

# UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



JUNE 2022



PHOTO: ROB GALLAGHER. MOUNT SOMERS

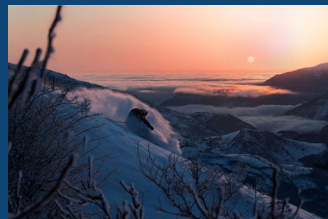
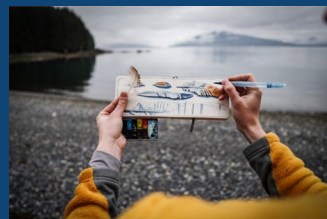
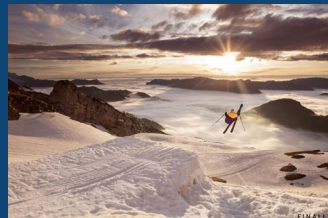
## JUNE = BANFF!

Canterbury Westland  
Presents BANFF! Buy your  
tickets now so you don't miss  
out. Ticket details on page 2 &  
3 of this newsletter.

Aurora Centre  
151 Greers Road, Burnside

Wednesday 8 June - *Red prog*  
Thursday 9 June - *Blue prog*  
Friday 10 June - *Red prog*  
Saturday 11 June - *Blue prog*

Doors open at 6:30pm  
Screening starts at 7pm



## IN BRIEF

### IN THIS NEWSLETTER:

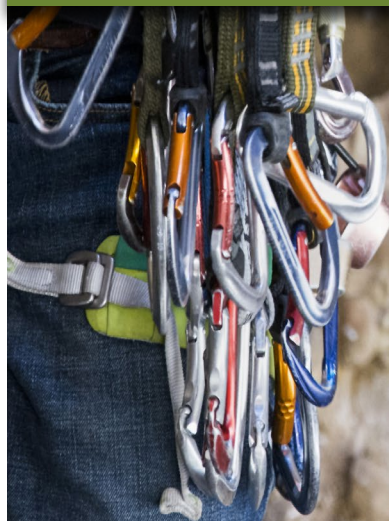
- June = BANFF!
- Winter Instruction Courses
- Arthurs Pass Meet
- Unwin Lodge Winter Meet
- May Section Talk Article
- Easter Meet Article
- Gear For Sale

### FACEBOOK/INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.



## Future Section Evenings. Save these dates...



### SAVE THESE DATES!

- THURSDAY 14 JULY
- THURSDAY 11 AUGUST
- SEPTEMBER IS OUR ANNUAL BRING & BUY SALE. DATE TBC

banffmountainfestival.ca/tour

**BANFF** CENTRE  
MOUNTAIN  
FILM FESTIVAL  
WORLD TOUR

# BANFF CHRISTCHURCH 2022

The 2022 Banff Mountain Film Festival Tour in New Zealand will be in Christchurch on the 8th, 9th, 10th & 11th June.

Ignite your passion for adventure, action, and travel! The Banff Centre Mountain Film Festival World Tour will exhilarate you with amazing big-screen stories. Journey to exotic locations, paddle the wildest waters, and climb the highest peaks.

Tickets are now available at [Banff.nz](https://banff.nz)

Don't miss out! Get ready to be taken away to the most captivating places on earth by making sure you have the dates blocked out in tour calendar so you and your family don't miss this great event.

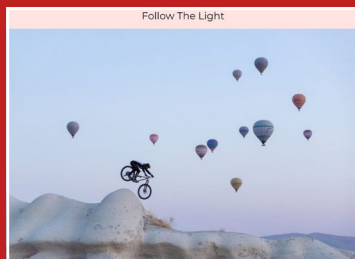
**VISIT OUR EVENTS PAGE FOR MORE DETAILS  
AND TO PURCHASE TICKETS**

banffmountainfestival.ca/tour

**BANFF** CENTRE  
MOUNTAIN  
FILM FESTIVAL  
WORLD TOUR

## THE BANFF RED LINEUP...

Follow The Light



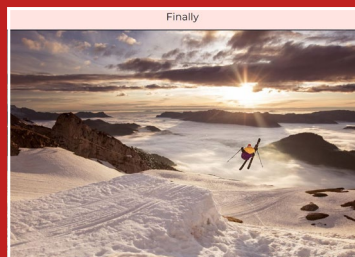
**FOLLOW THE LIGHT**  
(2021, Andorra, 5 minutes)  
Filmmaker: Pierre Henni  
Film Synopsis: From sunsets over dramatic landscapes to the illumination of hot air balloons and the warm ambiance of Turkey, immerse yourself in this colorful adventure with riders Kilian Bron, Pierre Henni, Pierre Dupont, and JB Liautard.

Dream Mountain



**DREAM MOUNTAIN**  
(2020, USA, 19 minutes)  
Filmmaker:  
Film Synopsis: Pasang reflects on her personal highs and lows and rediscovers for herself just how much the mountains have meant to her. The film offers insights into her struggle to balance mountaineering with motherhood and the pressures of respecting her traditional culture while pushing boundaries as an elite female athlete.

Finally



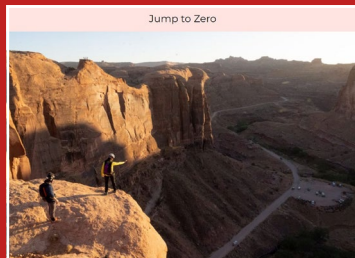
**FINALLY**  
(2020, France, 14 minutes)  
Filmmaker: Andy Collet, Marc Augéy  
Film Synopsis: After two months of confinement, Ben Buratti, the prodigy of French freeskiing, needed to feel what he was capable of again. As a setting, he chose his home mountain of La Clusaz. What skier doesn't dream of finding themselves completely alone on their home mountain?

EM



**EM**  
(2021, Canada, 14 minutes)  
Filmmaker: Alexa Fay  
Film Synopsis: Emilie Pellerin, a little-known French Canadian climber, has spent most of her adult life traveling the world and living a dirtbag life. She has honed her skills on the rock and in the process has become one of the world's best onsight climbers and now she's ready to put on sighting aside and try pushing her level on her hardest trad route yet, La Zébrée, a spectacular 5.14a overhanging crack in Quebec.

Jump to Zero



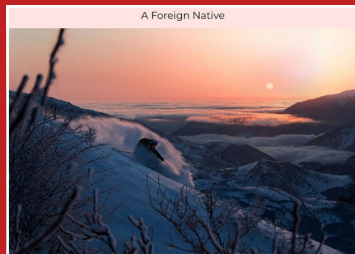
**JUMP TO ZERO**  
(2020, United States, 9 minutes)  
Filmmaker: Andrew Herder  
Film Synopsis: Jump To Zero is the story of 3 BASE jumpers changing the paradigm of human-powered access and female empowerment in action sports. Knowing that car and plane access have adverse environmental effects, they set out to discover how much they can reduce their impact while still enjoying the places they love and practicing the sports that bring them joy.

Inside - A hole new Ski Experience



**INSIDE A HOLE NEW SKI EXPERIENCE**  
(2021, Austria, 12 minutes)  
Filmmaker: Stefan Ager, Andreas Gumpemberger  
Film Synopsis: After an amazing ski tour at the Grand Ferrand massive in France, where you can ski through stunning rock caves, a few skiers decide to take it to the next level in a huge cave in Slovenia.

A Foreign Native



**A FOREIGN NATIVE**  
(2021, Austria, 49 minutes)  
Filmmaker: Jonas Abenstein  
Film Synopsis: A professional skier leaves his familiar world behind and spends close to a year in Iran. When military activity ramps up in January and Covid-19 hits in February of 2020 his journey takes a very different route. Learning Farsi and playing the Tanbur, he goes to explore the South of Iran with his new and old friends.

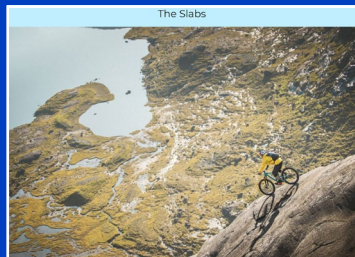
If you give a beach a bottle



**IF YOU GIVE A BEACH A BOTTLE**  
(2021, USA, 6 minutes)  
Filmmaker: Max Romey  
Film Synopsis: Inspired by a picture book, Max Romey heads to a remote beach on Alaska's coastline in search of marine debris. What he finds is a different story altogether.

## THE BANFF BLUE LINEUP...

The Slabs



### THE SLABS

(2020, UK, 6 minutes)

Filmmaker: Robbie Meade

Film Synopsis: Danny Macaskill testing the limits of mountain biking, riding down the infamous Dubh Slabs on the Isle of Skye

A dog's Tale (Tour Edit)



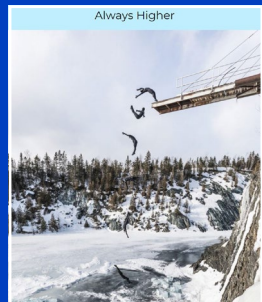
### A DOG'S TALE (Tour Edit)

(2021, Canada, 6 minutes)

Filmmaker: Darren McCullough

Film Synopsis: Millions of our best friends enjoy their homes and lives in metropolitan areas, but there is something about the primal instinct of feeling the forest floor under your paws and smelling a thousand different smells all at once. This is a trail dog's life, one cherished by both dogs and their humans every time they head out for a ride together.

Always Higher



### ALWAYS HIGHER

(2021, Canada, 13 minutes)

Filmmaker: Alexa Fay

Film Synopsis: Lysanne Richard is one of the world's best high divers. But the 39 years-old Canadian mother of three is ready to put international competition aside to focus on personal projects of her own. First on the list is a 22 meter high dive in the dead of winter over a frozen lake, a feat that has never been done. But will it be enough? Or will she try to make the challenge even more difficult? Completely alone on their home mountain?

Can't beat this place for fun



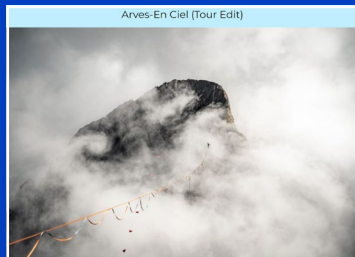
### CAN'T BEAT THIS PLACE FOR FUN

(2020, USA, 14 minutes)

Filmmaker: Dawn Kish

Film Synopsis: This film is a small vignette of Fretwater Boatworks and how they work and play. This boat shop is very unique and keeps the tradition of wooden boat building alive whilst honoring the story of Martin Litton's – Grand Canyon Dory. These beautiful boats still represent advocacy toward wild places compromised and/or lost. "Win or lose, there's a measure of victory in the endeavor," Martin Litton.

Arves-En Ciel (Tour Edit)



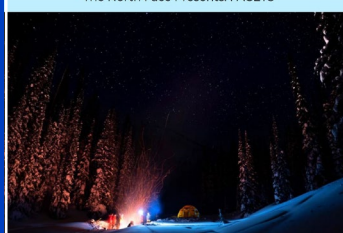
### ARVES-EN CIEL (Tour Edit)

(2020, France, 17 minutes)

Filmmaker: Antoine Mesnage

Film Synopsis: Camille and Antoine, two French slackliners and alpinists have a dream, to walk between two iconic rock towers. Arves-En-Ciel tells the story of an amazing project, which required a huge team of invested people to be fulfilled.

The North Face Presents: FACETS



### THE NORTH FACE PRESENTS: FACETS

(2020, USA, 11 minutes)

Filmmaker: Mike Quigley

Film Synopsis: Each of us are a part of a greater whole, a community that grows stronger together especially when it's open to all. Leanne Pelosi, Jess Kimura, Marion Haerty, Mary Rand, and Amanda Hankison show us just that. A unique look at these inspiring athletes that make up one hell of a portfolio. This one is for the next generation of riders carving their own paths.

REEL ROCK: Deep Roots



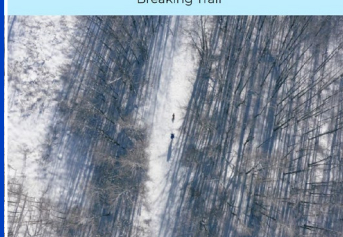
### REEL ROCK: DEEP ROOTS

(2020, USA, 34 minutes)

Filmmaker: Josh Lowell

Film Synopsis: Lonnie Kauk's personal journey to honor his indigenous Yosemite roots, and to connect with his legendary father by repeating his iconic climbs.

Breaking Trail



### BREAKING TRAIL

(2020, USA, 31 minutes)

Filmmaker: Jesse Roesler

Film Synopsis: As Covid-19 surges amidst ongoing civil unrest, Emily Ford sets out with a borrowed sled dog named Diggins to become the first woman and person of color to thru-hike the 1900 km Ice Age Trail in winter. As the 69-day journey through subzero temperatures tests her physical and mental endurance, Emily and her canine protector develop an unbreakable bond as they embrace the unexpected kindness of strangers.

# WINTER INSTRUCTION 2022



# SAVE THE DATE

Dates have been set for the Canterbury Westland section Winter Instruction programme.

Registrations are open now with details in this newsletter along with links to the information packs.

Please email me at [cw.winterinstruction@gmail.com](mailto:cw.winterinstruction@gmail.com) if you have any questions.

## **AVALANCHE AWARENESS**

- Theory Evening 29 - 31 July
- Christchurch

Field days 30th OR 31st July (Venue TBA)  
Click [here](#) for the info pack & registration

## **BASIC SNOWCRAFT (1)**

- 12 - 14 August
- Arthurs Pass / Craigieburn

A pre-course meeting will be held in Christchurch during the week prior plus a post course follow up day climb date  
Click [here](#) for the info pack & registration

## **Basic Snowcraft (2)**

- 26 - 28 August
- Arthurs Pass / Craigieburn

A pre-course meeting will be held in Christchurch during the week prior plus a post course follow up day climb date  
Click [here](#) for the info pack & registration

## **Intermediate Snowcraft**

- 16 -18 September
- Arthurs Pass

Click [here](#) for the info pack & registration

A second Intermediate course may be arranged subject to interest.

Sam White  
Winter Instruction Coordinator

Courses are filling up fast - get your registration in now!

The Intermediate Snowcraft Course is now over subscribed but we are still accepting registrations of interest as a second course is going to be organised, details TBC"

# Arthurs Pass Meet

FRIDAY 29<sup>TH</sup> TO SUNDAY 31<sup>ST</sup> JULY



Open to all, this meet will be based out of the club lodge in Arthurs Pass.

The meet provides a chance to meet other climbers and do some great winter climbing.

There are plenty of routes on offer from easy alpine walks to harder mixed and ice routes. Some ideas are:

- <http://climbnz.org.nz/nz/si/arthurs-pass/mt-philistine/philistine-bluffs>
- <http://climbnz.org.nz/nz/si/main-divide-of-the-southern-alps/mt-temple/temple-buttress>
- <http://climbnz.org.nz/nz/si/main-divide-of-the-southern-alps/mt-temple/hipps-temple-traverse>
- <http://climbnz.org.nz/nz/si/main-divide-of-the-southern-alps/mt-rolleston/low-pk>

And if we get luck with conditions:

- <https://climbnz.org.nz/nz/si/arthurs-pass/mt-aicken/no-pants-nathan>

You do need some experience to attend this meet. As a minimum, you will need to have completed Snow 1 or equivalent and have winter experience appropriate for your aims.

If you'd like to attend this meet, please contact me no later than Monday 25th July.

Contact: Andrew Barrett [andrew.barrett@liquidvoice.co.uk](mailto:andrew.barrett@liquidvoice.co.uk) OR 022 043 4227

# Unwin Winter Meet

FRIDAY 26<sup>TH</sup> TO SUNDAY 28<sup>TH</sup> AUGUST



## Unwin Winter Meet

The meet is based at awesome Unwin Lodge in Aoraki/ Mt Cook National Park.

There are lots of options to meet other climbers and to get out alpine climbing, rock climbing or tramping.

Accommodation is \$20 per night for adult members and \$10 per night for members' children. Hut fees are paid directly to the on-site hut managers (cards accepted). Please let me know before August 15th if you're wanting to attend.

Contact: Andrew Barrett  
[andrew.barrett@liquidvoice.co.uk](mailto:andrew.barrett@liquidvoice.co.uk)  
Or 022 043 4227

# MAY SECTION TALK

## NZ 3000M PEAKS LINKUP – ALASTAIR MCDOWELL

ARTICLE & PHOTOS BY JIM PETERSEN

On Thursday the 12th of May we were thrilled to host our first monthly section talk since October last year.

Thank you to everyone who got together to celebrate the joy of being together in the mountains and on the crags and in the gym. It was great to see so many friends and meet new ones. I'm sure many of us did like me and made some dates to hit the hills with people we haven't seen for ages.

We're planning some great talks and good times at our section meetings this year. Look for our announcements here in the newsletter and on facebook.

I'm not going to bore you by telling Alistair's story. Nobody does that better than Alistair and we'll get to

read all the details, told in Alistair's inimitable style, in the journal when it arrives in our letterboxes very soon.

Alistair shared the genesis for his idea about climbing all New Zealand's 3,000 metre high peaks in 30 days. He talked about designing the challenge, as something "like dreaming up a new kind of wicked rogaïne" - a classic Kiwi understatement. His description of the planning and execution of the mission with Hamish Flemming was just as laconic and more impactful for being so. It was the universal climbing adventure story - just like the stories we all tell of our adventures.

It felt like a great coming home to be back together at the Cashmere club - a scene like Martin Luther King's

"I have a dream" speech on the mall in Washington DC - in miniature (squint your eyes when you look at the photo below for the visual effect). A sea of heads stretching into the distance. Roughly 190 people - possibly a club record.

Two of my favourite quotes from Alistair reminded us to do the things we know have helped us succeed on our biggest missions:

*"Save your mental energy"*

*"Set plenty of mini goals that are achievable along the way to maintain momentum."*

Thank you Alistair. Your conversation with us was the perfect antidote to the inertia that keeps us away from our time in the mountains.



# UNWIN LODGE EASTER MEET

Over the Easter weekend, the C/W section ran a successful Meet at Unwin Lodge.

We had 18 people attend, including three from the Central Otago section as well as a couple of others not officially part of the meet but who joined in on the activities.

The weather was mostly fantastic with just a half a day of rain over the four days and everyone managed to get out and do something.

During the days, there was rock climbing at Sebastopol Bluffs on the Red Wall, King Fisher Slabs and Poo Pond Wall.

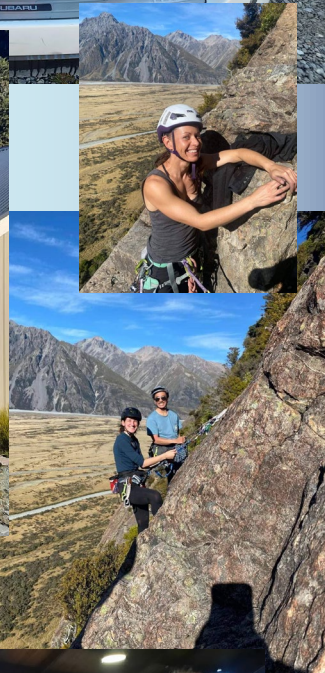
Tramping trips were done to Mueller Hut, Hooker Hut, Red Tarns and Mt Sebastopol and Mt Wakefield.

There was also pack rafting done on the Hooker Lake and some mountain biking.

Evening activities included a bar-b-que, pot luck dinner, quiz night and second hand gear was on sale with an auction on the Sunday night in which we raised almost \$500 to be donated to the Air Rescue Trust.

Thanks to all that attended and made it a long overdue trip to Unwin Lodge and thanks to Pip and Simon for hosting us.

Cheers  
Clayton.





1. La Sportiva Nepal Evo Boots, size 43, used two days - \$550 (retail over \$950)
2. La Sportiva Karakorum Boots, size 42.5, used six days - \$350 (retail over \$700)



1. Patagonia mid layer fleece, size M/L (closer to M), used a handful of times only - \$60
2. Marmot 700 fill down vest, size M, used twice - \$80



All proceeds to the Air Rescue Trust.

Christchurch sales and pick up only  
(my work hours don't allow me to post or courier sorry)

Please text Clayton on 027 446 1562



## Got a Bolt Loose?

All you need is for someone in your climbing group to have a 17mm spanner.

Remember... 'lefty loosey - righty tighty'

A wire brush or a nylon bristle dish brush is also handy for cleaning holds. Be proactive and do your bit to help the climbing community.



## Climbing on private land?

Remember... to do the right thing!

- Call the landowner to state your intentions & get permission
- Can't reach them? Find another crag to climb
- All numbers are listed on [www.climbnz.org.nz](http://www.climbnz.org.nz)

The landowners do not mind you calling, they are very approachable. Not calling will lead to the whole climbing community missing out on these great crags.

# Midweek Rock Climbing

To join the midweek rock climbing group send our midweek climbing coordinator, James Skeggs, an email to [nzacmidweekclimbing@gmail.com](mailto:nzacmidweekclimbing@gmail.com) and you'll be sent a Google form for emergency contact details, and then added to the Google group.

## WELCOME TO MIDWEEK CLIMBING!

Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

If interested, please send an email to James Skeggs at [nzacmidweekclimbing@gmail.com](mailto:nzacmidweekclimbing@gmail.com) and you'll be sent the sign-up form. All are welcome and you don't need to be a NZAC member to join.

## PLEASE NOTE

Mid week climbing organizers do not provide guiding or instruction and individuals within the group are responsible for their own safety.

You will need a harness, rock shoes, belay device, locking carabiner, and helmet. Please also let the person in charge know what equipment you have and if unknown to them your climbing experience.

## SAFETY RULES

- Helmets are compulsory when climbing and belaying.
- If abseiling, use a prusik as back up and tie a knot in the end of the rope.
- Use clear commands and make a plan between climber and belayer before leaving the ground.
- If in doubt about anything, please ask questions.
- If you see something amongst the group you are not happy about - please speak up.

Be safe and have fun climbing!

Cheers,  
James



# NZAC CANTERBURY WESTLAND SECTION

# GEAR HIRE

FOR NZAC MEMBERS ONLY

## HIRE

### EQUIPMENT LIST

- Crampons (12 x pair, fully adjustable)
- Walking ice axes (12 from size 60cm to 70cm)
- Technical ice axes and hammers (5 pairs of various brands)
- Avalanche kits (12 transceiver, shovels & probes. Transceivers use 3 x AAA batteries - not included)
- Helmets (12)
- Snow shoes (2 pairs of MSR evo ascent & 2 pairs of MSR lightning ascent)
- Snow stakes (8 with mid clip wire)
- Ice screws (16 screws, various sizes 13cm to 22cm)

***NZAC members can hire gear on behalf of non-members on the same trip they are attending with the knowledge that the NZAC member is responsible for any loss or damage.***

## PRICING

### Prices:

- \$20 per day for Avalanche Rescue Kits
- \$10 per day, for ice screws & pitons: two items
- \$10 per day, per item for all other items
- Payment is by bank transfer

## CONTACT

### CONTACT BEN SCOTT:

**Text: 021 236 8413**

**Email: [cw.gearhire@gmail.com](mailto:cw.gearhire@gmail.com)**

Please give your full name, membership number, equipment you require and the dates you require it for. Please do not ask to hire equipment on a Friday or Saturday at the last minute.

Other Gear hire options in Christchurch include:

Bivouac at Tower Junction – click [here](#)

Further Faster in Sydenham – click [here](#)





CANTERBURY WESTLAND  
SECTION OF NZAC  
**CHECK IN  
LIKE US  
TAG US**  
FACEBOOK & INSTAGRAM!



## SECTION LIBRARY

**Section Library:** Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line [HERE](#)

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

**Library policies:** You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

**Returns:** Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

**Email: John Roper Lindsay**  
[john@roperlindsay.com](mailto:john@roperlindsay.com)  
or call/text 021 395 513



## WEEKLY ACTIVITY OPTIONS

**Lead a Trip:** If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst [cw.tripscoordinator@gmail.com](mailto:cw.tripscoordinator@gmail.com)

**Midweek mountaineering:** The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact **Pat Prendergast on 337 0079 or email** [pat@slingshot.co.nz](mailto:pat@slingshot.co.nz)

**Mid Week Rock Climbing:** A new and exciting format from September (day light savings start) onwards. Instead of one set evening each week, we are hoping to be able to offer people a choice of two nights each week, which will vary depending on who is looking after the group. We believe this will give people of all abilities more opportunities to get out climbing. A few things to note when rock climbing with the mid week group;

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing co ordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings) are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If you would like to attend and are on the google climbing group already, we will email out at the start of the week with which nights we are running climbing and who is in charge and their contact details. If you would like to be on the group list, please email James Skeggs on:

[nzacmidweekclimbing@gmail.com](mailto:nzacmidweekclimbing@gmail.com)

All welcome, including non members.

## WE NEED YOU

### The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

#### What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip <https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below). Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning

The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page

**Email: Shannon at** [nzac.cw.newsletter@gmail.com](mailto:nzac.cw.newsletter@gmail.com)

- You organise the participants and do pre-trip preparations
- This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

**Volunteer trip coordinator email:** Email Andy Barrett [cw.tripscoordinator@gmail.com](mailto:cw.tripscoordinator@gmail.com)

**Some Ideas!** Mt Aiken, Binser, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



## KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

### Keen to share your outdoor experience?

**Helen Sinclair, our section meeting co-ordinator is the person to contact.**

Helen organises speakers to share their outdoor experiences with the rest of our community.

If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Helen either by phone or email.

P: 027 435 3674 E: [helen@helensinclair.com](mailto:helen@helensinclair.com)

PHOTO: ROB GALLAGHER. MOUNT SOMERS



## TRIP GUIDELINES

**An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>**

### Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form and have them understand, sign and return it to you in advance of the trip.
- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: [nzac.cw.newsletter@gmail.com](mailto:nzac.cw.newsletter@gmail.com)

### Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.
- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

## BENEFITS FOR NZAC MEMBERS

### Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You maybe asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit...

<https://alpineclub.org.nz/membership-benefits/>

*To visit any of the retailers below, click on their logo.*



POTTON AND BURTON



10% DISCOUNT TO NZAC/FMC MEMBERS



YMCA Adventure Centre



10% discount\* to NZAC members



## CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

### Section Library: [CLICK HERE](#)



### Chairperson:

Jim Petersen 022 620 0619 [cw.chairperson@gmail.com](mailto:cw.chairperson@gmail.com)

### Secretary:

David Jefferson [djamesjefferson@gmail.com](mailto:djamesjefferson@gmail.com)

### Events:

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### Accommodation & Committee Rep:

Philip Tree [philiptree7@gmail.com](mailto:philiptree7@gmail.com)

### Summer Instruction Coordinator:

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### Winter Instruction Coordinator:

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### Gear Custodian:

Ben Scott [cw.gearhire@gmail.com](mailto:cw.gearhire@gmail.com)

### Recreational Advocacy:

Lindsay Main [Lindsay.main@caverock.net.nz](mailto:Lindsay.main@caverock.net.nz)

### Trip Coordinator:

Andy Barrett [andrew.barrett@liquidvoice.co.nz](mailto:andrew.barrett@liquidvoice.co.nz)

### Newsletters & Online Coordinator:

Shannon Cook 021 809 088 [nzac.cw.newsletter@gmail.com](mailto:nzac.cw.newsletter@gmail.com)

### Treasurer & Library:

John Roper Lindsay 021 395 513 [john@roperlindsay.com](mailto:john@roperlindsay.com)

### Arthur's Pass Lodge:

John Henson 027 471 4075 [hensonj@xtra.co.nz](mailto:hensonj@xtra.co.nz)

### Section Evenings:

Helen Sinclair 027 435 3674 [helen@helensinclair.com](mailto:helen@helensinclair.com)

### Crag Maintenance:

Grant Piper 021 711 300 [grant.piper66@gmail.com](mailto:grant.piper66@gmail.com)

### Midweek Rock Climbing Coordinator:

James Skeggs [nzacmidweekclimbing@gmail.com](mailto:nzacmidweekclimbing@gmail.com)

**Please Note**

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME  
PLEASE SEND TO [NZAC.CW.NEWSLETTER@GMAIL.COM](mailto:NZAC.CW.NEWSLETTER@GMAIL.COM)  
BY THE 25TH OF EACH MONTH AT THE LATEST