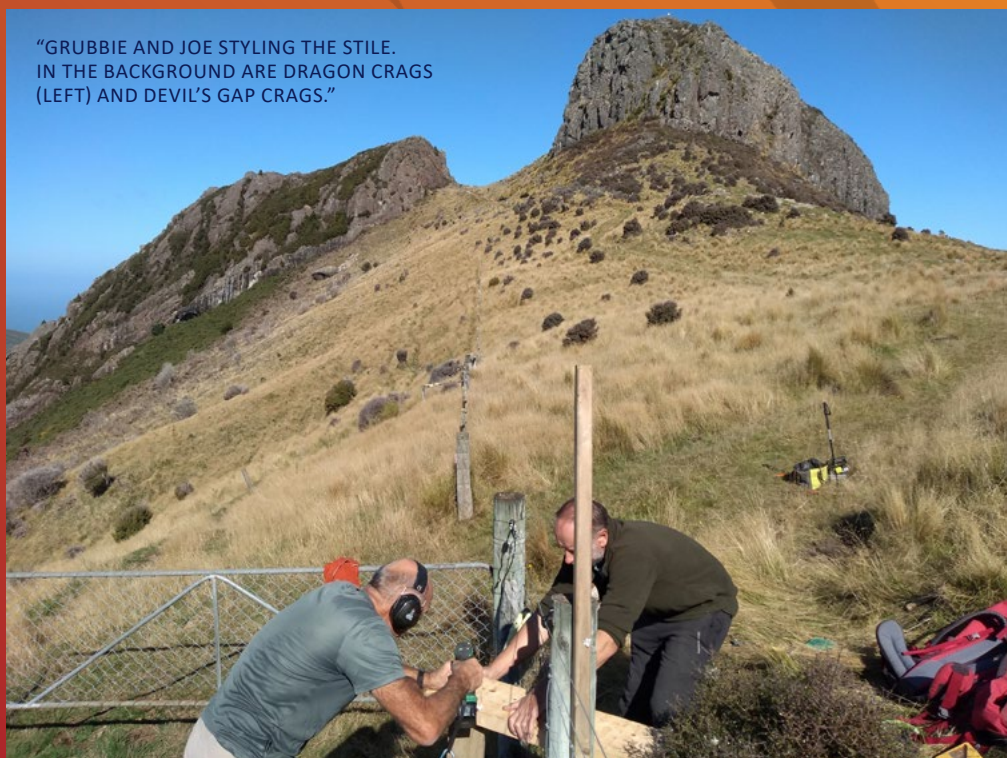
history of climbers going to the crags without asking permission, and also leaving farm gates open, despite a prominent NZAC sign on the roadside telling climbers what to do. This has resulted in access being closed.

Lindsay's working party comprised two groups, one of which was building a stile over a fence (so climbers don't need to use the gate) and marking the grass track with waratahs. The other, more hard-core group was tasked with dealing to the scrub to the bottom of the crags so that future climbers don't have to spend the next week pulling gorse prickles out of their arms. It uses a combination of tools, from brushcutters and saws to chemical sprays and gels.

End result is that there is now a clearly marked and enjoyable track to the crags. ClimbNZ page set up a Google form so that climbers can request access. Click [HERE](#) to go to the ClimbNZ page.

Thanks to  
Grant Piper  
Lindsay Main  
Joe Arts  
Mark Hyde  
George Gerard  
Felix Collins  
Marcus Arts  
Maxine van Rijn  
John Roper-Lindsay

"GRUBBIE AND JOE STYLING THE STILE.  
IN THE BACKGROUND ARE DRAGON CRAGS  
(LEFT) AND DEVIL'S GAP CRAGS."





# BEALEY SPUR HUT TRAP LINE

Monitoring continues on the stoat trap line established by the Arthurs Pass Wildlife Trust in conjunction with the NZAC Canterbury Westland Section a couple of years ago. Laura Wolken does a grand job coordinating volunteers to check the line every few weeks. I am sure she is always looking for more!

On a fine day in late March Kathryn and I replaced the eggs in most of the 30 traps – some of which had been there for six months! No stoats this time (I'm never sure if this is a good thing – no stoats about, or a bad thing – we are not catching them!) But it is a great walk up to the hut (end of the trap line) and beyond if you have the energy.

If you are interested in helping out with the Bealey Spur Traplines you can contact Laura Wolken at

[l.wolken@windowslive.com](mailto:l.wolken@windowslive.com)

## PHOTOS

Top: Sam opening a trap to replace the bait. The green rubber gloves are 'de rigueur' for handling rotten eggs!

Bottom: Kathryn above the tarns on Bealey Spur





# BANFF CHRISTCHURCH

# 2022

The 2022 Banff Mountain Film Festival Tour in New Zealand will be in Christchurch on the 8th, 9th, 10th & 11th June.

Ignite your passion for adventure, action, and travel! The Banff Centre Mountain Film Festival World Tour will exhilarate you with amazing big-screen stories. Journey to exotic locations, paddle the wildest waters, and climb the highest peaks.

Tickets are now available at [Banff.nz](https://banff.nz)

Don't miss out! Get ready to be taken away to the most captivating places on earth by making sure you have the dates blocked out in tour calendar so you and your family don't miss this great event.

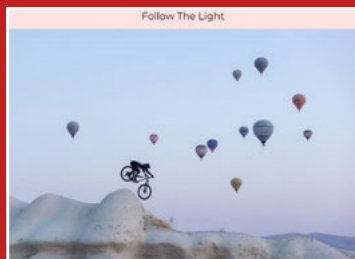
**VISIT OUR EVENTS PAGE FOR MORE DETAILS AND TO PURCHASE TICKETS**

*To make the Banff Mountain Film Festival a successful fundraiser for our section, we need a handful of volunteers at each screening to help check tickets etc. If you would like to assist with the event, please contact Adam on [Adam.b.humphries@gmail.com](mailto:Adam.b.humphries@gmail.com) with the screening date/s you are available for.*



## THE BANFF RED LINEUP...

Follow The Light



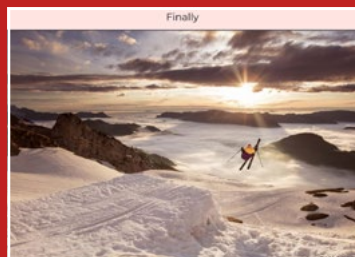
**FOLLOW THE LIGHT**  
(2021, Andorra, 5 minutes)  
Filmmaker: Pierre Henni  
Film Synopsis: From sunsets over dramatic landscapes to the illumination of hot air balloons and the warm ambiance of Turkey, immerse yourself in this colorful adventure with riders Kilian Bron, Pierre Henni, Pierre Dupont, and JB Liautard.

Dream Mountain



**DREAM MOUNTAIN**  
(2020, USA, 19 minutes)  
Filmmaker:  
Film Synopsis: Pasang reflects on her personal highs and lows and rediscovers for herself just how much the mountains have meant to her. The film offers insights into her struggle to balance mountaineering with motherhood and the pressures of respecting her traditional culture while pushing boundaries as an elite female athlete.

Finally



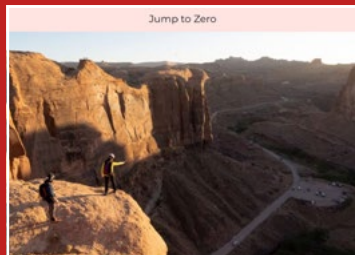
**FINALLY**  
(2020, France, 14 minutes)  
Filmmaker: Andy Collet, Marc Augey  
Film Synopsis: After two months of confinement, Ben Buratti, the prodigy of French freeskiing, needed to feel what he was capable of again. As a setting, he chose his home mountain of La Clusaz. What skier doesn't dream of finding themselves completely alone on their home mountain?

EM



**EM**  
(2021, Canada, 14 minutes)  
Filmmaker: Alexa Fay  
Film Synopsis: Emilie Pellerin, a little-known French Canadian climber, has spent most of her adult life traveling the world and living a dirtbag life. She has honed her skills on the rock and in the process has become one of the world's best onsight climbers and now she's ready to put on sighting aside and try pushing her level on her hardest trad route yet, La Zébrée, a spectacular 5.14a overhanging crack in Quebec.

Jump to Zero



**JUMP TO ZERO**  
(2020, United States, 9 minutes)  
Filmmaker: Andrew Herder  
Film Synopsis: Jump To Zero is the story of 3 BASE jumpers changing the paradigm of human-powered access and female empowerment in action sports. Knowing that car and plane access have adverse environmental effects, they set out to discover how much they can reduce their impact while still enjoying the places they love and practicing the sports that bring them joy.

Inside - A hole new Ski Experience



**INSIDE A HOLE NEW SKI EXPERIENCE**  
(2021, Austria, 12 minutes)  
Filmmaker: Stefan Ager, Andreas Gumpfenberger  
Film Synopsis: After an amazing ski tour at the Grand Ferrand massive in France, where you can ski through stunning rock caves, a few skiers decide to take it to the next level in a huge cave in Slovenia.

A Foreign Native



**A FOREIGN NATIVE**  
(2021, Austria, 49 minutes)  
Filmmaker: Jonas Abenstein  
Film Synopsis: A professional skier leaves his familiar world behind and spends close to a year in Iran. When military activity ramps up in January and Covid-19 hits in February of 2020 his journey takes a very different route. Learning Farsi and playing the Tanbur, he goes to explore the South of Iran with his new and old friends.

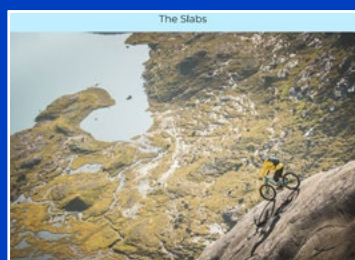
If you give a beach a bottle



**IF YOU GIVE A BEACH A BOTTLE**  
(2021, USA, 6 minutes)  
Filmmaker: Max Romey  
Film Synopsis: Inspired by a picture book, Max Romey heads to a remote beach on Alaska's coastline in search of marine debris. What he finds is a different story altogether.



## THE BANFF BLUE LINEUP...



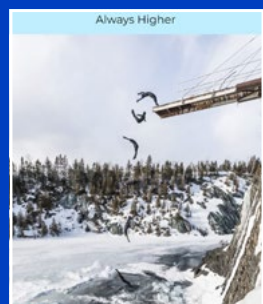
The Slabs

**THE SLABS**  
(2020, UK, 6 minutes)  
Filmmaker: Robbie Meade  
Film Synopsis: Danny Macaskill testing the limits of mountain biking, riding down the infamous Dubh Slabs on the Isle of Skye



A dog's Tale (Tour Edit)

**A DOG'S TALE (Tour Edit)**  
(2021, Canada, 6 minutes)  
Filmmaker: Darren McCullough  
Film Synopsis: Millions of our best friends enjoy their homes and lives in metropolitan areas, but there is something about the primal instinct of feeling the forest floor under your paws and smelling a thousand different smells all at once. This is a trail dog's life, one cherished by both dogs and their humans every time they head out for a ride together.



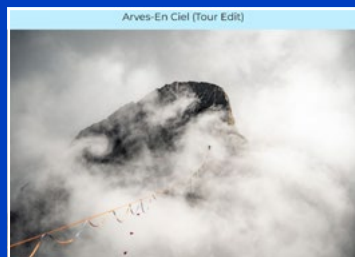
Always Higher

**ALWAYS HIGHER**  
(2021, Canada, 13 minutes)  
Filmmaker: Alexa Fay  
Film Synopsis: Lysanne Richard is one of the world's best high divers. But the 39 years-old Canadian mother of three is ready to put international competition aside to focus on personal projects of her own. First on the list is a 22 meter high dive in the dead of winter over a frozen lake, a feat that has never been done. But will it be enough? Or will she try to make the challenge even more difficult? Completely alone on their home mountain?



Can't beat this place for fun

**CAN'T BEAT THIS PLACE FOR FUN**  
(2020, USA, 14 minutes)  
Filmmaker: Dawn Kish  
Film Synopsis: This film is a small vignette of Fretwater Boatworks and how they work and play. This boat shop is very unique and keeps the tradition of wooden boat building alive whilst honoring the story of Martin Litton's – Grand Canyon Dory. These beautiful boats still represent advocacy toward wild places compromised and/or lost. "Win or lose, there's a measure of victory in the endeavor," Martin Litton.



Arves-En Ciel (Tour Edit)

**ARVES-EN CIEL (Tour Edit)**  
(2020, France, 17 minutes)  
Filmmaker: Antoine Mesnage  
Film Synopsis: Camille and Antoine, two French slackliners and alpinists have a dream, to walk between two iconic rock towers. Arves-En-Ciel tells the story of an amazing project, which required a huge team of invested people to be fulfilled.



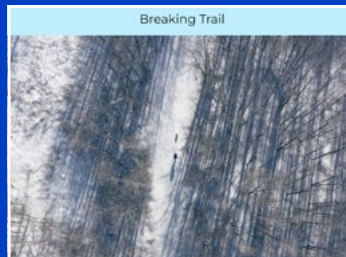
The North Face Presents: FACETS

**THE NORTH FACE PRESENTS: FACETS**  
(2020, USA, 11 minutes)  
Filmmaker: Mike Quigley  
Film Synopsis: Each of us are a part of a greater whole, a community that grows stronger together especially when it's open to all. Leanne Pelosi, Jess Kimura, Marion Haerty, Mary Rand, and Amanda Hankison show us just that. A unique look at these inspiring athletes that make up one hell of a portfolio. This one is for the next generation of riders carving their own paths.



REEL ROCK: Deep Roots

**REEL ROCK: DEEP ROOTS**  
(2020, USA, 34 minutes)  
Filmmaker: Josh Lowell  
Film Synopsis: Lonnie Kauk's personal journey to honor his indigenous Yosemite roots, and to connect with his legendary father by repeating his iconic climbs.



Breaking Trail

**BREAKING TRAIL**  
(2020, USA, 31 minutes)  
Filmmaker: Jesse Roesler  
Film Synopsis: As Covid-19 surges amidst ongoing civil unrest, Emily Ford sets out with a borrowed sled dog named Diggins to become the first woman and person of color to thru-hike the 1900 km Ice Age Trail in winter. As the 69-day journey through subzero temperatures tests her physical and mental endurance, Emily and her canine protector develop an unbreakable bond as they embrace the unexpected kindness of strangers.





# Midweek Rock Climbing

To join the midweek rock climbing group send our midweek climbing coordinator, James Skeggs, an email to [nzacmidweekclimbing@gmail.com](mailto:nzacmidweekclimbing@gmail.com) and you'll be sent a Google form for emergency contact details, and then added to the Google group.

## WELCOME TO MIDWEEK CLIMBING!

Use this group to meet new people, organise climbing related missions (for any day or time of the year) and explore the outdoors.

If you're heading out or looking for a climbing partner, you will be able to send a group email to [nzac-midweek-climbing@googlegroups.com](mailto:nzac-midweek-climbing@googlegroups.com) or start a 'new conversation' directly through Google Groups.

## PLEASE NOTE

Mid week climbing organizers do not provide guiding or instruction and individuals within the group are responsible for their own safety.

You will need a harness, rock shoes, belay device, locking carabiner, and helmet. Please also let the person in charge know what equipment you have and if unknown to them your climbing experience.

## SAFETY RULES

- Helmets are compulsory when climbing and belaying.
- If abseiling, use a prusik as back up and tie a knot in the end of the rope.
- Use clear commands and make a plan between climber and belayer before leaving the ground.
- If in doubt about anything, please ask questions.
- If you see something amongst the group you are not happy about - please speak up.

Be safe and have fun climbing!

Cheers,  
James



# NZAC CANTERBURY WESTLAND SECTION

# GEAR HIRE

FOR NZAC MEMBERS ONLY

## HIRE

### EQUIPMENT LIST

- Crampons (12 x pair, fully adjustable)
- Walking ice axes (12 from size 60cm to 70cm)
- Technical ice axes and hammers (5 pairs of various brands)
- Avalanche kits (12 transceiver, shovels & probes. Transceivers use 3 x AAA batteries - not included)
- Helmets (12)
- Snow shoes (2 pairs of MSR evo ascent & 2 pairs of MSR lightning ascent)
- Snow stakes (8 with mid clip wire)
- Ice screws (16 screws, various sizes 13cm to 22cm)

***NZAC members can hire gear on behalf of non-members on the same trip they are attending with the knowledge that the NZAC member is responsible for any loss or damage.***

## PRICING

### Prices:

- \$20 per day for Avalanche Rescue Kits
- \$10 per day, for ice screws & pitons: two items
- \$10 per day, per item for all other items
- Payment is by bank transfer

## CONTACT

### CONTACT BEN SCOTT:

**Text: 021 236 8413**

**Email: [cw.gearhire@gmail.com](mailto:cw.gearhire@gmail.com)**

Please give your full name, membership number, equipment you require and the dates you require it for. Please do not ask to hire equipment on a Friday or Saturday at the last minute.

Other Gear hire options in Christchurch include:

Bivouac at Tower Junction – click [here](#)

Further Faster in Sydenham – click [here](#)







CANTERBURY WESTLAND  
SECTION OF NZAC  
**CHECK IN  
LIKE US  
TAG US**  
FACEBOOK & INSTAGRAM!



## SECTION LIBRARY

**Section Library:** Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line [HERE](#)

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

**Library policies:** You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

**Returns:** Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

**Email: John Roper Lindsay**  
[john@roperlindsay.com](mailto:john@roperlindsay.com)  
or call/text 021 395 513





## WEEKLY ACTIVITY OPTIONS

**Lead a Trip:** If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst [cw.tripscoordinator@gmail.com](mailto:cw.tripscoordinator@gmail.com)

**Midweek mountaineering:** The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact **Pat Prendergast on 337 0079 or email** [pat@slingshot.co.nz](mailto:pat@slingshot.co.nz)

**Mid Week Rock Climbing:** A new and exciting format from September (day light savings start) onwards. Instead of one set evening each week, we are hoping to be able to offer people a choice of two nights each week, which will vary depending on who is looking after the group. We believe this will give people of all abilities more opportunities to get out climbing. A few things to note when rock climbing with the mid week group;

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing co ordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings) are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If you would like to attend and are on the google climbing group already, we will email out at the start of the week with which nights we are running climbing and who is in charge and their contact details. If you would like to be on the group list, please email James Skeggs on:

[nzacmidweekclimbing@gmail.com](mailto:nzacmidweekclimbing@gmail.com)

All welcome, including non members.

## WE NEED YOU

### The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

#### What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip <https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below). Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning

The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page

**Email: Shannon at** [nzac.cw.newsletter@gmail.com](mailto:nzac.cw.newsletter@gmail.com)

- You organise the participants and do pre-trip preparations

This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

**Volunteer trip coordinator email:** Email Findel Proebst [cw.tripscoordinator@gmail.com](mailto:cw.tripscoordinator@gmail.com)

**Some Ideas!** Mt Aiken, Binser, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine





## KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

### Keen to share your outdoor experience?

**Helen Sinclair, our section meeting co-ordinator is the person to contact.**

Helen organises speakers to share their outdoor experiences with the rest of our community.

If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Helen either by phone or email.

P: 027 435 3674 E: [helen@helensinclair.com](mailto:helen@helensinclair.com)

PHOTO: ROB GALLAGHER. MOUNT SOMERS



## TRIP GUIDELINES

**An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>**

### Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form and have them understand, sign and return it to you in advance of the trip.
- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: [nzac.cw.newsletter@gmail.com](mailto:nzac.cw.newsletter@gmail.com)

### Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.
- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.



## BENEFITS FOR NZAC MEMBERS

### Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You maybe asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit...

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