

UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC



AUGUST 2023

PHOTO: JIM PETERSEN, MOUNT BEALEY SUMMIT

NO SECTION MEET FOR AUGUST

We don't have a section talk this month so we suggest you spend that night digging through your gear closet to make a pile of stuff to bring to the gear sale in October.

Also don't forget to polish your rose tinted glasses in preparation for Geoff Gabites' talk about climbing during the renaissance of mountaineering with the outstanding Bill Denz in the 1970s. . Geoff is one of our club's great raconteurs. This is an event not to be missed. Few climbers today go as hard as Bill Denz and his peers did in the golden era of modern mountaineering in New Zealand.

- Jim Petersen, Section Chair

FACEBOOK / INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/Talks, Events, Trips, Courses and lots more. Share your trip photos and inspire others.



Future Section Evenings. Save these dates...



SEPTEMBER: THURS 14 SEPT
GEOFF GABITES/VOLUNTEER AWARD

OCTOBER: THURS 12 OCT
BUY/SELL GEAR NIGHT

Section Talk Review

Elliott O'Brien

Going fast, light and cheap in the Andes

Elliott O'Brien gave a talk at our July section meeting at the Cashmere Club, titled "Going fast, light and cheap in the Andes". Elliott has made 3 separate trips with one other person each time, to Peru, Bolivia and Argentina and, in addition to a really good description and photos of each trip, he went into some depth on the decisions they made, and why. A number of times they weren't able to climb the peaks they had intended, for a variety of reasons, and it was interesting to hear the thought processes behind these difficult decisions.

Elliott's first trip, to Peru in 2013, was relatively soon after Elliott started climbing and it was very apparent his skills had grown by the time he made the more recent trips, especially with regard to Avalanche Awareness. Also the ability to get up to date weather forecasts relatively simply and cheaply via an Inreach, which wasn't available in 2013, was obviously a big advantage in later trips.

Many climbers organize logistics through a local company but they kept things simple by doing all the organization themselves, and carrying all their gear themselves, except in Argentina where the quirks of the local permits made it easier and cheaper to use a donkey rather than not use a donkey!

For each trip, Elliott showed us his calendar for the trip, including acclimatization days, and although he was careful to acclimatize properly, a key strategy was to be fast on the mountain, with one multi day push from the base camp to the summit.

Elliott also showed us a "road-map" of his progression in climbing, from NZAC Basic Snowcraft to his current level.

We're grateful to Elliott for talking to us, and also to his ongoing commitment to giving back to the climbing community, including instructing on the same Basic Snowcraft course he attended!

John Roper-Lindsay

PHOTOS FROM TOP TO BOTTOM

- 1: GLACIER CAMP AT SUNSET BELOW ALPAMAYO, CORDILLERA BLANCA, PERU
PHOTO CREDIT, STEPHEN HONAN
- 2: DESCENDING THE SUMMIT RIDGE OF CHOPICALQUI, CORDILLERA BLANCA, PERU
PHOTO CREDIT, STEPHEN HONAN
- 3: MICHAEL GREER STARTING THE LONG WALK OUT FROM BASE CAMP ON ACONCAGUA, ARGENTINA
PHOTO CREDIT, ELLIOTT O'BRIEN
- 4: STEPHEN HONAN PHOTOGRAPHING SAJAMA, CORDILLERA OCCIDENTAL, BOLIVIA AT SUNSET
PHOTO CREDIT, ELLIOTT O'BRIEN



VOLUNTEER INSTRUCTOR TRAINING, JULY 2023

On a rather bleak weekend in early July, nine volunteer snowcraft instructors, along with our professional instructors Paul Aubrey and Tim Robertson, convened at the Arthurs Pass Lodge. With the rain pelting down on Saturday morning, time was spent in the lodge reviewing the necessary paperwork to run a Basic Snowcraft Course under the NZAC framework. The rain eased in the afternoon, but with the snow some hours travel away, Paul and Tim demonstrated how to teach cramponing techniques on a grass bank! A bit of lateral thinking is required when the weather is bad and the snow scarce. On Sunday, with a more promising forecast, we packed up and headed for the Craigieburn range. We found enough snow (just) to review step kicking and ice axe use. Whilst we got our

crampons on, with the limited snow being so soft they really weren't necessary.

A big thanks to our volunteer instructors who gave up their weekend for the Section - Elliot, Nat, Gilda, Neil, and Nicky - they will be running the Section Basic Snowcraft courses during August. We were also joined by Maree, Vicky and Josh from the Nelson Marlborough Section. Thanks to Paul and Tim for running the weekend, and NZAC for supporting the professional development of our volunteer instructors.

Sam White
Winter Instruction Coordinator

PHOTO CREDITS: MAREE HOLLAND





2023 Canterbury Westland Section Winter & Spring Trip Calendar

As you can see below we have a number of cool missions of various grades and genres to get your crampons and axes into. Everything from day trips to overnight high camps, to three and four-day weekenders.

Information and links to the registration forms for most of these are now up on the trips page of the NZAC Website. Each Trip is an event on our facebook page.

AUGUST:

11 - 13 Cassidy Blimmit - Adam Humphries. Click [here](#) for the event listing on Facebook & full details

SEPTEMBER:

1 - 2: Mt Philistine - Neil Hamilton. Click [here](#) for the event listing on Facebook

29 - 30: Moonlight Traverse - Jim Petersen and Kate B. Click [here](#) for the event listing on Facebook

OCTOBER:

6 - 8: Mt Franklin - Jim Petersen. Click [here](#) for the event listing on Facebook

14 - 15: Mt Valiant - Sam White. Details yet TBC

**20 - 23: (Labour Weekend) Mt Murchison or Arrowsmith, Grade 2 - Jim Petersen and Adam Humphries
Click [here](#) for the event listing on Facebook**

NOVEMBER:

16 -19: Dunedin Adventure weekend - Clayton. Click [here](#) for the event listing on Facebook

We would love to lock in some more on our calendar and it would be great to see some women leading trips, a ski touring weekend, and maybe some rock climbing at Labour weekend. Also, if you were in our mentoring programme last year and want to give back, we'd love to hear from you!

Let Jim know if you are keen to add some talented NZAC members to help you execute your desired mission this winter and spring! cw.chairperson@gmail.com

Dunedin Adventure Weekend

Canterbury Anniversary Weekend (November 17th to 19th 2023)

The C/W sections most popular long weekend event and running for over 10 years. A weekend for all abilities and interests and you don't have to be a NZAC member to attend.

Activities will include rock climbing (sport and trad at all grades), bouldering, tramping, mountain biking and exploring all of what Dunedin has on offer (all weather conditions catered for so the weekend will go ahead, no matter what).

NOW is the time to book the time off on Thursday 16th November as we will have car pooling options leaving between 3pm and 5.30pm (to allow for the 4 to 4.5 hr drive).

We will be based in Long Beach as always, tenting/camping/staying at the Community Hall which we have booked out.

Please contact Clayton at

cw.summerinstruction@gmail.com with your phone number, what activities you would like to do over the weekend so we can get you into groups of like-minded people and an idea on what time you can leave and if you need a ride or can provide a vehicle?



MONITORING

THE BEALEY SPUR TRAPLINE

Monitoring of the trap line on the upper Bealey Spur that the section looks after on behalf of the Arthurs Pass Wildlife Trust continues. I've been up there twice in recent months and removed a total of 5 stoats, a rat, and a mouse. It's probably just my imagination but the birdlife does seem to be improving up there!

Sam White

If you are interested in helping out with the Bealey Spur Traps you can contact Laura Wolken at l.wolken@windowlive.com



CANTERBURY WESTLAND SECTION OF NZAC

ANNUAL BUY/SELL GEAR SALE

THURS 12 OCTOBER 2023 6:30 - 9PM



GOLD COIN DONATION FOR ENTRY

Where

Riccarton High School Hall (entrance off Vicki Street)



Gear for rock climbing, skiing, mountaineering, ice climbing, hiking & much more!

Info

\$10 per table hire or \$5 for half/shared table for those selling
*set up from 6pm

All proceeds this year will be going to ALPINE RESCUE CANTERBURY and any donations of gear to the NZAC table, to be sold, would be greatly appreciated.

We will have Retailers 'on board' with their own tables

Text Clayton on 0274461562 to book a table

*limited tables - bookings essential



AGM 2023

Notice of Annual General Meeting:

The annual general meeting of the Canterbury Westland Section of the New Zealand Alpine Club will be held on Monday 7th August 2023 at Morrell's Tavern on Lincoln Road at 7:00 PM immediately following the Monthly committee meeting.

All members are welcome.

Agenda:

- Apologies:
- Confirmation of minutes of 2022 AGM
- Receive the Annual Report
- Election of officers
- Vacancies: Trips Coordinator.
Send nominations to Jim Petersen at cw.chairperson@gmail.com
- Announcement of Volunteer of the Year
- General Business
- Close

Jim Petersen +64 22 620 0619
Chairperson
NZ Alpine Club - Canterbury Westland Section



CMC Mountain Film Festival

17 August 2023

CMC is proud to host the NZ Mountain Film Festival – Best of Wanaka screening. The night even includes an award-winning film made by CMC member Nick Kowalski!

Come to Heaton Normal Intermediate School Hall (125 Heaton Street, Strowan) on August 17th arriving at 6pm for a 630pm start.

Members/students use cmc5 at checkout for a \$5 discount.

There are 6 great films for a total running time of 110 minutes, with a 15 minute break.

Janwaar (11 mins) USA. Follow a rambunctious group of kids whose lives are transformed when a skatepark is built in their small Indian village.

Turn the Corner (10 mins) Director Ned Brannigan, NZ. Can you imagine climbing Lake Hawea's Corner Peak 53 times over 53 days? In the construction industry, 53 people take their own lives every year, the worst affected industry in NZ. Glen calls on those in his community in the hopes of starting conversations as a method of prevention, and also to inspire others.

Momentum (20 mins) Director Liqen Studio, Australia. Follow the journey of Angie Scarth-Johnson who, by the age of 18, had climbed three 9a grades in Europe (NZ grade 35). What will she do next?

Flow State (23 mins) Director Jacob Bowling, Producer Will Nelson. A documentary traversing the highest line of extreme sport as two friends challenge each other, and themselves, to overcome past trauma and become better men, 1000m above ground.

Changabang: Return to the Shining Mountain (21 mins) Director Nick Kowalski, NZ. In 1976 British alpinists made the first ascent of the West Wall of Changabang. For the next four decades the route gained legendary status as climbers from around the world came and tried, unsuccessfully, to repeat this iconic climb. In 2022, three members of the New Zealand Alpine Team tried their luck on this infamous climb.

New Way Up (25 mins) Director Jake Holland, UK. The Karakoram mountains are known for their huge scale and jaw-dropping beauty. Nestled within them is Gulmit Tower, a technical granite pinnacle that has never been summited. Previous teams have often failed because the highly glaciated terrain makes the approach by foot long and treacherous. Maybe a paraglider can help?

[Click here](#)

NZAC CANTERBURY WESTLAND SECTION

GEAR HIRE

FOR NZAC MEMBERS ONLY

HIRE

EQUIPMENT LIST

- Crampons (12 x pair, fully adjustable)
- Walking ice axes (12 from size 60cm to 70cm)
- Technical ice axes and hammers (5 pairs of various brands)
- Avalanche kits (12 transceiver, shovels & probes. Transceivers use 3 x AAA batteries - not included)
- Helmets (12)
- Snow shoes (2 pairs of MSR evo ascent & 2 pairs of MSR lightning ascent)
- Snow stakes (8 with mid clip wire)
- Ice screws (16 screws, various sizes 13cm to 22cm)

NZAC members can hire gear on behalf of non-members on the same trip they are attending with the knowledge that the NZAC member is responsible for any loss or damage.

PRICING

Prices:

- \$20 per day for Avalanche Rescue Kits
- \$10 per day, for ice screws & pitons: two items
- \$10 per day, per item for all other items
- Payment is by bank transfer

CONTACT

CONTACT BEN SCOTT:

Text: 021 236 8413

Email: cw.gearhire@gmail.com

Please give your full name, membership number, equipment you require and the dates you require it for. Please do not ask to hire equipment on a Friday or Saturday at the last minute.

Other Gear hire options in Christchurch include:

Bivouac at Tower Junction – click [here](#)

Further Faster in Sydenham – click [here](#)



CANTERBURY WESTLAND
SECTION OF NZAC

CHECK IN LIKE US TAG US

FACEBOOK, INSTAGRAM
& GROUP PAGE



SECTION LIBRARY

Section Library: Did you know that the Section has its own library and that you can borrow the books in the Section library?

Every section meeting I will bring a good selection of the hundreds of book in the library along with the DVDs.

The contents of the C/W Section library can be found on line [HERE](#)

(There is a list of DVDs on the second tab of the spreadsheet). If you would like to borrow a book or DVD then please email me and we'll sort something out.

Library policies: You must have a current NZAC membership card to borrow

- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

Returns: Books/DVDs can be returned in one of 4 ways.

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for C/W library
- Email text/phone me to arrange handover some other way
- Drop them off at Boffa Miskell office on the 1st floor in Lane Neave building at 141 Cambridge Tce, marked for "Yvonne"

Email: John Roper Lindsay
john@roperlindsay.com
or call/text 021 395 513



WEEKLY ACTIVITY OPTIONS

Lead a Trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact Findel Proebst
cw.tripscoordinator@gmail.com

Midweek mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact
Pat Prendergast on 337 0079 or email
pat@slingshot.co.nz

Mid Week Rock Climbing: Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing coordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits (each with a rope, biners and slings are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Clayton if you are able to help out (it's not too difficult!)

If interested, please send an email to:
nzacmidweekclimbing@gmail.com
and you'll be sent the sign-up form.

All are welcome, including non members.

WE NEED YOU

The NZAC Canterbury/Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip
<https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below).
- Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning
- The trip gets advertised in the newsletter and/or to the Cant/Westland facebook page
Email: Shannon at nzac.cw.newsletter@gmail.com
- You organise the participants and do pre-trip preparations

This list is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email: Email Andy Barrett
cw.tripscoordinator@gmail.com

Some Ideas! Mt Aiken, Binsler, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience?

Caitlin Erickson, our section meeting co-ordinator, is the person to contact.

Caitlin organises speakers to share their outdoor experiences with the rest of our community. If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Caitlin either by phone or email.

Email: cerickson717@gmail.com



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form

and have them understand, sign and return it to you in advance of the trip.

- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be

required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.

- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You may be asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit... <https://alpineclub.org.nz/membership-benefits/>

To visit any of the retailers below, click on their logo.



CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

Section Library: [CLICK HERE](#)



Chairperson:

Jim Petersen 022 620 0619 cw.chairperson@gmail.com

Secretary:

David Jefferson djamesjefferson@gmail.com

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@gmail.com

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Winter Instruction Coordinator:

Sam White cw.winterinstruction@gmail.com

Gear Custodian:

Ben Scott cw.gearhire@gmail.com

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Trip Coordinator:

Andy Barrett andrew.barrett@liquidvoice.co.nz

Newsletters & Online Coordinator:

Shannon Cook 021 809 088 nzac.cw.newsletter@gmail.com

Treasurer & Library:

John Roper Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensonj@xtra.co.nz

Section Evenings:

Caitlin Erickson cerickson717@gmail.com

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Midweek Rock Climbing Coordinator:

Jonathan Tye nzacmidweekclimbing@gmail.com

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME
PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST