

UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



FEBRUARY/MARCH 2022

PHOTO: JIM PETERSEN, MOUNT BEALEY SUMMIT

FEBRUARY SECTION MEET

Canterbury Westland
Section Evening

Two Thumbs Brewing
380 Colombo Street

Thursday 9 February
Time: 7pm

Please join us for a relaxed evening of conversation & a drink at Two Thumbs Brewing.

Entry is free and everyone is welcome, you don't need to be an NZAC member to attend.

PLEASE NOTE CHANGE OF VENUE FOR THIS MONTHS SECTION MEET

Beta over Beers, at Two Thumbs Brewing Co.
380 Colombo Street, Sydenham, Christchurch
Thursday 9 February
Starts at 7pm. All welcome!

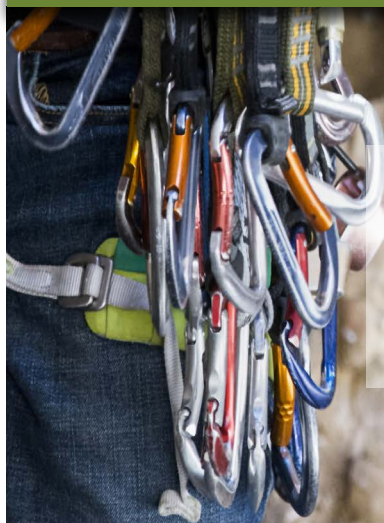
We've booked a BIG table for a hot summer chilled-out chin-wag, to catch up on the current conditions we have encountered over the summer and plan some autumn missions.

FACEBOOK / INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.



Future Section Evenings. Save these dates...



MARCH 9 - ANNA BROOKE SCHEIRLINCK TALKS ABOUT ALPINE RESCUE CANTERBURY, OF WHICH SHE IS A MEMBER.

BPRM

BANKS PENINSULA ROCK MEET

**17 – 19 March 2023
Pigeon Bay**

Everyone attending **MUST** register their interest by emailing
Grant Piper: grant.piper66@gmail.com
by Monday 13 March 2023
Cost pp is \$50



Banks Peninsula Rock Meet 17–19 March 2023

Save the date and don't forget to register with Grant as soon as you can.
This meet is open to everyone! Members & non-members.

THE OTHER DETAILS...

- Pigeon Bay
- Saturday night, BYO barbecue
- \$50pp to cover camping fees
- Climbing for all experience levels. Trad & sport.
- Please remember your helmets!

Contact & enquiries to Grant Piper
021 711 300
grant.piper66@gmail.com

Everyone attending **MUST** register their interest by
emailing Grant Piper grant.piper66@gmail.com
by Mon 13 March 2023

Other upcoming Club events & dates to keep...

MARCH SECTION TALK

March Section Talk

Anna Brooke Scheirlinck talks about Alpine Rescue Canterbury, of which she is a member. These are the volunteers who the emergency response service calls to help us if we get stuck in the Mountains. Anna will talk about the team and how we as climbers and the club can support their work.

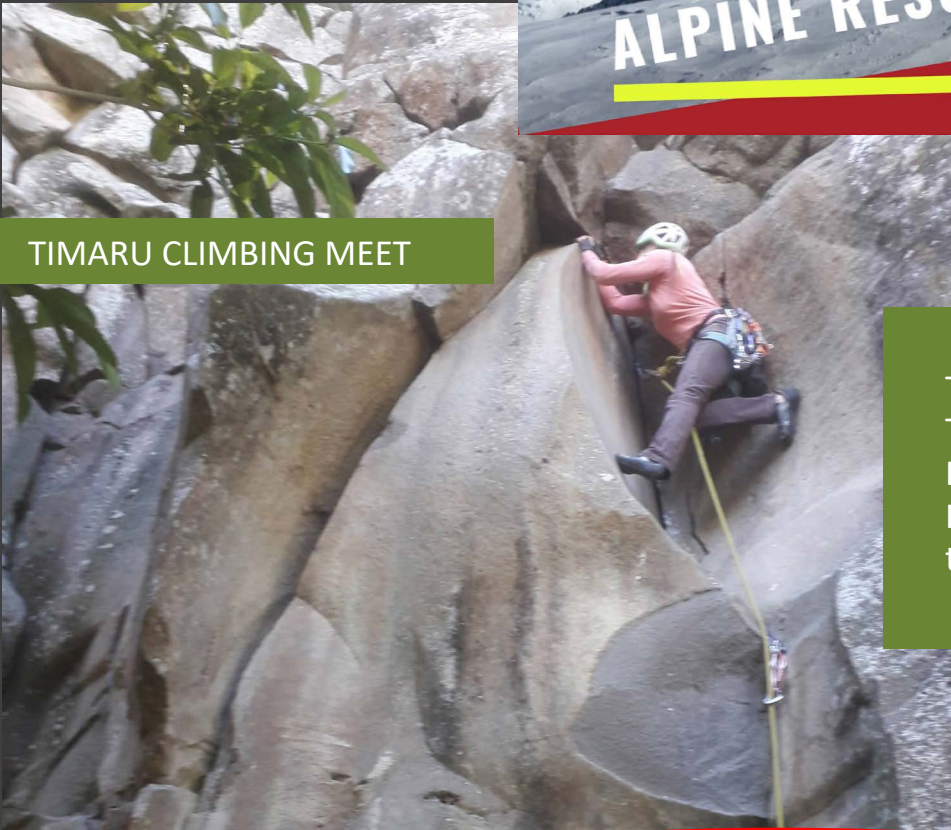


LAND SEARCH & RESCUE
Alpine Rescue Canterbury | Rapa Taiwhenua

ALPINE RESCUE CANTERBURY

Canterbury Westland Section Evening
The Cashmere Club, 50 Colombo Street
Thursday 9 February
Doors open: 7pm, Talk starts: 7:30pm

TIMARU CLIMBING MEET



Timaru Climbing Meet
Timaru
Date to be confirmed
Keep an eye out for more details
to come on Facebook & Instagram

WE NEED YOU!

Our volunteer Section meeting coordinator position has become available. If you, or you know someone who might be interested in this role please contact our Club Chairperson, Jim Petersen at cw.chairperson@gmail.com



NZAC Members Sport Multi Pitch Course

Saturday 1st April (back up day for wet weather - Sunday 2nd April)

Time - 8am to 5pm

Cost - \$125

THE DETAILS:

A one-day, NZAC members only Course to be held at Transmitter Crag in Christchurch and limited to 6 x students. You must be available for the reserve day - **NO EXCEPTIONS** so please don't apply if you are not available for both days - we would rather give the 6 x spots to those who can attend either day.

This course is suitable for those members who have a sport lead climbing and lead belaying background and know how to abseil. This is not a beginner's course.

WHAT WILL BE TAUGHT:

- Multi-pitch sport leading, setting anchors for Multi-pitch/managing the anchor station, swinging leads, belaying considerations including guide mode, Multi-pitch descents, and rope management.

EXTRA LESSONS IF TIME:

- Self rescue techniques, lowering from guide mode, 3:1 assisted hoist to get through challenging sections, and emergency lowering situations.

COST WILL COVER:

- Cost is \$125 & includes One day's instruction, chair lift fee to and from the Crag, all ropes, quickdraws and set up kits.

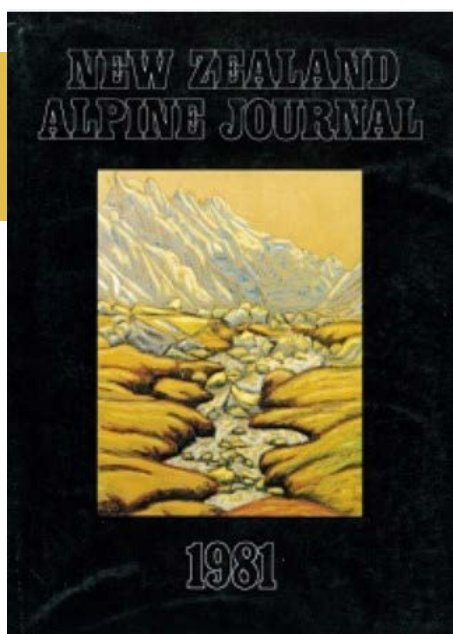
PLEASE PROVIDE:

- Harness, climbing helmet, rock shoes, ATC type belay device (with guide mode) and large locking biner, personal anchor/safety chain and locking biner, short and long prusik and locking biner, 120cm sewn sling, additional 1 x locking and 1 x snap gate biners.

UPON APPLYING:

- Please provide your full name, age, phone number, NZAC members number and details of your climbing/belaying/abseiling ability and recent climbing activity and use the subject line of **'Sport multi-pitch course'**.

Contact Clayton on cw.summerinstruction@gmail.com



NEW ZEALAND ALPINE CLUB JOURNALS FROM THE 1970S TO THE PRESENT DAY TO GIVE AWAY

NZ Alpine journals from the 1970's to the present day and almost complete to give away.

If you're interested, please contact Peter Miller millerp@xtra.co.nz



Unwin Lodge Easter Meet

6 - 10 April

THE DETAILS:

Thursday 6th (evening departure) to Monday 10th April.

COST: \$20 per person (NZAC adult rate), per night plus fuel reimbursement if you need to share a ride.

Our popular long weekend trip to Aoraki/Mt Cook National Park, staying at NZAC Unwin Lodge.

There are just 18 x bunks reserved for the C/W section for this part of the organised weekend and to secure a bunk, you must email Pip and Simon at Unwin Lodge on unwin@alpineclub.org.nz and then contact Clayton Garbes (see details at the end) You can't just turn up unannounced to Unwin Lodge.

Cost will be \$20 for NZAC adult members per night to be paid to Pip and Simon with eftpos or cash, unless they request a bank transfer - please ask the preferred method when emailing them.

This will not be a instruction or guided weekend so please come up with a plan of what you would like to do, within your ability level and have the necessary equipment and if you are without a partner for the weekend, I will try and fit you in with like minded people.

Day options could include walks to Mueller Hut and surrounding Peaks, Sefton Biv, Hooker Valley, Mt Sebastapol, Pack rafting, Mountain biking, multi pitch sport and single pitch sport and trad climbing and much more!

Info can be found in the Aoraki Tai Poutini Guide book or online on climbnz.org.nz

Evening options could include a barbecue (please let me know if you can bring one?), pot luck dinners (always popular) or a quiz evening.

House keeping: You must take all your rubbish and recycling with you (bring appropriate bags etc), clean up after yourself in the communal

areas after each meal, tidy up after your self in the bathroom and bunk rooms upon leaving at the end of the weekend. There is usually a roster on the white board in the lobby area and which bunk room you are allocated to.

CONTACT: Clayton and provide him with the following details cw.summerinstruction@gmail.com

DON'T FORGET TO BOOK YOUR BED FIRST!

- Full name
- Phone number
- What you would like to do for the weekend. Do you need to buddy up with anyone?
- Travel arrangements. Do you need a ride (from where & what time?) Or can bring a car and take passengers?

REEL ROCK 17



SCREENING IN MARCH 2023

**Christchurch 30 March
Save the date!**



PROTECT CANTERBURY

If you suspect you have seen this plant, please take a photo, note the location and report the sighting using the Find-A-Pest App or at ReportPests.nz

African Love Grass

Eragrostis curvula



► **IMPACTS:** Rapidly forms dense stands, displacing native flora and reducing valuable pasture species. It is unpalatable to stock and can tolerate fire, drought, and frost conditions as well as poor soils. Produces masses of widely dispersed long lived seed.

► **HABITAT:** tussock land, steep dry sites, scrub, coastal cliff, roadsides, riparian margins, gravel beds.

► **IDENTIFICATION:**

- Clump-forming, perennial grass up to 1.5m tall
- Narrow leaves, bright green that curl at the tips and are harsh to touch
- Black-ish purple, oval seeds attached to >1m arching stems in summer
- Flower heads are pyramid shaped with small white flowers
- Fibrous roots, up to 50cm deep.



Image credit

Top: Daniel Oscar Molina/
iNaturalist, CC BY 4.0

Left: Rob Palmer/*iNaturalist*,
CC BY 4.0

Right: Dave Richardson/*iNaturalist*,
CC BY 4.0

Midweek Rock Climbing

To join the midweek rock climbing group send our midweek climbing coordinator, James Skeggs, an email to nzacmidweekclimbing@gmail.com and you'll be sent a Google form for emergency contact details, and then added to the Google group.

WELCOME TO MIDWEEK CLIMBING!

Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

If interested, please send an email to James Skeggs at nzacmidweekclimbing@gmail.com and you'll be sent the sign-up form. All are welcome and you don't need to be a NZAC member to join.

PLEASE NOTE

Mid week climbing organizers do not provide guiding or instruction and individuals within the group are responsible for their own safety.

You will need a harness, rock shoes, belay device, locking carabiner, and helmet. Please also let the person in charge know what equipment you have and if unknown to them your climbing experience.

Cheers,
James



CANTERBURY WESTLAND
SECTION OF NZAC
**CHECK IN
LIKE US
TAG US**

FACEBOOK & INSTAGRAM!



SECTION LIBRARY

Section Library: Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line [HERE](#)

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

Library policies: You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

Returns: Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

Email: John Roper Lindsay
john@roperlindsay.com
or call/text 021 395 513



WEEKLY ACTIVITY OPTIONS

Lead a Trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst
cw.tripscoordinator@gmail.com

Midweek mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact
Pat Prendergast on 337 0079 or email
pat@slingshot.co.nz

Mid Week Rock Climbing: Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing coordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If interested, please send an email to:
nzacmidweekclimbing@gmail.com
and you'll be sent the sign-up form.

All are welcome, including non members.

WE NEED YOU

The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip
<https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below).
- Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning
- The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page
Email: Shannon at nzac.cw.newsletter@gmail.com
- You organise the participants and do pre-trip preparations

This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email: Email Andy Barrett
cw.tripscoordinator@gmail.com

Some Ideas! Mt Aiken, Binser, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience?

Helen Sinclair, our section meeting co-ordinator is the person to contact.

Helen organises speakers to share their outdoor experiences with the rest of our community. If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Helen either by phone or email.

P: 027 435 3674 E: helen@helensinclair.com



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form

and have them understand, sign and return it to you in advance of the trip.

- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be

required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.

- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You maybe asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit... <https://alpineclub.org.nz/membership-benefits/>

To visit any of the retailers below, click on their logo.



CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

Section Library: [CLICK HERE](#)



Chairperson:

Jim Petersen 022 620 0619 cw.chairperson@gmail.com

Secretary:

David Jefferson djamesjefferson@gmail.com

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@gmail.com

Summer Instruction Coordinator:

Clayton Garbes 027 446 1562 cw.summerinstruction@gmail.com

Winter Instruction Coordinator:

Sam White cw.winterinstruction@gmail.com

Gear Custodian:

Ben Scott cw.gearhire@gmail.com

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Trip Coordinator:

Andy Barrett andrew.barrett@liquidvoice.co.nz

Newsletters & Online Coordinator:

Shannon Cook 021 809 088 nzac.cw.newsletter@gmail.com

Treasurer & Library:

John Roper Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensonj@xtra.co.nz

Section Evenings:

Helen Sinclair 027 435 3674 helen@helensinclair.com

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Midweek Rock Climbing Coordinator:

James Skeggs nzacmidweekclimbing@gmail.com

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME
PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST