

# UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



DECEMBER 2022

PHOTO: ROB GALLAGHER. MOUNT SOMERS

## DECEMBER SECTION MEET

Canterbury Westland  
Section Evening

The Cashmere Club  
50 Colombo Street

Thursday 8 December  
Doors open: 7pm  
Talk starts: 7:30pm

If you want to purchase an alcoholic drink from the bar, you must show a Guest pass. You can pick one of these up inside the room we meet in where they'll be on a table near the door.

Entry is free and everyone is welcome, you don't need to be an NZAC member to attend.



## CRAG-KUTCHA

THURSDAY 8 DECEMBER  
CASHMERE CLUB

You will be hearing from 8 different speakers who will be showcasing New Zealand Crag. There are very strict rules that each speaker must follow, they are allowed to show 20 pictures and speak for 20 seconds per picture then their time is up!

We call this event CRAG-KUTCHA an Alpine Club spin off of the presentation style called Pecha Kucha. This evening will be a lot of fun, you will be hearing about a lot of great New Zealand crags just in time to get extra motivated for summer!

## FACEBOOK / INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.



## Future Section Evenings. Save these dates...



**DECEMBERS SECTION MEETING IS OUR LAST UNTIL FEBRUARY 2023. WE WISH EVERYONE AN ADVENTUROUS BUT SAFE HOLIDAY BREAK!**





## UPCOMING COURSE

# BUSH SURVIVAL COURSE 3 - 4 DECEMBER 2022 (2DAYS)

*\*This is an instruction course and will not be a "man vs wild" or "naked and afraid" type thing nor will anyone be eating bugs, drinking their own urine or hunting anything.*

A NZAC members only course, limited to 8 x students and based in the Benmore Hut area of Canterbury and at a cost of \$150.

### COURSE DESCRIPTION:

A course designed to show students how to make a shelter, light a fire, signal for rescue etc when things go wrong while having an adventure in the backcountry, using both traditional bushcraft skills alongside modern equipment.

### WHAT WILL BE TAUGHT:

- \* Priorities of survival
- \* Shelters - natural and man made
- \* Fire - types, set up, lighting and maintenance
- \* Water - procurement and processing
- \* Signals - types and manufacturing
- \* Kit and equipment that aid survival

### EQUIPMENT REQUIRED:

A more detailed gear list will be provided closer to the time but think along the lines of bringing what you would if you were planning on spending a night in a backcountry hut.

### FOOD:

2 x lunches, 1 x dinner, 1 x breakfast, snack and energy food.

### COST:

\$150 will cover two x days of instruction, some team equipment and fuel reimbursement to drivers car pooling.

### START AND FINISH TIMES:

Two options of departing from Spreydon in Christchurch at 8am on Saturday 3rd or 8.15am to 8.30am in Rolleston ( these will be the only two options given ) and returning to Christchurch by 4pm on Sunday 4th.

### WHAT IS REQUIRED WHEN APPLYING:

- \* Your full name
- \* Age
- \* Phone number
- \* Current NZAC members details
- \* NZ based emergency contact person, their phone number & relationship to you
- \* Any medical issues you may have
- \* Plus a guarantee that you have

a good, moderate tramping fitness (provide some details of recent trips and future trips you will be doing, leading up to the course), that will enable you to carry a full weekend pack up to 2.5 hrs each way

**NO EXCEPTIONS** to any of the above requirements when first applying - please don't miss anything out or you might not necessary get a reply back (this is a volunteer role so emails to be kept to a minimum thanks).

### CONTACT:

**Clayton Garbes** on [cw.summerinstruction@gmail.com](mailto:cw.summerinstruction@gmail.com) using the subject line of 'Bush Survival Course'.

If I don't reply within 48hrs mid week, please check your junk mail then text me on 0274461562 if still no reply.

You must apply as per the above requirements.



## UPCOMING COURSE



# Intro to Trad (Traditional) Climbing Course

28 JAN 2023 AT 08:00 – 29 JAN 2023 AT 17:00

### PLEASE READ CAREFULLY.

This course will be a one weekend of Sat 28th and Sun 29th Jan and a third day of either Sat 11th or Sun 12th Feb (picking the best day for weather)

This course is for NZAC members only (non members are welcome to apply but must be signed up as a NZAC member before final acceptance onto the course) at a cost of just \$275 for the three days.

As part of the course fee, all trad climbing equipment, ropes and anchor set up equipment will be provided free of charge as well as fuel reimbursement to drivers who use their vehicles to car pool on the third day (to Banks Peninsula).

There will also be a list of personal gear sent out and some of this can also be provided free of charge (you will need at a minimum, your own harness, rock shoes, and belay device).

So for non NZAC members, even by signing up, this course is excellent value for money and you will have qualified, experienced Instructors who will operate at a 1:4 ratio of Instructors to Students.

Day one and two will be based at Rapaki Rock on the Port Hills of Christchurch and day three will be based at Otepatotu Crag on Banks Peninsula.

We will meet each day at 8am to car pool and finish each day between 4pm and 5pm.

**REQUIREMENTS:** This is not a beginners course and at a minimum, you will need to have sport lead climbed, lead belayed and abseiled before.

Grades are not relevant to this course - you will be leading at a level you are comfortable at.

**WHAT WILL BE TAUGHT:** Trad equipment and it's use, leading on trad, cleaning a climb, anchor set up, trouble shooting and useful tips.

**CONTACT:** Please email Clayton Garbes on [cw.summerinstruction@gmail.com](mailto:cw.summerinstruction@gmail.com) with your full name, age, NZAC members details ( or if non member ), where you are based and a brief climbing, belaying, abseiling history etc )





**BPRM**

# **BANKS PENINSULA ROCK MEET**

**17 – 19 March 2023  
Pigeon Bay**

Everyone attending **MUST** register their interest by emailing  
Grant Piper: [grant.piper66@gmail.com](mailto:grant.piper66@gmail.com)  
by Monday 13 March 2023  
Cost pp is \$50

# **Banks Peninsula Rock Meet 17–19 March 2023**

Save the date and don't forget to register with Grant as soon as you can.  
This meet is open to everyone! Members & non-members.

## **THE OTHER DETAILS...**

- Pigeon Bay
- Saturday night, BYO barbecue
- \$50pp to cover camping fees
- Climbing for all experience levels. Trad & sport.
- Please remember your helmets!

Contact & enquiries to Grant Piper  
021 711 300  
[grant.piper66@gmail.com](mailto:grant.piper66@gmail.com)

Everyone attending **MUST** register their interest by  
emailing Grant Piper [grant.piper66@gmail.com](mailto:grant.piper66@gmail.com)  
by Mon 13 March 2023



# Scissors Peak-Labour Weekend



**Party:** Penny Webster, Kate Bailue, Zach Preston, Andy Barrett, Jim Petersen.

## **Mission:**

**Plan A:** Fly to Barron Saddle Hut. Bag a few peaks in the Barron Saddle traverse of the Sealy range to Mueller Hut traverse.

**Plan B:** Fly to Tasman Saddle Hut. Climb Mt Elie de Beaumont. Fly out.

**Plan C:** Cross Tasman river. Climb the Nuns Veil.

**Pre-Game:** Jim and Kate had been out on a few trips together with friends this winter in Arthur's Pass and helping Basic Snowcraft graduates get out into steep ridge and face terrain.

Penny had been climbing with her usual partner and mentoring on grade 2 terrain in Arthur's Pass. In the course of this she met Zach and plugged up some really soft snow onto the low peak of Mt Rolleston with him. The week prior to this she had taken the same route with Julie and me in firmer conditions. On this trip Penny and I discussed reconvening an abandoned trip from last year.

Penny later put the proposition in writing and asked me to recommend some people to fill the chopper to Barron Saddle Hut for a Labour Weekend of peak bagging on the Sealy Range. I was pleased to discover how easily I could conjure up a list of friends and acquaintances to ask. I can thank my membership of the club for bringing me into contact with a wide variety of climbers and for making friends of so many who would be compatible with our mission. I realised I had just clicked over a decade of membership. I was also thrilled that two of

the first three people I asked were available and wanted to come. Penny had been in touch with Zach, so now we had a quorum. All we needed was for the weather to come to the party. In the week or so that followed the weather window opened and closed a few times and reports on current conditions ruled out other desirable missions.

**Game Time:** We arrived at Unwin on Friday - later than desired as always, but still had the gear packed before lights-out.

Saturday dawned clear and still - perfect for flying. Yay, Plan A was still the plan.

At the hut Penny gave the untidy mess left by previous occupants a Mary Poppins-ing, while we sorted our packs for a day on Scissors Peak. It is one of those beautiful, sneaky peaks that, in the great winter condition we found it, the steepness of the ridge isn't noticed until you reach a tricky rock step with a gully and perhaps a bit of ice on the other side that makes you think now would be a good spot for the first pitch. Two short pitches and one longer one got us on the

## Scissors Peak-Labour Weekend



summit, admiring 360 degree views of the Sealy range, the Dobson valley, west down the Spense glacier and out to the head of the Landsborough river, and North across Hardies Gut to Mt Montgomerie. Penny and Andy led us off the summit, down the south ridge in search of a gap in the cornices. It only took a few minutes to find what we were looking for, so we could drop onto the south face to head back to the saddle and the hut.

We eagerly anticipated the 7pm Park HQ radio check-in and tomorrow's weather forecast. The whole park was forecasted to be hammered by gale force westerlies

increasing as the day progressed. It was still mild when we went to sleep, so we left the window ajar. One of us closed it during the night when the wind came up. Donning the heavy packs in the morning, listening to the howling wind made yesterday's lightweight summit climb feel like a sprint when compared to the marathon in front of us. Add to that the uncertainty about whether or not we would achieve any summits and we were feeling less buoyant as a group. It looked like a work day rather than a play day.

As it turned out it was work, but it was just as much fun as the day before for different reasons. Zach's blister





## Scissors Peak-Labour Weekend



burst early, so we decided to make getting to Mueller Hut the mission and make calls on attempting any peaks as we met them along the way. The wind and the gusts intensified throughout the day. We were blown over, stopped in our tracks, and reduced to crawling at times. The clouds racing over Mount Sefton from the west all dissipated after cresting the range, so we spent the day in constant sunshine and the temperature only rose a little. We only had to plug deeper snow on a few short sun soaked faces.

In hindsight we might have had time to dump our heavy packs and climb at least one of Jean, Jeanette, or Sealy, but with the wind and gusts increasing, we didn't want to be remembered as the people who were blown off one of those mountains that beautiful day. We arrived at Mueller Hut in the early afternoon, enjoyed lunch and then had a snooze after Andy left early to make good on a commitment back in the city. The wind blew hard for the rest of the day, filling in the door on the main deck with spindrift. That evening the forecast for the next day was for more of the same with even

higher winds, then easing around midday. We took consolation that an early start was contraindicated.

I woke before first light to hear the wind die out - completely. It was a near-still, mist shrouded sky under which we plodded away from the hut in softening snow. A couple of good glissades took us down the slopes to the tarns where the snow ran out.

When we reflected on our time together we agreed that we had formed a cohesive team and performed well from the get-go in the variety of terrain, weather and injury situations we encountered. A sure sign of the fun we had climbing together was the number of ideas for future missions we started sharing on the walk out.

Thanks Penny for your planning and logistical work, and ever-cheerful support on the hill and banter at the huts. Thanks everyone else for sharing your talents and enthusiasm to make this such a fun trip.

***Trip report & photos: Jim Petersen***



SCISSORS SUMMIT ROCKS



## November Section Meeting Report: Talk by Rose Pearson

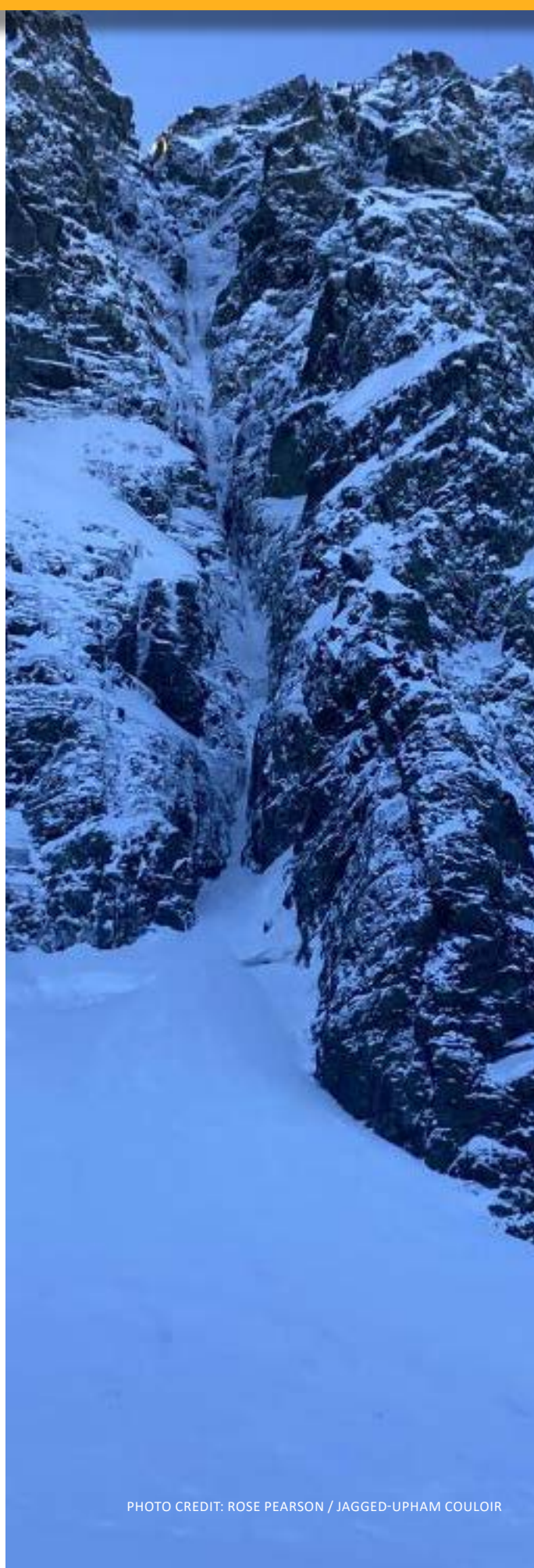


PHOTO CREDIT: ROSE PEARSON / JAGGED-UPHAM COULOIR

### *Rose Pearson* *"My first decade of mountaineering"*

Rose has done a lot of climbing over the past 10 years, and her talk covered this period, focusing on some of the climbs and expeditions she's been involved with. About 90 people came to listen to Rose at the Cashmere Club. She kindly mentioned the inspiration she got from an NZAC club trip up Mt. Franklin with Steve Fortune, but her first trip she talked about in detail was a near-disaster. Rose, and her brother Nelson, fell while tramping over Zit Saddle on the West Coast and they suffered serious injuries, compounded by the fact that they spent 4 nights out in the open before being rescued. Rose's account of this was gripping but fortunately both Rose and Nelson fully recovered, and it was nice that Nelson was also in the audience! If you want to read more about this, [click here](#). It's a great, well-written account, and very honest.

Rose then told us about a couple of climbs she did in one of her favourite areas, the head of the Hooker Valley. Her descriptions of the climbs, the difficulties and route-finding were really vivid. Rose has also been a member of the New Zealand Alpine Team for a number of years, and she went on an expedition with the team to the Santa Cruz area of Peru in 2016, where she climbed Taulliraju. There were some great photos from this trip, and Rose also described her thoughts and attitude she had when the first attempt was abandoned. There's an article on Alpinist.com [click here](#).

As well as an amazing route over Mt. Tutoko and the Kaipo Wall, Rose described a route in the Arrowsmiths called Whiplash, which had some spectacular ice climbing pitches and some stunning

photos, before ending with her most recent trip in the Smyth range. She did this with brother Nelson, so a tidy full-circle for her last ten years!

Thanks a lot to Rose, for her interesting descriptions and insightful thoughts of just a few of her really impressive climbs. Her photos were great, and we'd love to have her back to talk to us, hopefully before another ten years fly by.

*Report by John Roper-Lindsay*





# Midweek Rock Climbing

To join the midweek rock climbing group send our midweek climbing coordinator, James Skeggs, an email to [nzacmidweekclimbing@gmail.com](mailto:nzacmidweekclimbing@gmail.com) and you'll be sent a Google form for emergency contact details, and then added to the Google group.

## WELCOME TO MIDWEEK CLIMBING!

Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

If interested, please send an email to James Skeggs at [nzacmidweekclimbing@gmail.com](mailto:nzacmidweekclimbing@gmail.com) and you'll be sent the sign-up form. All are welcome and you don't need to be a NZAC member to join.

## PLEASE NOTE

Mid week climbing organizers do not provide guiding or instruction and individuals within the group are responsible for their own safety.

You will need a harness, rock shoes, belay device, locking carabiner, and helmet. Please also let the person in charge know what equipment you have and if unknown to them your climbing experience.

Cheers,  
James



# These holidays remember...

*Playing your part means you don't ruin it for anyone else.*



## Climbing on private land?

**Remember... to do the right thing!**

- Call the landowner to state your intentions & get permission
- Can't reach them? Find another crag to climb
- All numbers are listed on [www.climbnz.org.nz](http://www.climbnz.org.nz)

The landowners do not mind you calling, they are very approachable. Not calling will lead to the whole climbing community missing out on these great crags.



## Got a Bolt Loose?

All you need is for someone in your climbing group to have a 17mm spanner.

**Remember... 'lefty loosey - righty tighty'**

A wire brush or a nylon bristle dish brush is also handy for cleaning holds. Be proactive and do your bit to help the climbing community.



CANTERBURY WESTLAND  
SECTION OF NZAC

# CHECK IN LIKE US TAG US

FACEBOOK & INSTAGRAM!



## SECTION LIBRARY

**Section Library:** Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line [HERE](#)

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

**Library policies:** You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

**Returns:** Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

**Email:** [John Roper Lindsay](mailto:John Roper Lindsay)  
[john@roperlindsay.com](mailto:john@roperlindsay.com)  
or call/text 021 395 513





## WEEKLY ACTIVITY OPTIONS

**Lead a Trip:** If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst  
[cw.tripscoordinator@gmail.com](mailto:cw.tripscoordinator@gmail.com)

**Midweek mountaineering:** The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact  
**Pat Prendergast on 337 0079 or email**  
[pat@slingshot.co.nz](mailto:pat@slingshot.co.nz)

**Mid Week Rock Climbing:** Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing coordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If interested, please send an email to:  
[nzacmidweekclimbing@gmail.com](mailto:nzacmidweekclimbing@gmail.com)  
and you'll be sent the sign-up form.

All are welcome, including non members.

## WE NEED YOU

### The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

#### What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip  
<https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below).
- Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning
- The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page  
**Email: Shannon at [nzac.cw.newsletter@gmail.com](mailto:nzac.cw.newsletter@gmail.com)**
- You organise the participants and do pre-trip preparations

This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

**Volunteer trip coordinator email:** Email Andy Barrett  
[cw.tripscoordinator@gmail.com](mailto:cw.tripscoordinator@gmail.com)

**Some Ideas!** Mt Aiken, Binser, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine





## KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

### Keen to share your outdoor experience?

**Helen Sinclair, our section meeting co-ordinator is the person to contact.**

Helen organises speakers to share their outdoor experiences with the rest of our community. If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Helen either by phone or email.

P: 027 435 3674 E: [helen@helensinclair.com](mailto:helen@helensinclair.com)

PHOTO: ROB GALLAGHER. MOUNT SOMERS



## TRIP GUIDELINES

**An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>**

### Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form

and have them understand, sign and return it to you in advance of the trip.

- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to:

[nzac.cw.newsletter@gmail.com](mailto:nzac.cw.newsletter@gmail.com)

### Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be

required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.

- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.



## BENEFITS FOR NZAC MEMBERS

### Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You maybe asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit... <https://alpineclub.org.nz/membership-benefits/>

*To visit any of the retailers below, click on their logo.*





## CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

**Section Library:** [CLICK HERE](#)



**Chairperson:**

Jim Petersen 022 620 0619 [cw.chairperson@gmail.com](mailto:cw.chairperson@gmail.com)

**Secretary:**

David Jefferson [djamesjefferson@gmail.com](mailto:djamesjefferson@gmail.com)

**Events:**

Adam Humphries 027 200 4760 [adam.b.humphries@gmail.com](mailto:adam.b.humphries@gmail.com)

**Accommodation & Committee Rep:**

Philip Tree [philiptree7@gmail.com](mailto:philiptree7@gmail.com)

**Summer Instruction Coordinator:**

Clayton Garbes 027 446 1562 [cw.summerinstruction@gmail.com](mailto:cw.summerinstruction@gmail.com)

**Winter Instruction Coordinator:**

Sam White [cw.winterinstruction@gmail.com](mailto:cw.winterinstruction@gmail.com)

**Gear Custodian:**

Ben Scott [cw.gearhire@gmail.com](mailto:cw.gearhire@gmail.com)

**Recreational Advocacy:**

Lindsay Main [Lindsay.main@caverock.net.nz](mailto:Lindsay.main@caverock.net.nz)

**Trip Coordinator:**

Andy Barrett [andrew.barrett@liquidvoice.co.nz](mailto:andrew.barrett@liquidvoice.co.nz)

**Newsletters & Online Coordinator:**

Shannon Cook 021 809 088 [nzac.cw.newsletter@gmail.com](mailto:nzac.cw.newsletter@gmail.com)

**Treasurer & Library:**

John Roper Lindsay 021 395 513 [john@roperlindsay.com](mailto:john@roperlindsay.com)

**Arthur's Pass Lodge:**

John Henson 027 471 4075 [hensonj@xtra.co.nz](mailto:hensonj@xtra.co.nz)

**Section Evenings:**

Helen Sinclair 027 435 3674 [helen@helensinclair.com](mailto:helen@helensinclair.com)

**Crag Maintenance:**

Grant Piper 021 711 300 [grant.piper66@gmail.com](mailto:grant.piper66@gmail.com)

**Midweek Rock Climbing Coordinator:**

James Skeggs [nzacmidweekclimbing@gmail.com](mailto:nzacmidweekclimbing@gmail.com)

**Please Note**

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME  
PLEASE SEND TO [NZAC.CW.NEWSLETTER@GMAIL.COM](mailto:NZAC.CW.NEWSLETTER@GMAIL.COM)  
BY THE 25TH OF EACH MONTH AT THE LATEST