



UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC

FEBRUARY 2024

SECTION MEET MARCH. SAVE THE DATE!

Canterbury Westland
Section Evening
Beta over Beers

The Cashmere Club
50 Colombo Street
Sydenham

Thursday 7 March
Doors open: 7pm

If you want to purchase an alcoholic drink from the bar, you must show a Guest pass. You can pick one of these up inside the room we meet in where they'll be on a table near the door.

Entry is free and everyone is welcome, you don't need to be an NZAC member to attend.



MARCH SECTION EVENING

Footsteps to Rainbows:

A guide to New Zealand's best mountain scrambles and snow climbs

PAUL HERSEY

[CLICK HERE FOR MORE DETAILS](#)

ALSO ON IN MARCH...



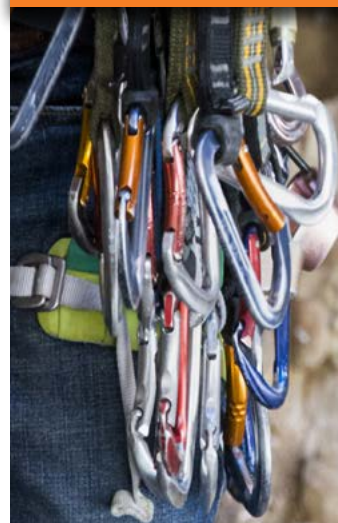
[CLICK HERE FOR MORE DETAILS](#)

FACEBOOK / INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/talks, events, trips, courses and lots more. Share your trip photos and inspire others.



Future Section Evenings. Save these dates...



MARCH: PAUL HERSEY
THURSDAY 7 MARCH
REEL ROCK 18
THURSDAY 14 MARCH



CW MENTORSHIP PROGRAM - AORAKI SUMMIT

Author: Kate Bailue

Summit date: 5 December 2023

Team: Adam Humphries, Kate Bailue and Jim Davison

DAWN ON THE LINDA SHELF

CW MENTORSHIP PROGRAM - AORAKI SUMMIT

The winter of 2023 was busy for both Adam Humphries and myself, volunteering for the CW NZAC organising BANFF, running club trips, and undertaking plenty of our own mountain adventures. We were approached by Jim Petersen - our former CW Chair to be invited into the CW mentorship programme to undertake the objective of climbing Aoraki / Mt Cook with Jim Davison - a very experienced alpine climber and mentor from Nelson NZAC.

We had all agreed we needed to climb a smaller peak first to gain each other's skill level before attempting a peak as big and long as Aoraki. In late October, the three of us met in Arthur's Pass and in great snow conditions climbed to the High Peak of Rolleston in 9 hours return. Three quarters up to Low Peak of Rolleston, Jim indicated both Adam and I were ready for Aoraki.

Over the month, the three of us waited for the perfect weather window. Unfortunately, El Niño conditions this year over New Zealand meant there were few days suitable with calm wind. After three windows that we did not like the look of, we finally settled on a very tight weather window in early December. The three of us flew into Plateau Hut, did some quick reconnaissance of the glacier (from the hut), ate dinner, and set our alarms for 12:30 am. We woke to a clear still night which got us excited that a freeze had provided us with



ADAM, JIM AND KATE SUMMIT SELFIE

the firm conditions we needed to cross the glacier at a steady pace. Apprehensive for the long day ahead, yet also excited to see the roof of Aotearoa, we zig zagged our way through the glacier navigating the large slots and ice fields of the Linda Glacier through the darkness of the night. Mid way up the moon appeared and suddenly the ice fields of the Linda Glacier started to illuminate. Dawn hit when we approached the upper part of the Linda, where the mountains started to glow – it was a beautiful sight indeed. We made our way up to the Linda Shelf, where we found a small snow bridge which would provide a safe passage to the main gully which would lead up the Summit Rocks – a rocky ridge which led us through to the final summit snow cap. I was surprised to see so many good-quality ring bolt anchors which made leading through Summit Rocks a breeze. The final summit snow cap led us up to the summit in one last long final push. My calves



CW MENTORSHIP PROGRAM - AORAKI SUMMIT

NAVIGATING THE LOWER LINDA GLACIER IN THE AFTERNOON SUN.

were burning, but with so much excitement and amazement I was about to reach the summit, the pain seemed to disappear – funny how much you can push with the power of adrenaline.

We stood close to the summit and were blown away by the elegance of the roof of Aotearoa. We could see in so many different directions, it was hard to focus in on just one area. We spent a total of 60 minutes near the summit in near perfect weather conditions – a time I will cherish forever. We then knew we had the difficult, long, and dangerous decent ahead of us. Experienced mountaineers have a saying for this - ‘getting up is the easy bit, the difficulty is getting down.’ The descent went smoothly, helped again by being able to use the bolts on Summit Rocks to undertake a series of abseils which would allow us to safely descend to the Linda Shelf. From there, we had to move quickly through the infamous Gunbarrels – a huge ice field over the Linda Glacier which sends down ice and rock debris at pace from the upper glacier. If material came down as we crossed it, we would be sitting ducks unable to get out of the way. Jim kept a careful eye, we safely crossed. From there, we once again navigated the many ice fields

KATE ABSEILING SUMMIT ROCKS



CW MENTORSHIP PROGRAM - AORAKI SUMMIT



VIEW FROM THE SUMMIT LOOKING NORTH AT TASMAN GLACIER



(which seemed much bigger in daylight than the darkness of the morning) back to Grand Plateau Glacier. Jim and Adam wanted to make the 7pm radio sched, but unfortunately, we were a couple of minutes late due to me stopping for a few minutes to eat half a snickers bar!

Overall, my experience of Aoraki is something I will remember for many years to come. It was not something I dreamed of achieving but rather the vision of two mentors within the NZAC – Penny and Jim. It goes to show you with the right people you can achieve things way beyond what you think are possible. Aoraki – an achievement not imagined.

KATE BAILUE

Changes to Arthur's Pass Lodge access



STAYING AT NZAC'S ARTHURS PASS LODGE is cheap and convenient and, although most people are honest about paying for their stay, a few people don't play fair. Of course we don't know how much of a problem non-payment has been, but NZAC decided it was about time to enter the 21st century and upgrade our door lock system, and install CCTV. As well as cutting down on opportunities for non-payers, these measures will increase security at the lodge and give more peace of mind to people staying there.

DOOR LOCK

The new door lock is electronic, and door codes can be set up remotely, where as the old lock had to be taken apart to reprogram. This means we can change codes more frequently, which cuts down the risk of people re-using codes outside the booking system or even sharing the code with friends coming up a week or two later.

It also allows us to assign unique codes to different bookings. So, with the CCTV system we can ensure that there aren't 15 different people using a booking made for 1!

CCTV

NZAC want people to feel safe when they are staying at the lodge, and having external cameras at the doors will help increase security. In addition, CCTV lets us monitor who is using which door codes. We want to know who is staying at the lodge.

BIG BROTHER?

The new door lock and CCTV have been installed to increase security and reduce fraud. If we can recover more money from hut bookings there will be less pressure to increase your nightly hut fees. Access to the CCTV is heavily restricted.

DO YOU WANT TO BE A PART-TIME WARDEN?

Many of our huts have a warden, to ensure that the hut is looked after, and that people pay their fees. The AP Lodge does not have usage that warrants this, but we would like to have a part-time warden who regularly calls in to the hut and checks that everything is in order, and asks people to show them their online booking confirmation.

We're envisaging this part-time warden would be an Arthur's Pass resident, and would be available to check the hut a couple of times a week on average. It wouldn't matter if the hut was not checked for a week or two, and the actual days and times the check was carried out would be at your convenience. NZAC would pay you for this work!

If you're interested in this, and would like a few more details, please contact John Roper-Lindsay via john@roperlindsay.com or 021-395-513

Sport Multi Pitch Course

Saturday 24 February

NZAC MEMBERS ONLY



DATE - Saturday 24 Feb (reserve day Sun 25 Feb)

LOCATION - Windsor Crag, Christchurch Port Hills

TIME - 8am to 5pm

COST - \$125

A one-day, NZAC members-only course and limited to just 6 x students (you must be available for the reserve day so please don't apply if you are not available for both days - NO EXCEPTIONS).

This course is suitable for those NZAC members who have a sport climbing background - know how to sport lead climb, lead belay and abseil (this is NOT a beginners course).

WHAT WILL BE TAUGHT:

Multi-pitch sport leading, setting anchors for multi-pitch, managing the anchor station, swinging leads, belaying consideration including guide mode, multi-pitch descents, and rope management.

EXTRA LESSONS IF TIME:

Self rescue techniques, lowering from guide mode, 3:1 assisted hoist to get through tough sections, emergency lowering situation.

COST WILL COVER:

One-day instruction, all ropes, quickdraws and set up kits.

PLEASE PROVIDE:

Harness, climbing helmet, rock shoes, ATC type belay device (with guide mode) and large locking biner, personal safety/anchor chain and small locking biner, short (1.3 to 1.4 metre total untied length) and large (1.9 metres total untied length) prusik and locking biner, 1 x 120cm sewn sling, additional 1 x locking and 1 x snapgate biner

Please consider supporting local retailers - Aspiring Safety, Bivouac and Further Faster if you need any of the gear listed and all offer NZAC discounts.

WHEN APPLYING:

Please provide your full name, age, phone number, NZAC members number and details of your climbing/belaying/abseiling ability, recent climbing history and where you will be attending the course from (please DO NOT miss out on any of the above when applying).

CONTACT:

Clayton on cw.summerinstruction@gmail.com using the subject line ' Sport multi pitch course'

PLEASE NOTE: LIMITED TO 6

NZAC TRAD ANCHOR/ROPE RESCUE COURSE

Saturday 6th April

NZAC MEMBERS ONLY



DATE - Saturday 6 April (reserve day Sun 7 April)

LOCATION - Diamond Harbour or Port Hills
(To be decided closer to the day)

TIME - 8am to 5pm

COST - \$150

A one-day NZAC members course designed to upskill and refresh on the finer points of trad climbing anchors and placements and basic rope rescue skills needed in a multi-pitch environment.

COURSE DETAILS:

This course is NOT a beginner's course and at a minimum, you must have done the basics of trad lead climbing or recent trad course and follow-up days and know how to lead belay and abseil.

WHAT WILL BE TAUGHT:

Multi-directional trad anchors and trad placements, transfer the belay, release a top loaded belay (escape the belay), tandem abseil, simple hoist, troubleshooting.

EQUIPMENT REQUIRED:

Harness, rock shoes, helmet, belay device with guide mode and large locking biner, personal anchor/safety chain and locking biner, short and long prusik and locking biner, 2 x 120cm sewn or untied slings, additional 2 x snapgate and 1 x screwgate biners (If short of any of the above - please let me know).

EQUIPMENT REQUIRED:

Ropes, trad racks, quickdraws, set up gear for the top of the Crag.

COST:

\$150 will cover a day's instruction, all the 'Provided' equipment, and 'Required' equipment if you need to borrow plus Koha for drivers using their cars to carpool to the Crag.

REQUIREMENTS:

NZAC members only, aged 16 and above (just 8 x spots available), to be available for the backup day if required and able to start at 8am and finish at 5pm.

CONTACT:

Please email Clayton

cw.summerinstruction@gmail.com with your full name, phone number, NZAC members details, climbing history and the subject line 'NZAC Rescue Course'.

PLEASE NOTE: LIMITED TO 8



Mt Adams, a classic grade 1+



MARCH SECTION EVENING

Footsteps to Rainbows:

A guide to New Zealand's best mountain scrambles and snow climbs

PAUL HERSEY

After more than 30 years of alpinism in New Zealand and overseas mountains, Dunedin climber and author Paul Hersey is helping new mountaineers by researching and writing a guidebook on this country's best easy mountain routes. Along with his partner Shelley, Paul has been collating a list of (as well as climbing) our top scrambles and snow climbs.

Paul will talk about easy climbs as essential building blocks for any new climber, the importance of this type of guidebook, and which climbs make the list.

Check out our event listing [HERE](#)

THE NORTH FACE PRESENTS

REEL ROCK 18

AUSTRALIAN AND NEW ZEALAND
PRESENTED BY

Black Diamond

YETI



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THURSDAY 14 MARCH
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ADVENTURE
ENTERTAINMENT

BANKS PENINSULA

ROCK MEET 2024!



8 – 10 March 2024

Check out the details below for more information & how to register.

**Our Banks Peninsula Rock Meet has a date. 8 – 10 March 2024
Save the date and don't forget to register with Grant as soon as you can!**

THE OTHER DETAILS...

Pigeon Bay

Saturday night, BYO barbecue

\$40pp to cover camping fees. Any cash surplus will go to ACAT

Climbing for all experience levels. Trad & sport. Please remember your helmets!

This meet is open to everyone. Members & non-members

Contact & enquiries to Grant Piper (aka Grubbie) 021 711 300 or grant.piper66@gmail.com

Everyone attending MUST register their interest by emailing Grant Piper grant.piper66@gmail.com by Mon 11 March 2024





For Sale.

Two x Kathmandu jackets, both size large, very good used condition.

Kathmandu windstopper (red).

Kathmandu polarfleece (deep blue/black).

\$25 each

Two x tents, well loved but still in very good condition.

Kathmandu Mono, single person tent

\$75

Fairydown Siege, two person tent

\$100

Please text Clayton on 027 446 1562.

Christchurch sales and pick up only, no posting sorry.

Cash sale only.

FOR SALE.

MONITORING

THE BEALEY SPUR TRAPLINE

YOU CAN HELP!

Monitoring of the trap line on the upper Bealey Spur that the section looks after on behalf of the Arthurs Pass Wildlife Trust continues.

If you are planning to walk up The Bealey Spur please consider contacting Laura Wolken so you can take a turn to check and clear the traps. Laura will explain what you will need to do if you are unsure.

If you are interested in helping out with the Bealey Spur Traplines please contact Laura Wolken at l.wolken@windowsslive.com



CANTERBURY/WESTLAND CLUB SECTION

LIBRARY

BOOKS TO EDUCATE & TO INSPIRE YOU

Did you know that the Section has its own library and that you can borrow the books in the Section library?

The contents of the CW Section library can be found on line [HERE](#)

To borrow a book please contact John Roper-Lindsay
john@roperlindsay.com or call/text 021 395 513

LIBRARY POLICIES:

- You must have a current NZAC membership card to borrow
- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

RETURNS: *Books/DVDs can be returned in one of 4 ways.*

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for CW library
- Email text/phone me to arrange handover some other way



Midweek Rock Climbing

To join the midweek rock climbing group send our midweek climbing coordinator an email to nzacmidweekclimbing@gmail.com and you'll be sent a Google form for emergency contact details, and then added to the Google group.

WELCOME TO MIDWEEK CLIMBING!

Keen for a climb? Join the Midweek Climbing group to organise rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

If interested, please send an email to Jonathan Tye at nzacmidweekclimbing@gmail.com and you'll be sent the sign-up form. All are welcome and you don't need to be a NZAC member to join.

PLEASE NOTE

Mid week climbing organisers do not provide guiding or instruction and individuals within the group are responsible for their own safety.

You will need a harness, rock shoes, belay device, locking carabiner, and helmet. Please also let the person in charge know what equipment you have and if unknown to them your climbing experience.

Cheers,
Jonathan





CANTERBURY WESTLAND
SECTION OF NZAC

CHECK IN
LIKE US
TAG US

FACEBOOK, INSTAGRAM
& GROUP PAGE



WEEKLY ACTIVITY OPTIONS

Lead a trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact **Natasha Mealing**
nzac.cw.trips@gmail.com

Mid-week mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact **Pat Prendergast on 337 0079 or email**
pat@slingshot.co.nz

Mid-week rock climbing: Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing coordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits, each with a rope, biners and slings are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Jono if you are able to help out (it's not too difficult!)

If interested, please send an email to:
nzacmidweekclimbing@gmail.com
and you'll be sent the sign-up form.

All are welcome, including non members.

WE NEED YOU

The NZAC Canterbury Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip
<https://alpineclub.org.nz/resources/organising-trips/>
- Get in contact with the trip coordinator (see details below).
- Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning
- The trip gets advertised in the newsletter and/or to the Canterbury Westland facebook page
Email: Shannon at nzac.cw.newsletter@gmail.com
- You organise the participants and do pre-trip preparations

The list below is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email:

Email nzac.cw.trips@gmail.com

Some Ideas! Mt Aiken, Binsler, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience?

Caitlin Erickson, our section meeting co-ordinator, is the person to contact.

Caitlin organises speakers to share their outdoor experiences with the rest of our community. If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Caitlin either by phone or email.

Email: cerickson717@gmail.com



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form and have them understand, sign and return it to you in advance of the trip.

- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.
- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

JUST SOME OF THE BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You may be asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit... <https://alpineclub.org.nz/membership> and <https://alpineclub.org.nz/member-discounts>

To visit any of the retailers below, click on their logo.



CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

Section Library: [CLICK HERE](#)



Chairperson:

Sam White cw.chairperson@gmail.com

Secretary:

VACANT

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@gmail.com

Summer Instruction Coordinator:

Clayton Garbes 027 446 1562 cw.summerinstruction@gmail.com

Winter Instruction Coordinator:

Neil Hamilton cw.winterinstruction@gmail.com

Gear Custodian:

Ben Scott cw.gearhire@gmail.com

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Trip Coordinator:

Natasha Mealing nzac.cw.trips@gmail.com

Newsletters & Online Coordinator:

Shannon Cook 021 809 088 nzac.cw.newsletter@gmail.com

Treasurer & Library:

John Roper-Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensonj@xtra.co.nz

Section Evenings:

Caitlin Erickson cerickson717@gmail.com

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Midweek Rock Climbing Coordinator:

Jonathan Tye nzacmidweekclimbing@gmail.com

General Committee Members:

Lisa Donning & Nicky Edwards

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME
PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST