

UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



APRIL 2023

PHOTO: JIM PETERSEN, MOUNT BEALEY SUMMIT

APRIL SECTION MEET

Canterbury Westland
Section Evening

The Cashmere Club
50 Colombo Street

Thursday 13 April
Doors open: 7pm
Talk starts: 7:30pm

If you want to purchase an alcoholic drink from the bar, you must show a Guest pass. You can pick one of these up inside the room we meet in where they'll be on a table near the door.

Entry is free and everyone is welcome, you don't need to be an NZAC member to attend.

April

SECTION MEET

The Audacious Adventures of Mark Sedon

THURS 13 APRIL

- ✓ Broken back in an Avalanche
- ✓ Close encounter with erupting volcano
- ✓ Starving in a shipping container
- ✓ Fire & broken mast in Southern ocean
- ✓ Climbing Everest & saving Sherpas life
- ✓ Kite skiing 2,000km across Antarctica

FACEBOOK / INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.



Future Section Evenings. Save these dates...



MAY: PETER LAURENSEN/KHUMBU BOOK
THURS 11 MAY
CASHMERE CLUB

JUNE: BANFF FILM FESTIVAL WORLD TOUR
DATES TBC
AURORA CENTRE

Banks Peninsula Rock Meet 17-19 March 2023

March 17 - 19 Grant Piper, aka Grubbie, held the annual Banks Peninsula Rock Meet.

It was supported by 25 climbers, from seasoned veterans, to the new and upcoming climbers who were willing to sample and explore the lesser frequented crags that are in reasonable proximity to Christchurch.

The threatening weather on Friday night, kept low key enough for everyone to get out onto the vertical playgrounds of Panama Rock, Otepatotu, Dragon Crags, Holmes Bay and Little River.

Saturday night was the highlight of the social climbing calendar, with the barbecue held at Pigeon Bay.

Surplus Funds of approximately \$500, are being donated to Aotearoa Climbing Access Trust. (Awaiting committee ratification and account finalisation).

Thanks for the great climbing camaraderie and company.

Grant Piper



Mt Oates Club trip

Darius, Ella, Adam and I smashed a neat weekend mission in Arthur's Pass at the beginning of March. Mt Oates (2041m) is a craggy rock pile standing 400m above lake Mavis, which is easily accessible from goat pass at the top of the Mingha river. In ideal conditions it is one of the nicest camping spots in the park. We were staring down the barrel of a forecast loaded with rain late on Saturday, so instead we decided to pack lighter and descend to stay at Goat Pass Hut on Saturday night. Thank you to Adam for that idea. We beat the rain to the summit, just.

We made good time on the ascent. Even with a diversion around the crux move due to short leggedness (and average rock climbing skills) making it impossible for Ella and me to get onto the slab - I can't remember Darius's excuse for not hopping onto it and pulling us up. We topped out at 3pm in clear air with great views of Mt Franklin and the Eastern part of the park. The wet sou-wester was approaching and threatening to defeat the warm Nor-easter, so we blasted down to Goat Pass hut for dinner, a few hands of rummy and an early night in the company of a bunch of Te Araroa Trail walkers.

The rain came in during the night and later, on the walk out, we could see fresh snow on the tops. The trampers who followed us up to camp at the lake would have packed up their tents in falling snow.

Jim Petersen





FLYING GECKOS CLIMBING CAMP



JANUARY
2023

THE 2023 GECKOS GROUP



What better way could there be to spend the last week of your summer holidays than clinging to a cliff by your finger tips? That's precisely what this adventurous bunch from the Flying Geckos chose to do at the end of January this year.

The 2023 Flying Geckos climbing camp, based at Motupipi School this year, saw each of the young climbers face their own personal challenges at Pohara and Paynes Ford over seven days—mostly leading, some top-roping, and some multi-pitching. The generosity of the Canterbury/ Westland section of the NZAC allowed them to fully explore the many crags in the area thanks to their provision of heavily subsidised Golden Bay climbing guides for which the Geckos are extremely grateful!



CHIEF INSTRUCTOR: CHRIS NORTH



SPENCER MENZIES AND OLIVER CHINN



PARENT: ROB MENZIES



FLYING GECKOS CLIMBING CAMP

A highlight for many was having a crack at 1080 and the letter G (23) with its epic overhang and chance to bat-hang high above the Takaka valley - with encouragement close at hand from a crowded ledge full of supporters (all clipped in to safety lines in case you were worried.....)

The intense week of climbing was punctuated by good times swimming, slacklining and jumping into the river and wandering the funky shops of Takaka.

We had a fantastic night at Sandcastles when our planned pizza night turned into an impromptu Ceilidh with Steve on the (drummy thing) and Will on the fiddle. We had a blast!



CEILIDH FUN



ISLA COOK TAKING THE PLUNGE



GRAYSON MEACLEM - BAT HANDS ON THE BAT HANG



FLYING GECKOS CLIMBING CAMP

Asked about the camp, one participant said “Climbing Camp was awesome. Personally it helped me become more confident belaying and climbing outdoors, but I know as a group everyone pushed themselves and had loads of fun. All the climbs I did were truly unforgettable, I really enjoyed 1080 and am so grateful that we had the opportunity to climb in Takaka. Genuinely loved using the guide book, it definitely improved the overall experience of the camp.”

All were very keen to return next year so if any instructors out there are keen to donate a week of their summer to supporting an awesome group of kids to develop their passion for climbing, please get in touch with us at enquiries@flyinggeckos.co.nz



KAYLA MUIRSON ON RESPONSIBLE LUNGES (25)



OLIVER CHINN ON RESPONSIBLE LUNGES (25)



FLYING GECKOS CLIMBING CAMP

We would like to thank Chris North for being our incredible lead instructor this year, and all the parent helpers who generously donated their time and skills to making this week one to remember for all involved. The climbers particularly appreciated Sefton's instruction (sometimes from the branch of a nearby tree....) and his generous spraying of Beta for the more challenging climbs.

We were very sad that Tony Burnell was unable to join us this year and would like to acknowledge all the work Tony has put in to teaching and mentoring our youngsters to climb safely outdoors over the course of many years. We would also like to thank Eileen for sharing her awesome spreadsheets which helped us to organise the camp at pretty short notice.

Article & photos Alison Cook



NGAIRE NORTH ON THAT'S NOT MY NAME (24)



OLIVER CHINN



Unwin Lodge Easter Meet

6 - 10 April

THE DETAILS:

Thursday 6th (evening departure) to Monday 10th April.

COST: \$20 per person (NZAC adult rate), per night plus fuel reimbursement if you need to share a ride.

Our popular long weekend trip to Aoraki/Mt Cook National Park, staying at NZAC Unwin Lodge.

There are just 18 x bunks reserved for the C/W section for this part of the organised weekend and to secure a bunk, you must email Pip and Simon at Unwin Lodge on unwin@alpineclub.org.nz and then contact Clayton Garbes (see details at the end) You can't just turn up unannounced to Unwin Lodge.

Cost will be \$20 for NZAC adult members per night to be paid to Pip and Simon with eftpos or cash, unless they request a bank transfer - please ask the preferred method when emailing them.

This will not be a instruction or guided weekend so please come up with a plan of what you would like to do, within your ability level and have the necessary equipment and if you are without a partner for the weekend, I will try and fit you in with like minded people.

Day options could include walks to Mueller Hut and surrounding Peaks, Sefton Biv, Hooker Valley, Mt Sebastapol, Pack rafting, Mountain biking, multi pitch sport and single pitch sport and trad climbing and much more!

Info can be found in the Aoraki Tai Poutini Guide book or online on climbnz.org.nz

Evening options could include a barbecue (please let me know if you can bring one?), pot luck dinners (always popular) or a quiz evening.

House keeping: You must take all your rubbish and recycling with you (bring appropriate bags etc), clean up after yourself in the communal

areas after each meal, tidy up after your self in the bathroom and bunk rooms upon leaving at the end of the weekend. There is usually a roster on the white board in the lobby area and which bunk room you are allocated to.

CONTACT: Clayton and provide him with the following details cw.summerinstruction@gmail.com

DON'T FORGET TO BOOK YOUR BED FIRST!

- Full name
- Phone number
- What you would like to do for the weekend. Do you need to buddy up with anyone?
- Travel arrangements. Do you need a ride (from where & what time?) Or can bring a car and take passengers?

NZAC TRAD ANCHOR / ROPE RESCUE COURSE



SATURDAY 6 MAY 8AM - 5PM

A one day NZAC members course (back up day for wet weather, Sunday 7th May) Designed to unskill and refresh on the finer points of trad climbing anchors and placements, and basic rope rescue skills needed on a multi pitch environment and based on the Port Hills in Christchurch.

COURSE DETAILS

This course IS NOT a beginners course and at a minimum, you must have done the basics of trad lead climbing and know how to lead belay and abseil.

WHAT WILL BE TAUGHT:

- Multi point trad anchors
- Trad piece placements
- Personal rope rescue skills
- Escape the belay
- Unload a loaded belay device
- Facilitate a simple assisted hoist system
- Safety abseil
- Trouble shooting

EQUIPMENT REQUIRED:

- Harness
 - Rock shoes
 - Helmet.
 - Belay device with guide mode and large locking biner.
 - Large and short prusic and locking biner
 - Personal anchor / safety chain and locking biner
 - 2 x 120cm sewn or untied slings
 - Additional 2 x snap gate and 1 x screw gate biners.
- (If short of any of the above - please let me know)

EQUIPMENT PROVIDED:

- *Ropes
- Trad racks
- Quick draws
- Set up gear for the top of the Crag

COST:

\$150 will cover a days instruction, all the 'provided' equipment and any 'required' equipment you need to borrow.

REQUIREMENTS:

NZAC members only (just 8 x spots available), available for both the course and back up day, starting at 8am and finishing by 5pm.

CONTACT DETAILS:

Please contact Clayton on cw.summerinstruction@gmail.com with your full name, phone number, NZAC members details and climbing experience.

CANTERBURY WESTLAND
SECTION OF NZAC
**CHECK IN
LIKE US
TAG US**
FACEBOOK & INSTAGRAM!



SECTION LIBRARY

Section Library: Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line [HERE](#)

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

Library policies: You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

Returns: Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

Email: [John Roper Lindsay](mailto:John.Roper.Lindsay@nzac.org.nz)
john@roperlindsay.com
or call/text 021 395 513



WEEKLY ACTIVITY OPTIONS

Lead a Trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst
cw.tripscoordinator@gmail.com

Midweek mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact
Pat Prendergast on 337 0079 or email
pat@slingshot.co.nz

Mid Week Rock Climbing: Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing coordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If interested, please send an email to:
nzacmidweekclimbing@gmail.com
and you'll be sent the sign-up form.

All are welcome, including non members.

WE NEED YOU

The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip
<https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below).
- Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning
- The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page
Email: Shannon at nzac.cw.newsletter@gmail.com
- You organise the participants and do pre-trip preparations

This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email: Email Andy Barrett
cw.tripscoordinator@gmail.com

Some Ideas! Mt Aiken, Binsler, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience?

Caitlin Erickson, our section meeting co-ordinator, is the person to contact.

Caitlin organises speakers to share their outdoor experiences with the rest of our community. If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Caitlin either by phone or email.

Email: cerickson717@gmail.com



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form

and have them understand, sign and return it to you in advance of the trip.

- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be

required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.

- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You maybe asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit... <https://alpineclub.org.nz/membership-benefits/>

To visit any of the retailers below, click on their logo.



CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

Section Library: [CLICK HERE](#)



Chairperson:

Jim Petersen 022 620 0619 cw.chairperson@gmail.com

Secretary:

David Jefferson djamesjefferson@gmail.com

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@gmail.com

Summer Instruction Coordinator:

Clayton Garbes 027 446 1562 cw.summerinstruction@gmail.com

Winter Instruction Coordinator:

Sam White cw.winterinstruction@gmail.com

Gear Custodian:

Ben Scott cw.gearhire@gmail.com

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Trip Coordinator:

Andy Barrett andrew.barrett@liquidvoice.co.nz

Newsletters & Online Coordinator:

Shannon Cook 021 809 088 nzac.cw.newsletter@gmail.com

Treasurer & Library:

John Roper Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensonj@xtra.co.nz

Section Evenings:

Caitlin Erickson cerickson717@gmail.com

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Midweek Rock Climbing Coordinator:

James Skeggs nzacmidweekclimbing@gmail.com

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME
PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST