

UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



MAY 2023

PHOTO: JIM PETERSEN, MOUNT BEALEY SUMMIT

MAY SECTION MEET

Canterbury Westland
Section Evening

The Cashmere Club
50 Colombo Street

Thursday 11 May
Doors open: 7pm
Talk starts: 7:30pm

If you want to purchase an alcoholic drink from the bar, you must show a Guest pass. You can pick one of these up inside the room we meet in where they'll be on a table near the door.

Entry is free and everyone is welcome, you don't need to be an NZAC member to attend.

CHECK OUT THE SPECIAL OFFER!

KHUMBU

Gateway to Mount Everest
PATHWAYS TO KINSHIP

Peter Laursen

NZ Mountain Film & Book Festival
Mountain & Adventure
Heritage Winner

2022 Mountain and Adventure
Heritage Category winner

Handover of Khumbu to the two Sherpas in Peters book

● CANTERBURY WESTLAND SECTION EVENING ● THURSDAY 11 MAY 2023 ● THE CASHMERE CLUB ●

Khumbu pathways to kinship

Peter's story encompasses seven trekking journeys spanning more than thirty years to Khumbu, the Nepalese gateway to Mount Everest and home to the Sherpa people. Read more about Peter's upcoming talk by going to our event listing on Facebook. You'll also find details there for a special offer on his book.

[CLICK HERE TO GO TO EVENT LISTING](#)

FACEBOOK / INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.



Future Section Evenings. Save these dates...

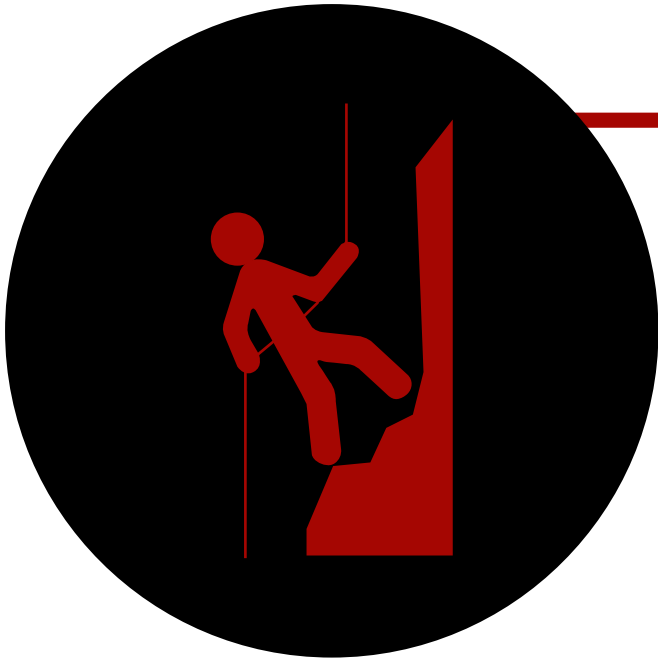


**JUNE: BANFF FILM FESTIVAL WORLD TOUR
DATES TBC**

AURORA CENTRE

**JULY: ELLIOT O'BRIEN. CLIMBING IN BOLIVIA,
PERU, & ARGENTINA**

We need you!



Midweek climbing coordinator

The midweek climbing coordinator, coordinates an email group of people to go on climbing sessions after work or on the weekends. They are not solely responsible for setting up the sessions as anyone within the email group can do that, they just provide support if required.

The midweek climbing coordinator is also not someone who provides guiding or instruction and individuals within the group are responsible for their own safety.

Is this something you feel you can help us with? Then please contact Jim Petersen
cw.chairperson@gmail.com




Trips coordinator

As trips coordinator you help guide those who want to lead a trip with all the right information they require to lead a trip successfully. The trip coordinator also helps with any questions in regards to the planning and tells you who to contact within the club if you wish to advertise for more participants

Is this something you feel you can help us with? Then please contact Jim Petersen
cw.chairperson@gmail.com

ReelRock 17

A close-up photograph of climbing gear, including a blue rope, a yellow carabiner, and a silver locking device, set against a dark background.

After a break of several years due to COVID, the Canterbury/ Westland section hosted REELROCK 17 in March. A great lineup of films was enjoyed by the packed auditorium of climbing enthusiasts.

Thanks to the sponsors for providing some great climbing swag to give away as spot prizes!

Proceeds from this screening are supporting local crag maintenance across Banks Peninsula and a donation of just over \$400 has been made to the Land SAR Alpine Cliff Rescue team.

Thanks to everyone who came out to support the event. See you again at REELROCK 18 next year!

NZAC TRAD ANCHOR / ROPE RESCUE COURSE



SATURDAY 6 MAY 8AM - 5PM

A one day NZAC members course (back up day for wet weather, Sunday 7th May) Designed to unskill and refresh on the finer points of trad climbing anchors and placements, and basic rope rescue skills needed on a multi pitch environment and based on the Port Hills in Christchurch.

COURSE DETAILS

This course IS NOT a beginners course and at a minimum, you must have done the basics of trad lead climbing and know how to lead belay and abseil.

WHAT WILL BE TAUGHT:

- Multi point trad anchors
- Trad piece placements
- Personal rope rescue skills
- Escape the belay
- Unload a loaded belay device
- Facilitate a simple assisted hoist system
- Safety abseil
- Trouble shooting

EQUIPMENT REQUIRED:

- Harness
 - Rock shoes
 - Helmet.
 - Belay device with guide mode and large locking biner.
 - Large and short prusik and locking biner
 - Personal anchor / safety chain and locking biner
 - 2 x 120cm sewn or untied slings
 - Additional 2 x snap gate and 1 x screw gate biners.
- (If short of any of the above - please let me know)

EQUIPMENT PROVIDED:

- *Ropes
- Trad racks
- Quick draws
- Set up gear for the top of the Crag

COST:

\$150 will cover a days instruction, all the 'provided' equipment and any 'required' equipment you need to borrow.

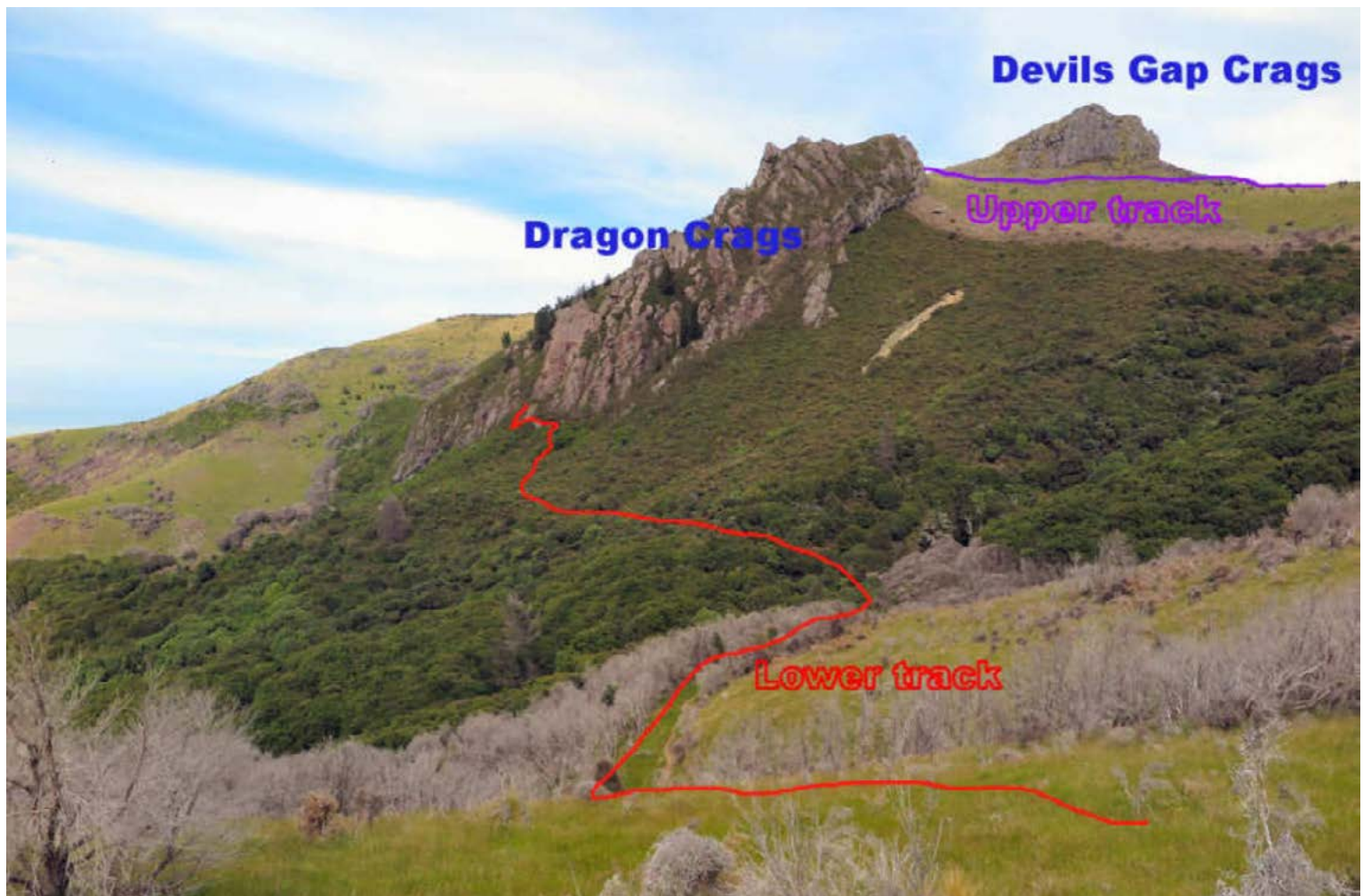
REQUIREMENTS:

NZAC members only (just 8 x spots available), available for both the course and back up day, starting at 8am and finishing by 5pm.

CONTACT DETAILS:

Please contact Clayton on cw.summerinstruction@gmail.com with your full name, phone number, NZAC members details and climbing experience.

Dragon Crag - Gorse Control Working Bee



The details...

- May 6 or 7
- Weather dependent
- Meet at car park at 9am
- Bring your own loppers, saw, and stump paste if you have them. Some will be available to loan on the day.
- Bring your regular climbing gear + gorse resistant gloves and trousers are recommended.
- Preferably 1 rappel rope per climber so we can clear a line each
- Register your car [here](#) as per usual
- Organise your own car pooling or contact Felix at 021 261 2484 or felixcollins@yahoo.com

A photograph of two rock climbers on a steep, reddish-brown rock face. One climber is higher up, and another is lower down. The background shows a vast valley with a forest and distant mountains under a clear blue sky.

banffmountainfestival.ca/tour

BANFF CENTRE

**MOUNTAIN
FILM FESTIVAL
WORLD TOUR**

© Simon Carter

BANFF CHRISTCHURCH DATES

[AURORA CENTRE](#) Burnside High School 151 Greers Road Burnside

7th June, 7pm - [TASMAN PROGRAM](#)

8th June, 7pm - [RUAPEHU PROGRAM](#)

9th June, 7pm - [TASMAN PROGRAM](#)

10th June (matinee), 2pm - [TASMAN PROGRAM](#)

10th June (evening), 7pm - [RUAPEHU PROGRAM](#)

**CLICK HERE
FOR
TICKETS**

WINTER INSTRUCTION 2023

BASIC (4 - 6 AUGUST AND 18 - 20 AUGUST)
INTERMEDIATE SNOWCRAFT (25 - 27 AUGUST)



Dates have been confirmed for the 2023 Canterbury Westland Winter Instruction Courses

- *Basic (4 - 6 August and 18 - 20 August)*
- *Intermediate Snowcraft (25 - 27 August)*

Select your course of interest for all the beta including registration details

**BASIC
CLICK HERE**

**INTERMEDIATE
CLICK HERE**

Note spaces on the intermediate course are limited but there is a possibility of setting up a second intermediate course.

We also plan to run an Avalanche Awareness course but at this stage the dates have not been confirmed.

Any questions, please contact Sam White on cw.winterinstruction@gmail.com

MARK SEDON

APRIL SECTION TALK REVIEW



We had a fantastic turn out at the Cashmere Club for our monthly section evening with our guest speaker Mark Sedon, promoting his book *'What Could Possibly Go Wrong?'*

An incredibly humble man that has explored some of the most remote parts of the earth and with an extremely impressive guiding career. Mark speaks of Summiting Everest as 'easy' which had me considering putting it on my bucket list!

Mark shared a fabulous array of photographs at the section evening but really captured us with his kite tales, after being in the 'right place' at the 'right time' and joining an expedition across Antarctica as the 'camera man'

Check out his book *'What Could Possibly Go Wrong?'* at Kiwiskiguide.com

Caitlin Erickson

NZAC CANTERBURY WESTLAND SECTION

GEAR HIRE

FOR NZAC MEMBERS ONLY

HIRE

EQUIPMENT LIST

- Crampons (12 x pair, fully adjustable)
- Walking ice axes (12 from size 60cm to 70cm)
- Technical ice axes and hammers (5 pairs of various brands)
- Avalanche kits (12 transceiver, shovels & probes. Transceivers use 3 x AAA batteries - not included)
- Helmets (12)
- Snow shoes (2 pairs of MSR evo ascent & 2 pairs of MSR lightning ascent)
- Snow stakes (8 with mid clip wire)
- Ice screws (16 screws, various sizes 13cm to 22cm)

NZAC members can hire gear on behalf of non-members on the same trip they are attending with the knowledge that the NZAC member is responsible for any loss or damage.

PRICING

Prices:

- \$20 per day for Avalanche Rescue Kits
- \$10 per day, for ice screws & pitons: two items
- \$10 per day, per item for all other items
- Payment is by bank transfer

CONTACT

CONTACT BEN SCOTT:

Text: 021 236 8413

Email: cw.gearhire@gmail.com

Please give your full name, membership number, equipment you require and the dates you require it for. Please do not ask to hire equipment on a Friday or Saturday at the last minute.

Other Gear hire options in Christchurch include:

Bivouac at Tower Junction – click [here](#)

Further Faster in Sydenham – click [here](#)



CANTERBURY WESTLAND
SECTION OF NZAC
**CHECK IN
LIKE US
TAG US**

FACEBOOK & INSTAGRAM!



SECTION LIBRARY

Section Library: Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line [HERE](#)

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

Library policies: You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

Returns: Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

Email: [John Roper Lindsay](mailto:John.Roper.Lindsay@nzac.org.nz)
john@roperlindsay.com
or call/text 021 395 513



WEEKLY ACTIVITY OPTIONS

Lead a Trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst
cw.tripscoordinator@gmail.com

Midweek mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact
Pat Prendergast on 337 0079 or email
pat@slingshot.co.nz

Mid Week Rock Climbing: Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing coordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If interested, please send an email to:
nzacmidweekclimbing@gmail.com
and you'll be sent the sign-up form.

All are welcome, including non members.

WE NEED YOU

The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip
<https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below).
- Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning
- The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page
Email: Shannon at nzac.cw.newsletter@gmail.com
- You organise the participants and do pre-trip preparations

This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email: Email Andy Barrett
cw.tripscoordinator@gmail.com

Some Ideas! Mt Aiken, Binsler, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



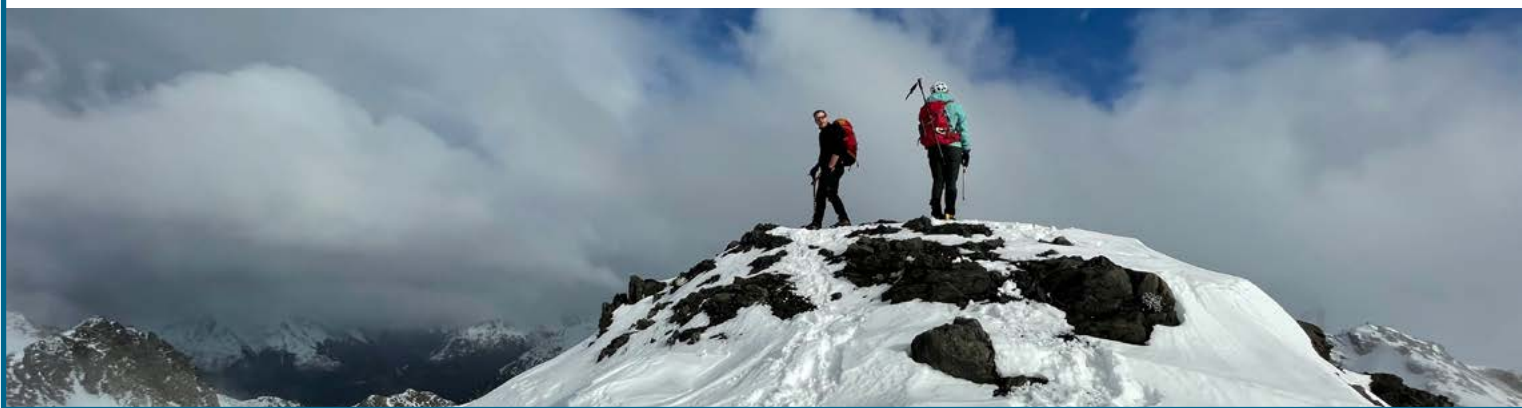
KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience?

Caitlin Erickson, our section meeting co-ordinator, is the person to contact.

Caitlin organises speakers to share their outdoor experiences with the rest of our community. If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Caitlin either by phone or email.

Email: cerickson717@gmail.com



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form

and have them understand, sign and return it to you in advance of the trip.

- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be

required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.

- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You may be asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit... <https://alpineclub.org.nz/membership-benefits/>

To visit any of the retailers below, click on their logo.

