

SECTION TALK THURS 7 MARCH

Canterbury Westland Section Evening

The Cashmere Club 50 Colombo Street Sydenham

Thursday 7 March Doors open: 7pm

If you want to purchase an alcoholic drink from the bar, you must show a Guest pass. You can pick one of these up inside the room we meet in where they'll be on a table near the door.

Entry is free and everyone is welcome, you don't need to be an NZAC member to attend.

FACEBOOK / INSTAGRAM

Remember to 'Like' our Facebook & Instagram pages. Be kept up to date on Monthly meetings/talks, events, trips, courses and lots more. Share your trip photos and inspire others.









MARCH SECTION EVENING

Footsteps to Rainbows:

A guide to New Zealand's best mountain scrambles and snow climbs

PAUL & SHELLEY HERSEY

CLICK HERE FOR MORE DETAILS

Future Section Evenings. Save these dates...





PRESENTS

OCK 18

AUSTRALIAN AND NEW ZEALAND PRESENTED BY

♦ Black Diamond



O SCARPA STAX



VERTICAL LIFE

GET TICKETS NOW www.reelrockfilmtour.com SCAN FOR TICKETS



ADVENTURE ENTERTAINMENT



Our Banks Peninsula Rock Meet has a date. 8 – 10 March 2024 Save the date and don't forget to register with Grant as soon as you can!

THE OTHER DETAILS...

Pigeon Bay

Saturday night, BYO barbecue

\$40pp to cover camping fees. Any cash surplus will go to ACAT

Climbing for all experience levels. Trad & sport. Please remember your helmets!

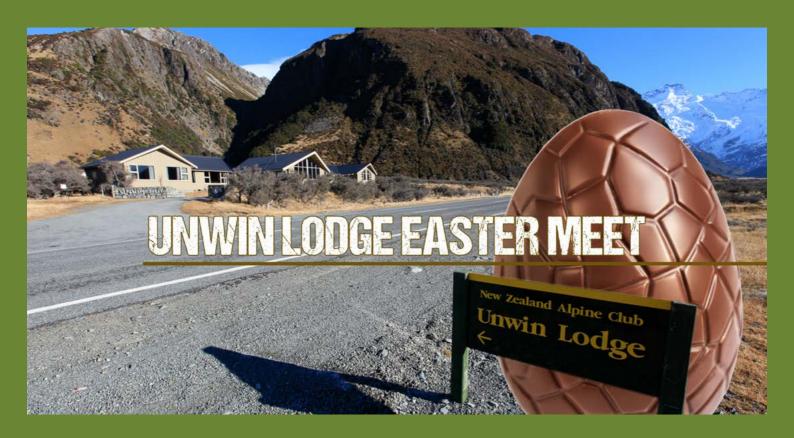
This meet is open to everyone. Members & non-members

Contact & enquiries to Grant Piper (aka Grubbie) 021 711 300 or grant.piper66@gmail.com

Everyone attending MUST register their interest by emailing Grant Piper grant.piper66@gmail.com by Mon 4 March 2024







UNWIN LODGE EASTER WEET

28 MARCH - 1 APRIL 2024

This is a 'Meet' so it is open to everyone, NZAC members and non-members. Spaces are limited so get in quick to book your bed!

DATES: Thurs 28 March to Mon 1 April

WHERE: Staying at Unwin Lodge

20 beds - so spaces are limited!

COST: \$25 per night for members, \$50 for non-members, paid directly to Unwin Lodge

THE PLAN: Is to climb/hike/chill at the lodge and head home on Mon 1 April

CARPOOLING: I can arrange if people let me know their plans

POT LUCK: Dinner on Fri so bring Kai to share & Round 2 of Lisa's Terrible

Quiz on Sat with prizes!

THINGS TO DO: Sport & Trad climbing with multi-pitch climbs. Hiking - Hooker Valley, Mueller Hut, Ball Pass, Red Tarns, Sebastopol. Or just Chilling!

For the climbing check it out **HERE**

Get in touch with Lisa about booking your spot or if you want to know more.

lisadonning@gmail.com

NZAC TRAD ANCHOR/ROPE RESCUE COURSE

SATURDAY 6TH APRIL



NZAC MEMBERS ONLY

DATE - Saturday 6 April (reserve day Sun 7 April)

LOCATION - Diamond Harbour or Port Hills (To be decided closer to the day)

TIME - 8am to 5pm

COST - \$150

A one-day NZAC members course designed to upskill and refresh on the finer points of trad climbing anchors and placements and basic rope rescue skills needed in a multi-pitch environment.

COURSE DETAILS:

This course is NOT a beginner's course and at a minimum, you must have done the basics of trad lead climbing or recent trad course and follow-up days and know how to lead belay and abseil.

WHAT WILL BE TAUGHT:

Multi-directional trad anchors and trad placements, transfer the belay, release a top loaded belay (escape the belay), tandem abseil, simple hoist, troubleshooting.

EQUIPMENT REQUIRED:

Harness, rock shoes, helmet, belay device with guide mode and large locking biner, personal anchor/safety chain and locking biner, short and long prusik and locking biner, 2 x 120cm sewn or untied slings, additional 2 x snapgate and 1 x screwgate biners (If short of any of the above - please let me know).

EQUIPMENT PROVIDED:

Ropes, trad racks, quickdraws, set up gear for the top of the Crag.

COST:

\$150 will cover a day's instruction, all the 'Provided' equipment, and 'Required' equipment if you need to borrow plus Koha for drivers using their cars to carpool to the Crag.

REQUIREMENTS:

NZAC members only, aged 16 and above (just 8 x spots available), to be available for the backup day if required and able to start at 8am and finish at 5pm.

CONTACT:

Please email Clayton

<u>cw.summerinstruction@gmail.com</u> with your full name, phone number, NZAC members details, climbing history and the subject line 'NZAC Rescue Course'.

PLEASE NOTE: LIMITED TO 8



Due to demand we are repeating this course. Don't miss out this time!

DATE - Saturday 20 April (reserve day Sun 21 April)

LOCATION - Windsor Crag, Christchurch Port Hills

TIME - 8am to 5pm

COST - \$125

A one-day, NZAC members-only course and limited to just 6 x students (you must be available for the reserve day so please don't apply if you are not available for both days - NO EXCEPTIONS).

This course is suitable for those NZAC members who have a sport climbing background - know how to sport lead climb, lead belay and abseil (this is NOT a beginners course).

WHAT WILL BE TAUGHT:

Multi-pitch sport leading, setting anchors for multipitch, managing the anchor station, swinging leads, belaying consideration including guide mode, multipitch descents, and rope management.

EXTRA LESSONS IF TIME:

Self rescue techniques, lowering from guide mode, 3:1 assisted hoist to get through tough sections, emergency lowering situation.

COST WILL COVER:

One-day instruction, all ropes, quickdraws and set up kits.

PLEASE PROVIDE:

Harness, climbing helmet, rock shoes, ATC type belay device (with guide mode) and large locking biner, personal safety/anchor chain and small locking biner, short (1.3 to 1.4 metre total untied length) and large (1.9 metres total untied length) prusik and locking biner, 1 x 120cm sewn sling, additional 1 x locking and 1 x snapgate biner

Please consider supporting local retailers - Aspiring Safety, Bivouac and Further Faster if you need any of the gear listed and all offer NZAC discounts.

WHEN APPLYING:

Please provide your full name, age, phone number, NZAC members number and details of your climbing/belaying/abseiling ability, recent climbing history and where you will be attending the course from (please DO NOT miss out on any of the above when applying).

CONTACT:

Clayton on cw.summerinstruction@gmail.com using the subject line 'Sport multi pitch course'

PLEASE NOTE: LIMITED TO 6



HOLD THE DATE. MORE DETAILS & REGISTRATION FORM TO FOLLOW SOON.

15/16 JUNE - OUTDOOR FIRST AID COURSE

This will be a weekend course in Christchurch led by experienced and certified instructors. You will learn how to provide basic life support and first aid in the outdoors, with particular regard to cold, remote, alpine recreational settings. Priority and financial subsidy will be available for Canterbury Westland section volunteers who are active instructors on our courses and/or those who lead trips, but registration will be available to all

DON'T MISS OUT! ON IN CHRISTCHURCH THURSDAY 14 MARCH





INTERMEDIATE

- ALPINE ARTHURS PASS LODGE, Backcountry Avalanche South Island Course Vol 15-18 July 2024
- ALPINE ARTHURS PASS LODGE, Backcountry Avalanche South Island Course 1, 20th 23rd July 2024
- ALPINE ARTHURS PASS LODGE, Backcountry Avalanche South Island Course 2, 25-28 July 2024

ADVANCED

- ICE WYE CREEK, Women's Leading on Technical Ice Course, 3 August 6 August 2024
- ICE WYE CREEK, Leading on Technical Ice Course, 3 August 6 August 2024
- ICE WYE CREEK, Leading on Technical Ice Course, 10 August 13 August 2024

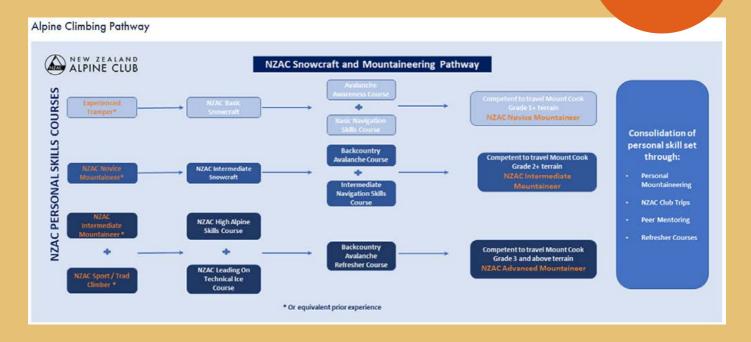
INTERMEDIATE

• Intro to Backcountry Ski Course, 31 August - 3 September 2024, 7-10, September 2024

ADVANCED

- SKI TOURING AORAKI / MT COOK NATIONAL PARK, Glacier Ski Course 28th September - 2nd October 2024, 5th October - 9th October 2024
- ALPINE AORAKI / MT COOK NATIONAL PARK, High Alpine Skills Courses
 12th 17th November, 19th 24th November, 26th November 1st December

CLICK HERE FOR MORE DETAILS



PROFILER

GET TO KNOW OUR COMMITTEE MEMBERS & AMAZING VOLUNTEERS

Natasha Mealing. Committee



Natasha

Kia ora koutou,

Ko Natasha ahau, Nō Engarangi tōku tūpuna, Kei te Ōtautahi taku kāinga inaianei, Ko Mealing tōku whānau ingoa.

Hi everyone, I am Natasha, originally from England and now currently reside in Christchurch.

I became a member of NZAC shortly after arriving to New Zealand in 2016. In early 2021 I started volunteering for the section as a Rock Climbing Instructor, in 2022 as a Snowcraft Instructor and in 2023 teaching the Navigation Courses. In November 2023 I put my hand-up to give back further to the club and the community and asked to join the committee as the Trips Co-ordinator. It has been great to get involved with the NZAC community.

I have been actively involved in the outdoors since a young age and decided to pursue a career working in the Outdoor Industry, some would say odd, considering I lived in one of the flattest places in England. My move to university allowed access into the outdoors and I was soon in the Peaks, Wales and the Lakes exploring. My love for Rock Climbing started during this time through trad climbing on the famous Stanage Edge. Soon becoming a die hard boulderer and heading on the drive to the peaks most weekends. My love for being in the mountains grew further when I came to New Zeland and anytime I could I would get into the backcountry. Long trans-alpine trips are something I love, where you can undertake a journey with tramping, rock and alpine skills in the vast remote areas of New Zealand. I have really enjoyed pushing and growing my outdoor skills, challenging myself to push harder and to take on new challenges.

Mā te huruhuru ka rere te manu: Adorn the bird with feathers so it may soar. Learning a new skill and helping others are just some of the many 'feathers' we can wear in order to soar high, the more we try the higher we fly! I encourage you to learn and develop skills with NZAC and if you have energy give back to the community by running a trip, instructing or joining the committee.

Happy 2024 to you all and I will see you in the hills!

If you would like to join our committee or give back to the club in any way please send an email to cw.chairperson@gmail.com



GET TO KNOW OUR COMMITTEE MEMBERS & AMAZING VOLUNTEERS

Caitlin Erickson, Committee



Caitlin

Caitlin is currently the Canterbury Westland Section meeting coordinator. If you have anything that might be relevant for a club section talk and would like to share it. Please don't hesitate to get in touch with her.

Hey! I'm Cait and I started having a hand in the NZAC and the Canterbury Westland section evenings about a year ago.

I was lucky enough to grow up with grandparents that were keen mountaineers, having done trips that I still dream of. They were members of NZAC and I spent many school holidays, New Years and birthdays in the back country huts. I couldn't have asked for a better upbringing!!

I love food and being in the mountains!

If you have a story you wish to tell, EPICS, avvy / safety awareness, relevant book launches, please reach out to me and come along to one of our monthly section evenings at Cashmere Club!!

If you would like to join our committee or give back to the club in any way please send an email to cw.chairperson@gmail.com



For Sale.

PETZL QUARKS (axe and hammer), excellent condition, selling as the pair only. \$725

SNOWSTAKE, 54cm with mid point wire.

\$25

ICE SCREWS, all in very good condition

- Petzl Laser 22cm
- Petzl Laser 20cm
- Black Diamond Turbo Express 16cm

\$50 each

C/W NZAC members only (with proof of I.D)
Pick up Christchurch only (no postage option sorry)
Payment either cash or bank transfer
Text Clayton on 027 446 1562.









STAYING AT NZAC'S ARTHURS PASS LODGE is cheap and convenient and, although most people are honest about paying for their stay, a few people don't play fair. Of course we don't know how much of a problem non-payment has been, but NZAC decided it was about time to enter the 21st century and upgrade our door lock system, and install CCTV. As well as cutting down on opportunities for non-payers, these measures will increase security at the lodge and give more peace of mind to people staying there.

DOOR LOCK

The new door lock is electronic, and door codes can be set up remotely, where as the old lock had to be taken apart to reprogram. This means we can change codes more frequently, which cuts down the risk of people re-using codes outside the booking system or even sharing the code with friends coming up a week or two later.

It also allows us to assign unique codes to different bookings. So, with the CCTV system we can ensure that there aren't 15 different people using a booking made for 1!

CCTV

NZAC want people to feel safe when they are staying at the lodge, and having external cameras at the doors will help increase security. In addition, CCTV lets us monitor who is using which door codes. We want to know who is staying at the lodge.

BIG BROTHER?

The new door lock and CCTV have been installed to increase security and reduce fraud. If we can recover more money from hut bookings there will be less pressure to increase your nightly hut fees. Access to the CCTV is heavily restricted.

DO YOU WANT TO BE A PART-TIME WARDEN?

Many of our huts have a warden, to ensure that the hut is looked after, and that people pay their fees. The AP Lodge does not have usage that warrants this, but we would like to have a part-time warden who regularly calls in to the hut and checks that everything is in order, and asks people to show them their online booking confirmation.

We're envisaging this part-time warden would be an Arthur's Pass resident, and would be available to check the hut a couple of times a week on average. It wouldn't matter if the hut was not checked for a week or two, and the actual days and times the check was carried out would be at your convenience. NZAC would pay you for this work!

If you're interested in this, and would like a few more details, please contact John Roper-Lindsay via *john@roperlindsay.com* or 021-395-513

MONITORING

THE BEALEY SPUR TRAPLINE

YOU CAN HELP!

Monitoring of the trap line on the upper Bealey Spur that the section looks after on behalf of the Arthurs Pass Wildlife Trust continues.

If you are planning to walk up The Bealey Spur please consider contacting Laura Wolken so you can take a turn to check and clear the traps. Laura will expain what you will need to do if you are unsure.

If you are interested in helping out with the Bealey Spur Traplines please contact Laura Wolken at I.wolken@windowslive.com



BOOKS TO EDUCATE TO INSPIRE YOU



Did you know that the Section has its own library and that you can borrow the books in the Section library?

The contents of the CW Section library can be found on line <u>HERE</u>

To borrow a book please contact John Roper-Lindsay john@roperlindsay.com or call/text 021 395 513

- LIBRARY POLICIES:
 You must have a current NZAC membership card to borrow
 Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
 DVDs are expected to be returned within 2 weeks

- RETURNS: Books/DVDs can be returned in one of 4 ways.
 Return at the next Section meeting
 Drop them off at National Office and tell whomever you speak to that they are for CW library Email text/phone me to arrange handover some other way





Midweek Rock Climbing

To join the midweek rock climbing group send our midweek climbing coordinator an email to nzacmidweekclimbing@gmail.com and you'll be sent a Google form for emergency contact details, and then added to the Google group.

WELCOME TO MIDWEEK CLIMBING!

Keen for a climb? Join the Midweek Climbing group to organise rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

If interested, please send an email to Jonathan Tye at nzacmidweekclimbing@gmail.com and you'll be sent the sign-up form. All are welcome and you don't need to be a NZAC member to join.

PLEASE NOTE

Mid week climbing organisers do not provide guiding or instruction and individuals within the group are responsible for their own safety.

You will need a harness, rock shoes, belay device, locking carabiner, and helmet. Please also let the person in charge know what equipment you have and if unknown to them your climbing experience.

Cheers, Jonathan



CANTERBURY WESTLAND SECTION OF NZAC

CHECK IN LIKE US TAG US

FACEBOOK, INSTAGRAM & GROUP PAGE







WEEKLY ACTIVITY OPTIONS

Lead a trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact *Natasha Mealing*nzac.cw.trips@gmail.com

Mid-week mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are nottechnical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact Pat Prendergast on 337 0079 or email pat@slingshot.co.nz

Mid-week rock climbing: Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing coordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits, each with a rope, biners and slings are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Jono if you are able to help out (it's not too difficult!)

If interested, please send an email to: nzacmidweekclimbing@gmail.com and you'll be sent the sign-up form.

All are welcome, including non members.

WE NEED YOU

The NZAC Canterbury Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip https://alpineclub.org.nz/resources/organising-trips/
- Get in contact with the trip coordinator (see details below).
- Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning
- The trip gets advertised in the newsletter and/or to the Canterbury Westland facebook page
 Email: Shannon at nzac.cw.newsletter@gmail.com
- You organise the participants and do pre–trip preparations

The list below is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email:

Email nzac.cw.trips@gmail.com

Some Ideas! Mt Aiken, Binser, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience? Caitlin Erickson, our section meeting co-ordinator, is the person to contact.

Caitlin organises speakers to share their outdoor experiences with the rest of our community. If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Caitlin either by phone or email.

Email: cerickson717@gmail.com



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. https://alpineclub.org.nz/resources/organising-trips/

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone.
 Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form and have them understand, sign and return it to you in advance of the trip.

- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to:

nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.
- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

JUST SOME OF THE BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You maybe asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit... https://alpineclub.org.nz/membership and https://alpineclub.org.nz/member-discounts

To visit any of the retailers below, click on their logo.











































YMCA Adventure Centre

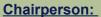






CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

Section Library: CLICK HERE



Sam White cw.chairperson@gmail.com



VACANT

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@gmail.com

Summer Instruction Coordinator:

Clayton Garbes 027 446 1562 cw.summerinstruction@gmail.com

Winter Instruction Coordinator:

Neil Hamilton cw.winterinstruction@gmail.com

Gear Custodian:

Ben Scott cw.gearhire@gmail.com

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Trip Coordinator:

Natasha Mealing nzac.cw.trips@gmail.com

Newsletters & Online Coordinator:

Shannon Cook 021 809 088 nzac.cw.newsletter@gmail.com

Treasurer & Library:

John Roper-Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensoni@xtra.co.nz

Section Evenings:

Caitlin Erickson <u>cerickson717@gmail.com</u>

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Midweek Rock Climbing Coordinator:

Jonathan Tye nzacmidweekclimbing@gmail.com

Online Coordinator:

Lisa Donning lisadonning@gmail.com

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST



