

UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



JULY 2023

PHOTO: JIM PETERSEN, MOUNT BEALEY SUMMIT

SECTION MEET: THURS 6 JULY

Canterbury Westland
Section Evening

The Cashmere Club
50 Colombo Street

Thursday 6 July
Doors open: 7pm
Talk starts: 7:30pm

If you want to purchase an alcoholic drink from the bar, you must show a Guest pass. You can pick one of these up inside the room we meet in where they'll be on a table near the door.

Entry is free and everyone is welcome, you don't need to be an NZAC member to attend.



Our July talk...

Elliott O'Brien

Going fast, light and cheap in the Andes

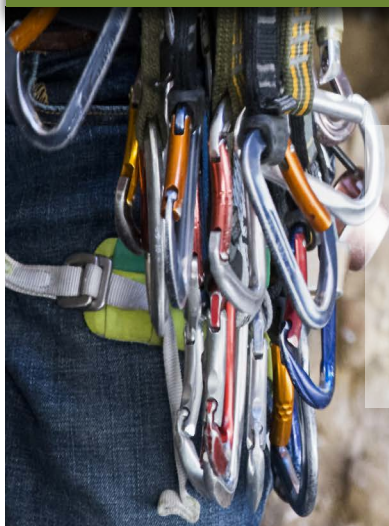
Elliott has made three mountaineering expeditions to the Andes (2013, 2019 and 2022) to Peru, Bolivia and Argentina respectively. His approach accommodates climbing multiple peaks above 6000m in a three to four week period, unguided and organising his own logistics, with one climbing partner. Over the three expeditions, he's also dabbled in mountain biking, paragliding and trekking in the jungle. This talk will encapsulate the challenges and opportunities for Kiwi mountaineers mounting expeditions with mates in the Andes without breaking their budget or their annual leave allotments.

FACEBOOK / INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.



Future Section Evenings. Save these dates...



AUGUST: THURS 10 AUG
SEPTEMBER: THURS 14 SEPT
OCTOBER: THURS 12 OCT
BUY/SELL GEAR NIGHT



2023 Canterbury Westland Section Winter & Spring Trip Calendar

"Hello everyone, Jim here. I'm building our trip calendar for Winter and Spring 2023.

As you can see below we have a number of cool missions of various grades and genres to get your crampons and axes into. Everything from day trips to overnight high camps, to three and four-day weekenders. We will advertise them on the NZAC Website, with a link to registration forms for each trip and also on facebook too.

In the meantime if you want to lock in your place early, just contact me by my not-so-secret early-access-list email at cw.chairperson@gmail.com, to register for any of these trips:

AUGUST:

11-13 Cassidy Blimmit - Adam

SEPTEMBER:

1-2: Mt Philistine - Neil Hamilton

29-30: Moonlight Traverse - Jim and Kate B

OCTOBER:

6-8: Mt Franklin - Jim

14-15: Mt Valiant - Sam

20-23: (Labour Weekend) Mt Murchison or Arrowsmith, Grade 2 - Jim and Adam

NOVEMBER:

16 -19: Dunedin Adventure weekend - Clayton

We would love to lock in some more on our calendar and it would be great to see some women leading trips, a ski touring weekend, and maybe some rock climbing at Labour weekend. Also, if you were in our mentoring programme last year and want to give back, I'd love to hear from you!

Let me know if you are keen to add some talented NZAC members to help you execute your desired mission this winter and spring!

Dunedin Adventure Weekend

Canterbury Anniversary Weekend (November 17th to 19th 2023)

The C/W sections most popular long weekend event and running for over 10 years. A weekend for all abilities and interests and you don't have to be a NZAC member to attend.

Activities will include rock climbing (sport and trad at all grades), bouldering, tramping, mountain biking and exploring all of what Dunedin has on offer (all weather conditions catered for so the weekend will go ahead, no matter what).

NOW is the time to book the time off on Thursday 16th November as we will have car pooling options leaving between 3pm and 5.30pm (to allow for the 4 to 4.5 hr drive).

We will be based in Long Beach as always, tenting/camping/staying at the Community Hall which we have booked out.

Further details will be advertised in the monthly newsletter of the C/W section or on our Facebook page.

For now - check the dates, book your time off and look out for contact/further details of the weekend from early August.



BANFF is a wrap for another year!

If you came to any of this year's screenings, we hope you enjoyed the show. And thank you for your support - the profits made allow the Canterbury Westland section to fund some amazing activities and initiatives for our members throughout the coming year.

If you missed out, or are still hungry for more, tickets to view the Tutoko programme online are available at <https://www.banff.nz/tickets>

Check out the trailers here... <https://www.banff.nz/programme-listings/#tutoko>

And don't forget to keep supporting our fantastic local sponsors... Uprising, Further Faster, and Two Thumb Brewing Co. who helped make Banff 2023 such a success.

See you in 2024!



FURTHERFASTER



**TWO
THUMB
BREWING CO.**

A large, thick red curved arrow pointing from the text above towards the Two Thumb Brewing Co. logo.

NZAC CANTERBURY WESTLAND SECTION

GEAR HIRE

FOR NZAC MEMBERS ONLY

HIRE

EQUIPMENT LIST

- Crampons (12 x pair, fully adjustable)
- Walking ice axes (12 from size 60cm to 70cm)
- Technical ice axes and hammers (5 pairs of various brands)
- Avalanche kits (12 transceiver, shovels & probes. Transceivers use 3 x AAA batteries - not included)
- Helmets (12)
- Snow shoes (2 pairs of MSR evo ascent & 2 pairs of MSR lightning ascent)
- Snow stakes (8 with mid clip wire)
- Ice screws (16 screws, various sizes 13cm to 22cm)

NZAC members can hire gear on behalf of non-members on the same trip they are attending with the knowledge that the NZAC member is responsible for any loss or damage.

PRICING

Prices:

- \$20 per day for Avalanche Rescue Kits
- \$10 per day, for ice screws & pitons: two items
- \$10 per day, per item for all other items
- Payment is by bank transfer

CONTACT

CONTACT BEN SCOTT:

Text: 021 236 8413

Email: cw.gearhire@gmail.com

Please give your full name, membership number, equipment you require and the dates you require it for. Please do not ask to hire equipment on a Friday or Saturday at the last minute.

Other Gear hire options in Christchurch include:

Bivouac at Tower Junction – click [here](#)

Further Faster in Sydenham – click [here](#)



CANTERBURY WESTLAND
SECTION OF NZAC

CHECK IN LIKE US TAG US

FACEBOOK, INSTAGRAM
& GROUP PAGE



SECTION LIBRARY

Section Library: Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line [HERE](#)

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

Library policies: You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

Returns: Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

Email: John Roper Lindsay
john@roperlindsay.com
or call/text 021 395 513



WEEKLY ACTIVITY OPTIONS

Lead a Trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst
cw.tripscoordinator@gmail.com

Midweek mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact
Pat Prendergast on 337 0079 or email
pat@slingshot.co.nz

Mid Week Rock Climbing: Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing coordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If interested, please send an email to:
nzacmidweekclimbing@gmail.com
and you'll be sent the sign-up form.

All are welcome, including non members.

WE NEED YOU

The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip
<https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below).
- Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning
- The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page
Email: Shannon at nzac.cw.newsletter@gmail.com
- You organise the participants and do pre-trip preparations

This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email: Email Andy Barrett
cw.tripscoordinator@gmail.com

Some Ideas! Mt Aiken, Binsar, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience?

Caitlin Erickson, our section meeting co-ordinator, is the person to contact.

Caitlin organises speakers to share their outdoor experiences with the rest of our community. If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Caitlin either by phone or email.

Email: cerickson717@gmail.com



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form

and have them understand, sign and return it to you in advance of the trip.

- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be

required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.

- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You may be asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit... <https://alpineclub.org.nz/membership-benefits/>

To visit any of the retailers below, click on their logo.



CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

Section Library: [CLICK HERE](#)



Chairperson:

Jim Petersen 022 620 0619 cw.chairperson@gmail.com

Secretary:

David Jefferson djamesjefferson@gmail.com

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@gmail.com

Summer Instruction Coordinator:

Clayton Garbes 027 446 1562 cw.summerinstruction@gmail.com

Winter Instruction Coordinator:

Sam White cw.winterinstruction@gmail.com

Gear Custodian:

Ben Scott cw.gearhire@gmail.com

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Trip Coordinator:

Andy Barrett andrew.barrett@liquidvoice.co.nz

Newsletters & Online Coordinator:

Shannon Cook 021 809 088 nzac.cw.newsletter@gmail.com

Treasurer & Library:

John Roper Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensonj@xtra.co.nz

Section Evenings:

Caitlin Erickson cerickson717@gmail.com

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Midweek Rock Climbing Coordinator:

Jonathan Tye nzacmidweekclimbing@gmail.com

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME
PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST