

UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



AUGUST 2022



PHOTO: ROB GALLAGHER. MOUNT SOMERS

AUGUST SECTION TALK. Please note venue change!

Canterbury Westland Section Evening

NEW VENUE for this meeting!
Two Thumbs Brewing
352 Manchester Street,
Christchurch central city,
Parking off Bealey Ave.

Come along for a beer
& dinner from the in-
house food cart & a great
mid-winter get together!

Thursday 11 August
AGM: 7pm
Talk starts: 7:30pm

IN BRIEF

IN THIS NEWSLETTER:

- Thurs 11 Aug - Talk & world famous 10min AGM
- Future section evenings
- Upcoming trips
- Arthurs Pass Meet
- Unwin Lodge Winter Meet
- Buy/Sell Gear night is coming!

FACEBOOK/INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.



CANTERBURY WESTLAND SECTION EVENING

THURSDAY 11 AUGUST 2022
TWO THUMBS BREWING

starts with our famous '10min' AGM @ 7pm
followed by talk @ 7:30pm

"TRAVERSES OF THE WESTERN HIMALAYAS - 15 YEARS OF TRANZALPINE ADVENTURES WITH FOUR TAMARIKI"

Kaaren and Jeph Mathias are Tauīwi New Zealanders who have lived for the last 15 years in the Western Himalayas of India, working in health and community development. They are now based in Ōtautahi Christchurch and will present pictures and stories of four diverse tranz-alpine and climbing adventures in the Himalayas with all the chaos and fun of taking their four children into big hills with ad-hoc medical consultations with shepherds, crossing passes with horses, getting lost and found and navigating without maps or guides.

Please note the venue for this meeting is:

Two Thumbs Brewing
352 Manchester Street, Christchurch Central City,
Parking off Bealey Ave.

Come along for a beer and dinner from the in-house food cart & a great mid winter get-together!
All welcome! You don't need to be an NZAC member to attend.

AGM: THURSDAY 11 AUGUST

WE ALWAYS WELCOME PEOPLE TO HELP ON THE COMMITTEE. PEOPLE NEED ONLY EXPRESS INTEREST TO ANY OF THE COMMITTEE MEMBERS BY CONTACTING THEM USING THE DETAILS IN THE NEWSLETTER AND COME TO A COMMITTEE MEETING. YOU DON'T EVEN NEED TO THINK ABOUT SPECIFIC ROLES, YOU MAY HAVE SPECIFIC SKILLS YOU WANT TO CONTRIBUTE, WE WOULD LOVE TO KNOW ABOUT THEM.

Future Section Evenings. Save these dates...

THURSDAY 15 SEPTEMBER: BUY/SELL EXCHANGE.
SEE OUR POSTER IN THIS NEWSLETTER FOR MORE DETAILS

THURSDAY 13 OCTOBER: PAUL HERSEY

UPCOMING TRIPS



MT BEALEY from Arthur's Pass village – 20th August

This is not a technical trip, but you must be confident on your feet with some moderate exposure, have experience using ice axe and crampons as well as self arrest techniques. You will need a reasonable level of fitness to be on your feet 8+ hrs. You must be a NZAC member and have completed snow 1 or similar course.

We will meet in Yaldhurst & car pool to Arthur's Pass on Friday evening 19 Aug, staying at the club Lodge ready for an early start on Saturday.

Back-up plan will be Sunday 21st August. Be prepared for a change of objective if the weather is not on our side.

Contact Adam Humphries for further details and to register - Adam.b.humphries@gmail.com

Trip application closes Tuesday 16th Aug.

CASTLE HILL PEAK via Porters Pass and Foggy Peak (day trip) – 27th August

This is not a technical trip, but you must be confident on your feet, have experience using ice axe and crampons as well as self arrest techniques. You will need a reasonable level of fitness to be on your feet 6-8 hrs. You must be a NZAC member and have completed snow 1 or similar course.

We will meet in Yaldhurst and car pool to Porters Pass

Back-up plan will be Sunday 28th August. Be prepared for a change of objective if the weather is not on our side.

Contact Adam Humphries for further details and to register - Adam.b.humphries@gmail.com

Trip application closes Tuesday 23rd Aug.

Avalanche Peak to Mt Bealey Moonlight Traverse from Arthur's Pass village – 10th September

This is not a technical trip, but you must be confident on your feet with some moderate exposure. Proven experience using ice axe and crampons as well as self arrest techniques is essential. A high level of fitness to be on your feet 8+ hrs is also important. You must be a NZAC member and have completed snow 1 or similar course. Without recent participation in section winter training, the Mt Bealey or Castle Hill day trips are a pre-requisite for this trip.

Numbers limited to 10.

We will meet in Yaldhurst and car pool to Arthur's Pass, basing ourselves out of the club lodge for a climb on Saturday night.

Be prepared for a change of objective if the weather is not on our side.

Contact Adam Humphries for further details and to register - Adam.b.humphries@gmail.com

Trip application closes Friday 2nd September

Unwin Winter Meet

FRIDAY 26TH TO SUNDAY 28TH AUGUST



Unwin Winter Meet

The meet is based at awesome Unwin Lodge in Aoraki/ Mt Cook National Park.

There are lots of options to meet other climbers and to get out alpine climbing, rock climbing or tramping.

Accommodation is \$20 per night for adult members and \$10 per night for members' children. Hut fees are paid directly to the on-site hut managers (cards accepted). Please let me know before August 15th if you're wanting to attend.

Contact: Andrew Barrett
andrew.barrett@liquidvoice.co.uk
Or 022 043 4227

CANTERBURY WESTLAND SECTION OF NZAC

ANNUAL BUY/SELL GEAR SALE

THURS 15 SEPTEMBER 2022 6:30 - 9PM



Where

Riccarton High School Hall (entrance off Vicki Street)



**Gear for rock climbing, skiing,
mountaineering, ice climbing,
hiking & much more!**

Info

\$10 per table hire or \$5 for half/shared table for those selling
*set up from 6pm

All proceeds to the Air Rescue Trust and any donations of gear to the NZAC table to be sold will be greatly appreciated.

Text Clayton on 0274461562 to book a table
*limited tables - bookings essential



NZAC CANTERBURY WESTLAND SECTION

GEAR HIRE

FOR NZAC MEMBERS ONLY

HIRE

EQUIPMENT LIST

- Crampons (12 x pair, fully adjustable)
- Walking ice axes (12 from size 60cm to 70cm)
- Technical ice axes and hammers (5 pairs of various brands)
- Avalanche kits (12 transceiver, shovels & probes. Transceivers use 3 x AAA batteries - not included)
- Helmets (12)
- Snow shoes (2 pairs of MSR evo ascent & 2 pairs of MSR lightning ascent)
- Snow stakes (8 with mid clip wire)
- Ice screws (16 screws, various sizes 13cm to 22cm)

NZAC members can hire gear on behalf of non-members on the same trip they are attending with the knowledge that the NZAC member is responsible for any loss or damage.

PRICING

Prices:

- \$20 per day for Avalanche Rescue Kits
- \$10 per day, for ice screws & pitons: two items
- \$10 per day, per item for all other items
- Payment is by bank transfer

CONTACT

CONTACT BEN SCOTT:

Text: 021 236 8413

Email: cw.gearhire@gmail.com

Please give your full name, membership number, equipment you require and the dates you require it for. Please do not ask to hire equipment on a Friday or Saturday at the last minute.

Other Gear hire options in Christchurch include:

Bivouac at Tower Junction – click [here](#)

Further Faster in Sydenham – click [here](#)





CANTERBURY WESTLAND
SECTION OF NZAC
**CHECK IN
LIKE US
TAG US**
FACEBOOK & INSTAGRAM!



SECTION LIBRARY

Section Library: Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line [HERE](#)

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

Library policies: You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

Returns: Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

Email: John Roper Lindsay
john@roperlindsay.com
or call/text 021 395 513



WEEKLY ACTIVITY OPTIONS

Lead a Trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst cw.tripscoordinator@gmail.com

Midweek mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact **Pat Prendergast on 337 0079 or email** pat@slingshot.co.nz

Mid Week Rock Climbing: Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing co ordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings) are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If interested, please send an email to: nzacmidweekclimbing@gmail.com and you'll be sent the sign-up form.

All are welcome, including non members.

WE NEED YOU

The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip <https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below). Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning

The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page

Email: Shannon at nzac.cw.newsletter@gmail.com

- You organise the participants and do pre-trip preparations
- This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email: Email Andy Barrett cw.tripscoordinator@gmail.com

Some Ideas! Mt Aiken, Binser, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience?

Helen Sinclair, our section meeting co-ordinator is the person to contact.

Helen organises speakers to share their outdoor experiences with the rest of our community.

If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Helen either by phone or email.

P: 027 435 3674 E: helen@helensinclair.com

PHOTO: ROB GALLAGHER. MOUNT SOMERS



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form and have them understand, sign and return it to you in advance of the trip.
- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.
- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You maybe asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit...

<https://alpineclub.org.nz/membership-benefits/>

To visit any of the retailers below, click on their logo.



POTTON AND BURTON



CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

Section Library: [CLICK HERE](#)



Chairperson:

Jim Petersen 022 620 0619 cw.chairperson@gmail.com

Secretary:

David Jefferson djamesjefferson@gmail.com

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@gmail.com

Summer Instruction Coordinator:

Clayton Garbes 027 446 1562 cw.summerinstruction@gmail.com

Winter Instruction Coordinator:

Sam White cw.winterinstruction@gmail.com

Gear Custodian:

Ben Scott cw.gearhire@gmail.com

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Trip Coordinator:

Andy Barrett andrew.barrett@liquidvoice.co.nz

Newsletters & Online Coordinator:

Shannon Cook 021 809 088 nzac.cw.newsletter@gmail.com

Treasurer & Library:

John Roper Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensonj@xtra.co.nz

Section Evenings:

Helen Sinclair 027 435 3674 helen@helensinclair.com

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Midweek Rock Climbing Coordinator:

James Skeggs nzacmidweekclimbing@gmail.com

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME
PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST