



UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC

JUNE 2024

BANFF! 5TH - 8TH JUNE

BANFF CHRISTCHURCH

5 - 8 JUNE

EVENING SESSIONS & SATURDAY MATINEE

AURORA CENTRE
BURNSIDE HIGH SCHOOL
GREERS ROAD, BURNSIDE
CHRISTCHURCH [MAP](#)

PROGRAMME

We will be screening two programmes, Ruapehu and Tasman. All screenings start at 7pm with doors open from 6.30pm (Except the Matinee which starts at 2.00pm with doors open at 1.30pm).

Don't forget to support our **AWESOME**, local sponsors, [Aspiring Safety & Two Thumb Brewing Co.](#) They have provided some **AWESOME** spot prizes for each screening - gift vouchers, climbing and tramping equipment plus much more !

LINKS TO 'CW SECTION'

Remember to 'Like' our Facebook & Instagram pages so you can be kept up to date on Monthly meetings, talks, events, trips, courses and lots more. Share your trip photos and inspire others. And check out our section website for more information.



<http://canterburywestlandalpineclub.org.nz>

banffmountainfestival.ca/tour

BANFF CENTRE

MOUNTAIN FILM FESTIVAL WORLD TOUR



The World's Best Mountain Films



TICKET PRICES

- Single Screening General Admission - \$25
- Single Screening NZAC member / Youth / Student - \$18
- Family Pass - \$60 (2 adults & 2 children)
- Double Screening General Admission also available

CHRISTCHURCH DATES

5 - 8 JUNE 2024

Visit www.banff.nz to book tickets



A HUGE THANK YOU TO OUR LOCAL CHRISTCHURCH SPONSORS!





MAY SECTION TALK REPORT

MAY SECTION TALK

LIADAN DICKIE

“Climbers’ guide to native plant conservation”

On 9th May Liadan Dickie gave us a talk at our Section Meeting at the Cashmere Club on her “Climbers’ guide to native plant conservation” that she recently wrote. I know Liadan from a couple of wilding pine removal sorties she’s come on with the Section up at Flock Hill and have enjoyed her dedication to plants and ecology in general. Her disbelief that a couple of the guys who do live-trapping up there (but who release hedgehogs) was quite memorable. When I knew I was going to introduce Liadan at the Section Meeting I found out a bit more about her and, although she’d mentioned doing bouldering and climbing, I was blown away by finding Liadan is at the top end of climbing, knocking off grade 30 routes.

She talked to us about how special the vegetation was around the climbing spots at both Castle Hill and Banks Peninsula, and she has produced booklets on both. She introduced a few of her favourite plants, and pointed out that some of the most special plants are very tiny and easily damaged by climbers, especially at belay points. Her dedication cannot be faulted – anyone who loves ongaonga (tree nettle) despite having fallen into it and suffering accordingly is a true plant lover.

Her message was that climbers should be aware of the plants around them, not cleaning routes excessively, and being careful where they walk and stand. There was good discussion about people’s favourite plants and how to replant round crags (or simply let the native seed population regenerate).

Liadan’s about to start a Master’s at University of Canterbury and we wish her luck, and I hope she can continue to join me to take out more pinus contorta (Lodgepole Pine) at Flock Hill in coming months. Why not aim to join us?

Liadan’s booklets and club profile are viewable and downloadable here:-

- [Castle Hill booklet](#)
- [Port Hills and Banks Peninsula booklet](#)
- [Liadan Dickie Alpine Club Profile](#)

Report: John Roper-Lindsay

PROFILER

GET TO KNOW OUR COMMITTEE MEMBERS
& AMAZING VOLUNTEERS

John Henson, Committee

I have been involved in the South Island back country all of my Life. I was introduced into tramping by my parents and from the age of 17 when I could branch out on my own I have explored and enjoyed much of the canterbury area and all over the South Island. For the next 25 years I enjoyed a wide range of Tramping trips, trans alpine adventures, and dabbled at climbing. During this time I got married, moved to Auckland and had our Daughter, returned to Christchurch and started my own electrical contracting business.

Thinking it was time for a change and after a conversation with a mate looking for a paddler to do the coast to coast I started multisport racing taking in lots of smaller races and 7 coast to coast finishes in the 2 day and 1 day individual events and trying the teams event once and a tandem team. As these thing do this morphed into adventure racing with lots of 24hr and 48hr races and 2 Godzone races. The Godzone races were an amazing experience taking your body and mind to places that most will never venture. I left the adventure racing scene with a slightly bugged knee that does not like multiday tramps but amazingly does not mind spending days or weeks riding my bike.

It was time for another change in direction and bikepacking and brevet style events have filled in the last 6 or so years. We are blessed in Christchurch to have a local brevet organiser who puts on around 30 weekend events each year where you can turn up at a start point all over the south island and ride for a day, weekend, or week on a preset course doing all if you are feeling strong or short cut it if your wheels fall off. This has also lead on to some of New Zealand's bigger bike packing events like The Tour Aotearoa, The Kopiko Aotearoa, and The Great Southern Brevet. After a Slack year the bike is calling again.

The constant activity for many of these years has been Ski Touring and Skiing some of the great club and local fields in the South Island and Trips Overseas. I joined the NZAC in 2005 and have done a few years as section meeting organiser before starting my current role looking after the Arthurs Pass Lodge. The club has been a great source of skiing mates and we have ventured to Canada 3 times, Kashmir and the Gulmarg area once, and have just come back from a ski trip to Hokkaido the northern island of Japan.



*If you would like to join our committee or give back to the club in any way please send an email to
cw.chairperson@gmail.com*

BANFF CHRISTCHURCH. JUNE 5 - 8

Purchase your tickets now before they all sell out!



As you can see, there were no seats left at this screening last year. Don't wait to buy tickets thinking there will be plenty closer to the time. Banff is hugely popular and we always have some disappointed people every year.

A HUGE THANK YOU TO OUR LOCAL CHRISTCHURCH SPONSORS!



Don't forget to support our AWESOME, local sponsors who have provided some AWESOME spot prizes for each screening - gift vouchers, climbing and tramping equipment plus much more !

For Sale

■ Grab yourself a bargain in time for winter!

PATAGONIA NANO DOWN JACKET (no hood), size medium, only worn a handful of times, excellent condition.

\$150 (Photo 1)



ASOLO FULL SHANK BOOT, can take a semi automatic and strap on crampons, size 43, good used condition.

\$125 (Photo 2)

GARMENT FULL SHANK BOOT, can take a semi automatic and strap on crampons, size 43, very good used condition.

\$175 (Photo 2)

PETZL QUARK ICE TOOLS (selling as pair only), can throw in the BD wrist leashes pictured plus an older BD spinner leash, very good condition.

\$675 (Photo 3)



GRIVEL MONT BLANC ICE AXE, size 65cm, really good walking axe.

\$75 (Photo 3)

PETZL FLEXLOCK CRAMPON (only used twice - retail over \$350), fantastic all-round crampon.

\$225 (Photo 3)



BLACK DIAMOND GUIDE AVALANCHE PROBE, size 2.8m, older style but still functions well.

\$75 (Photo 3)

A % of sales will go towards ACAT (Aotearoa Climbing Access Trust)

- Please text Clayton on 027 446 1562
- Christchurch sales and pick up only, no posting sorry
- Cash sale only

We now have our own Canterbury Westland Section Website Check it out! → <http://canterburywestlandalpineclub.org.nz> Going live soon!



One easy place to find out all the information you need, on your section

Outdoor First Aid Course

15 & 16 JUNE

OPEN TO ALL



OUTDOOR FIRST AID COURSE 15 and 16 JUNE 2024

We are running a two day Outdoor First Aid course on Saturday 15th & Sunday 16th June 2024. The venue will be in Christchurch and it will be taught by professional first-aid instructors. This course is designed to enable participants to respond confidently to a first aid incident in various outdoor settings where it may take some time for emergency services to reach you, for example when on climbing trips. The cost for this course is \$300 for members, with a significant discount available to Canterbury/Westland section volunteers who instruct on our courses and/or lead trips.

Participants on this course will learn skills to:

- Provide basic life support to a patient (specifically: managing airway obstructions and respiratory and circulatory insufficiency).
- Provide first aid for patients with shock, fractures, environmental emergencies, bleeding from trauma and basic medical conditions.
- Manage patients with minimal resources on hand.
- Understand and respond to outdoor and alpine specific first aid issues including extended care of a patient in a cold environment.

[REGISTER HERE](#)

ONLY 2 SPOTS LEFT!

Canterbury Westland Section

Winter Courses

NZAC MEMBERS ONLY



BASIC SNOWCRAFT: 2 COURSES

- 2 - 4 August **NOW FULL**
- 16 - 18 August **SOME SPACES STILL AVAILABLE**
(Tuesday evening in Christchurch, plus two days in Arthurs Pass)

Who is this course for?: The NZAC Basic Snowcraft course is designed for experienced trampers and those with a passion for the outdoors who are looking to gain additional skills to travel safely in alpine terrain where snow and ice is often encountered.

Full details can be found [here](#) along with the registration form

AVALANCHE AWARENESS: 10 - 11 AUGUST SOME SPACES STILL AVAILABLE (Friday evening in Christchurch, plus either Saturday or Sunday in Arthurs Pass)

Who is this course for?: The NZAC Avalanche Awareness course is designed for NZAC Novice mountaineers (or equivalent skill set) who are looking to gain a greater understanding of the avalanche phenomenon. This course is designed to introduce participants to the avalanche phenomenon. Those looking to spend a significant amount of time in the alpine environment should consider the 4 day Backcountry Avalanche Course. Participants should be competent in the skills listed in the Basic Snowcraft course outline to ensure they can safely access terrain during the course. Please do not apply if you are not competent in the course outcomes from the NZAC Basic Snowcraft Course.

Full details can be found [here](#) along with the registration form

INTERMEDIATE SNOWCRAFT: 24 - 25 AUGUST NOW FULL/WAITLIST (Arthurs Pass)

Who is this course for?: The NZAC Intermediate Snowcraft course is designed for NZAC Novice Mountaineers (or those with an equivalent skill set) who are looking to gain additional skills to travel safely in alpine terrain where straightforward steep snow and ice is encountered, and where abseiling on descent could be required. This is an alpine course suitable for NZAC Novice Mountaineers who have consolidated their skills through trips on grade 1+ alpine terrain. Please ensure you meet the minimum requirements.

Full details can be found [here](#) along with the registration form

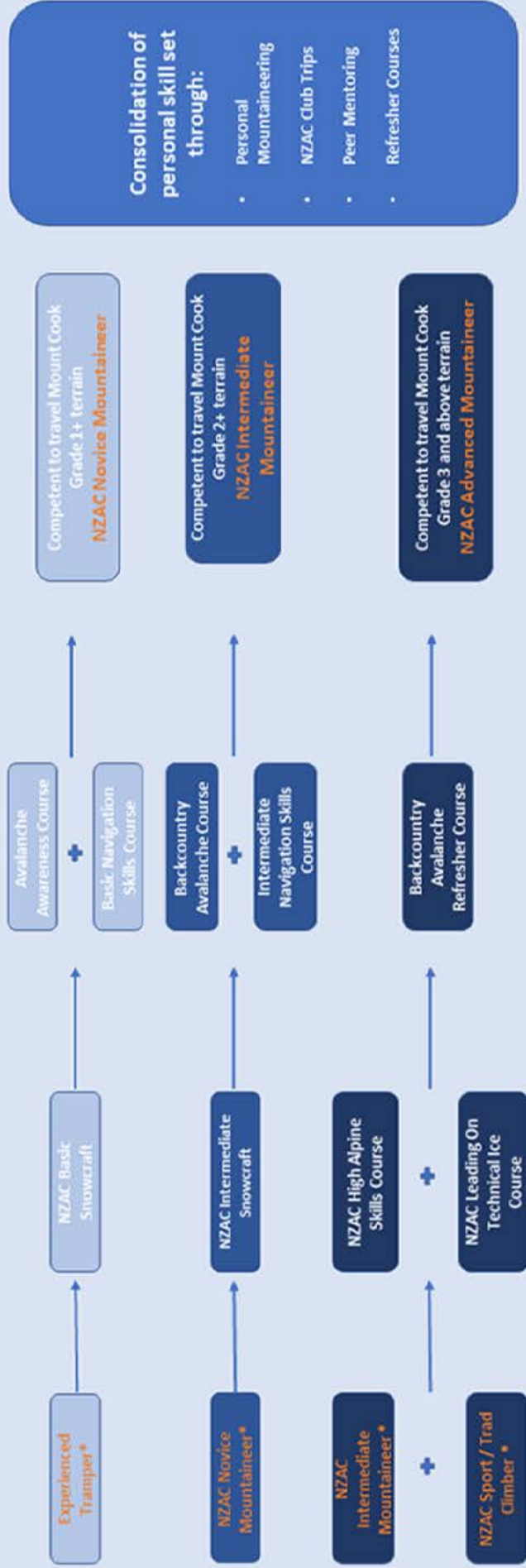
Alpine Climbing Pathway



NEW ZEALAND ALPINE CLUB

NZAC PERSONAL SKILLS COURSES

NZAC Snowcraft and Mountaineering Pathway



* Or equivalent prior experience

National Winter Courses



NZAC MEMBERS ONLY

INTERMEDIATE

- ALPINE ARTHURS PASS LODGE, Backcountry Avalanche South Island Course Vol 15-18 July 2024
- ALPINE ARTHURS PASS LODGE, Backcountry Avalanche South Island Course 1, 20th - 23rd July 2024
- ALPINE ARTHURS PASS LODGE, Backcountry Avalanche South Island Course 2, 25-28 July 2024

ADVANCED

- ICE WYE CREEK, Women's Leading on Technical Ice Course, 3 August - 6 August 2024
- ICE WYE CREEK, Leading on Technical Ice Course, 3 August - 6 August 2024
- ICE WYE CREEK, Leading on Technical Ice Course, 10 August - 13 August 2024

INTERMEDIATE

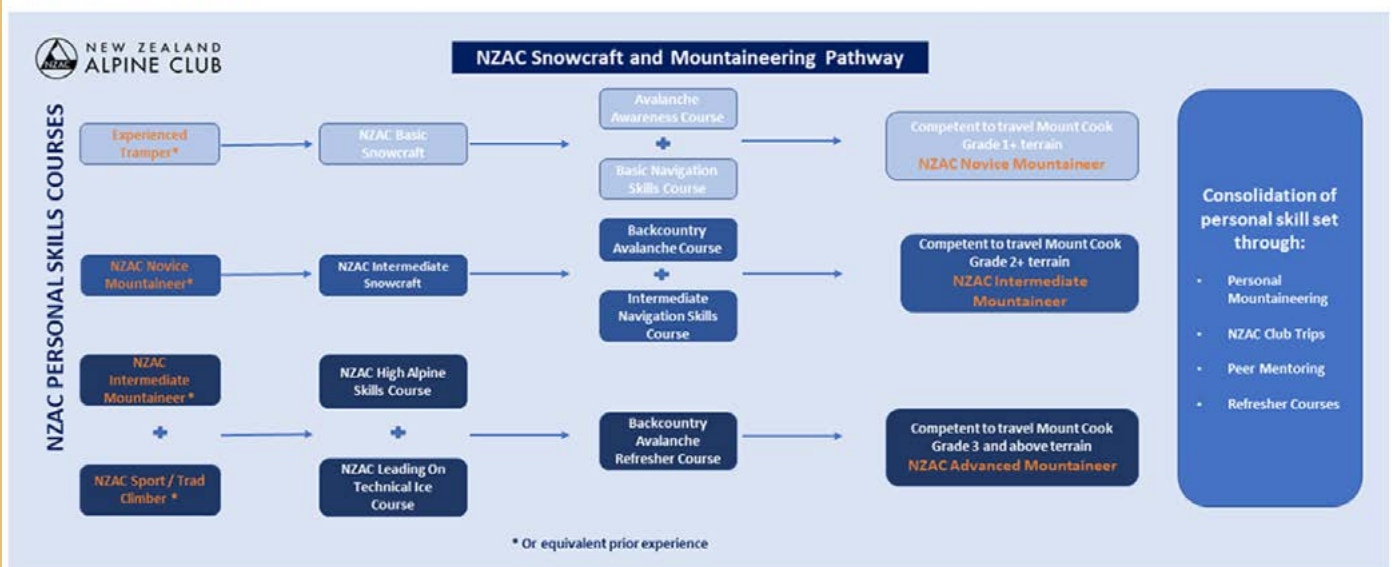
- Intro to Backcountry Ski Course, 31 August - 3 September 2024, 7-10, September 2024

ADVANCED

- SKI TOURING AORAKI / MT COOK NATIONAL PARK, Glacier Ski Course
28th September - 2nd October 2024, 5th October - 9th October 2024
- ALPINE AORAKI / MT COOK NATIONAL PARK, High Alpine Skills Courses
12th - 17th November, 19th - 24th November, 26th November - 1st December

CLICK HERE FOR MORE DETAILS

Alpine Climbing Pathway



OTHER BITS

CAN YOU HELP? SAVE THE DATE!



SEEKING A SECRETARY Duties primarily entail preparing the agenda and taking minutes at our Canterbury Westland monthly section meetings. Meetings are usually held at 6pm on the first Monday of each month in Addington and are done and dusted by 7.30pm latest.

If you are prepared to put some time back into the club and are interested in this position please contact: Sam White - 021 831 911 or cw.chairperson@gmail.com

DUNEDIN ADVENTURE MEET AT LABOUR WEEKEND

Details are yet to be announced but save the date for our annual Dunedin Adventure weekend. This year it will run over Labour weekend, Oct 26th - 28th 2024.

Always a lot of fun where you can meet up with like minded people at Longbeach and either climb, hike, explore, relax and make new friends. So save the date and watch out for posts on Facebook, Instagram & future newsletters.

Remember, 'Meets' are open to everyone, you don't need to be an NZAC member to attend. But why not become a member anyway? There are many advantages to being an NZAC member. These include courses, trips, discount at a huge range of local retailers & climbing gyms!



WANAKA ADVENTURE MEET. CANTERBURY ANNIVERSARY WEEKEND

Plans are under way for a combined Wanaka Adventure weekend with the Otago section. This will be held over Canterbury Anniversary, Nov 15th - 17th 2024.

Save the date and plan for another adventure filled weekend. More details will be out in the coming months on our Facebook, Instagram pages & in future newsletters. Keep an eye out so you don't miss out!

Remember, 'Meets' are open to everyone, you don't need to be an NZAC member to attend. But why not become a member anyway? There are many advantages to being an NZAC member. These include courses, trips, discount at a huge range of local retailers & climbing gyms!



ST MARTINS • SCOUT WALL • UPGRADE



So it happened that on May 18th a crew of awesome volunteers helped to reset a fair amount of climbing routes at the Scout's Wall in St Martins. According to Pete S. who runs the wall this was the first time in about 10 years that this has happened in this scope except for the couple of climbs he has put up himself.

On top of this we also received an unexpected donation from the Lincoln University Tramping and Climbing Club in the form of four boxes full of fresh and shiny new holds, which have been put to good use on the day. We were blown away by the kindness! Within a bit more than half day 11 new routes went up on the walls ranging from grade 15 to 20. While the team was busy on the wall, Pete made sure that we could get hands on the tools and items needed to do the job. Thanks also to Kate, his wife, for bringing a big box of freshly baked muffins! The work done will be of great value for the local climbing community - old and young! A massive thanks again to all the helpers!

Sab R., Organizer: *"It was amazing to see how this ad hoc team of volunteers managed to work so creative and efficient together. A few visitors dropped in spontaneously to check the ongoing work and the reactions were really warm and grateful, they certainly did not expect this to happen. I am super stoked about the team effort that has been done."*

To find out about hiring the climbing wall click [here](#)

Volunteer crew in the team picture (left to right):
Markus, Glen, Viktória, Kate, Jonathan.



An Evening with **LYDIA BRADEY**

**1st Female to Summit
Everest without Oxygen**

HOST: John Palmer
Climber & Mountaineer

All Proceeds to
Permolat Trust

**7-9PM
FRIDAY 26TH
JULY 2024**

Tickets \$29^{.95}
www.ticketek.com

AURORA CENTRE
BURNSIDE HIGH SCHOOL

Brought to you by:


LA SPORTIVA
innovation with passion

EDELRID 

An Evening with **LYDIA BRADEY**

**1st Female to Summit
Everest without Oxygen**

HOST: John Palmer
Climber & Mountaineer



Come and Support the Permolat Trust!

Lydia Bradey has been climbing the world's highest peaks for 40 years. Lydia is a sought-after Mountain Guide and Professional speaker boasting 6 ascents of Mt Everest including the first female ascent without oxygen, 10 ascents over 8000m and over 35 expeditions over 6000m. Lydia is a passionate mountaineer with a story to tell about extreme physical environments and how to overcome insecurity, fear and discomfort by developing a mindset of resilience, and an addiction for experiences.

Guest interviewer John Palmer is also a passionate climber who loves nothing more than a good conversation about climbing. John has climbed all over the world, has co-authored climbing guidebooks, is an internationally published climbing writer and photographer, and hosted a podcast about climbing in Aotearoa. However, he has not climbed Mt Everest. Yet.

An Evening with Lydia Bradey promises to be thought-provoking, entertaining and inspirational event for anyone connected with the Outdoors. All proceeds from the evening will be donated to the Permolat Trust for the benefit of the wider Outdoor Community. Permolat has a mission to restore Back Country Huts so we can all discover more of our great outdoors.

**Aurora Centre
Burnside High School
151 Greers Road
Burnside, Christchurch**

**Photo credit: Mike Roberts
Proudly brought to you by: La Sportiva &
Edelrid**

Tickets available to purchase at:

Ticketek 'Lydia Bradey'

MONITORING

THE BEALEY SPUR TRAPLINE

YOU CAN HELP!

Monitoring of the trap line on the upper Bealey Spur that the section looks after on behalf of the Arthurs Pass Wildlife Trust continues.

If you are planning to walk up The Bealey Spur please consider contacting Laura Wolken so you can take a turn to check and clear the traps. Laura will explain what you will need to do if you are unsure.

If you are interested in helping out with the Bealey Spur Traplines please contact Laura Wolken at l.wolken@windowsslive.com



NZAC CANTERBURY WESTLAND SECTION

GEAR HIRE

FOR NZAC MEMBERS ONLY

HIRE

EQUIPMENT LIST

- Crampons (12 x pair, fully adjustable)
- Walking ice axes (12 from size 60cm to 70cm)
- Technical ice axes and hammers (5 pairs of various brands)
- Avalanche kits (12 transceiver, shovels & probes. Transceivers use 3 x AAA batteries - not included)
- Helmets (12)
- Snow shoes (2 pairs of MSR evo ascent & 2 pairs of MSR lightning ascent)
- Snow stakes (8 with mid clip wire)
- Ice screws (16 screws, various sizes 13cm to 22cm)

NZAC members can hire gear on behalf of non-members on the same trip they are attending with the knowledge that the NZAC member is responsible for any loss or damage.

PRICING

Prices:

- \$20 per day for Avalanche Rescue Kits
- \$10 per day, for ice screws & pitons: two items
- \$10 per day, per item for all other items
- Payment is by bank transfer

CONTACT

CONTACT BEN SCOTT:

Text: 021 236 8413

Email: cw.gearhire@gmail.com

Please give your full name, membership number, equipment you require and the dates you require it for. Please do not ask to hire equipment on a Friday or Saturday at the last minute.

Other Gear hire options in Christchurch include:

Bivouac at Tower Junction – click [here](#)

Further Faster in Sydenham – click [here](#)



CANTERBURY/WESTLAND CLUB SECTION

LIBRARY

BOOKS TO EDUCATE & TO INSPIRE YOU

Did you know that the Section has its own library and that you can borrow the books in the Section library?

The contents of the CW Section library can be found on line [HERE](#)

To borrow a book please contact John Roper-Lindsay
john@roperlindsay.com or call/text 021 395 513

LIBRARY POLICIES:

- You must have a current NZAC membership card to borrow
- Books are generally to be returned within 2 months, but new purchases will be expected to be returned within 1 month
- DVDs are expected to be returned within 2 weeks

RETURNS: *Books/DVDs can be returned in one of 3 ways.*

- Return at the next Section meeting
- Drop them off at National Office and tell whomever you speak to that they are for CW library
- Email text/phone me to arrange handover some other way



Midweek Rock Climbing

To join the midweek rock climbing group, click [HERE](#) and fill out our Google form.

WELCOME TO MIDWEEK CLIMBING!

Keen for a climb? Join the Midweek Climbing group to organise rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

If you are interested, please click [HERE](#) and fill out our Google form. All are welcome and you don't need to be a NZAC member to join.

PLEASE NOTE

Mid week climbing organisers do not provide guiding or instruction and individuals within the group are responsible for their own safety.

You will need a harness, rock shoes, belay device, locking carabiner, and helmet. Please also let the person in charge know what equipment you have and if unknown to them your climbing experience.

Cheers,
Jonathan



CANTERBURY WESTLAND
SECTION OF NZAC

CHECK IN
LIKE US
TAG US

FACEBOOK, INSTAGRAM
& GROUP PAGE



We now have our own
Canterbury Westland Section Website
Check it out! → 



One easy place to find out all the information you need, on your section

WEEKLY ACTIVITY OPTIONS

Lead a trip: If you would like to lead a trip for the club, alpine, rock climbing, cycling or otherwise, please contact **Natasha Mealing**
nzac.cw.trips@gmail.com

Mid-week mountaineering: The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, weather permitting. Most of the trips are not technical climbing but scrambling at a fairly relaxed pace. If you are interested in joining us, please contact **Pat Prendergast on 337 0079 or email**
pat@slingshot.co.nz

Mid-week rock climbing: Keen for a climb? Join the Midweek Climbing group to organize rock climbing related missions, meet new people and explore the outdoors. Depending on the time of year, there will be regular sessions after work, during the weekend, or just send an email if you're going out or looking for a belay. Mostly in and around the Port Hills with day trips to the Banks Peninsula and occasionally beyond.

- Helmets are compulsory when climbing and belaying (if you don't have a helmet, please source one or talk to the climbing coordinator and they will try and have one available)
- For those new to climbing and belaying, we can assist in this so please ask if you are not sure
- Two top rope kits, each with a rope, biners and slings are available each week for the person in charge to use rather than their own equipment and for those climbers who don't want to lead but top rope instead.

Climbing will usually run from approximately 4.30 pm onwards, outdoors during daylight savings hours, or indoors in winter, or if the weather is no good. We also welcome and would appreciate people assisting from time to time on a roster basis rather than relying on the same people every week having to look after the climbing group so please contact Jono if you are able to help out (it's not too difficult!)

If interested, please send an email to:
nzacmidweekclimbing@gmail.com
and you'll be sent the sign-up form.

All are welcome, including non members.

WE NEED YOU

The NZAC Canterbury Westland section is looking for volunteer trip leaders

A club trip is a great way to spend time with like minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping, rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.

What is involved?

- Pick an objective and date
- Use this trip leader worksheet to plan your trip
<https://alpineclub.org.nz/resources>
- Get in contact with the trip coordinator (see details below).
- Your trip needs to be signed off to make sure all points are ticked off. The trip coordinator can also help you with any questions you have regarding the planning
- The trip gets advertised in the newsletter and/or to the Canterbury Westland facebook page
Email: Shannon at nzac.cw.newsletter@gmail.com
- You organise the participants and do pre-trip preparations

The list below is a suggestion of day or overnight trips which could be both run during summer or winter. All these trips are achievable in a weekend. If you have another objective in mind just get in contact with the trip coordinator. Thanks for leading a trip for the club!

Volunteer trip coordinator email:

Email nzac.cw.trips@gmail.com

Some Ideas! Mt Aiken, Binsler, Avalanche Peak, Mt Cloudsey, Torlesse, Avalanche-Bealey Traverse, Castle Hill Peak, Longfellow, Avalanche Peak-Crow Valley, Mt Oates, Murchison, Temple-Phipps Traverse, Mt Somers, Mt Guinevere, Mt Rolleston, Mt Philistine



KEEN TO SHARE YOUR OUTDOOR EXPERIENCE?

Keen to share your outdoor experience?

Caitlin Erickson, our section meeting co-ordinator, is the person to contact.

Caitlin organises speakers to share their outdoor experiences with the rest of our community. If you have any outdoor adventures to share or know someone who has a story to tell, then please contact Caitlin either by phone or email.

Email: cerickson717@gmail.com



TRIP GUIDELINES

An important part of the NZAC is volunteer organised trips. If you're thinking of joining or organising a trip, here are some guidelines on what to expect. Check out the NZAC Trips page for resources to assist you with planning a section trip. <https://alpineclub.org.nz/resources/organising-trips/>

Responsibilities of a Trip Organiser:

- Trips should be fun for everyone. Choose a mountain, peak, hill, traverse, route, crag, or whatever and get out there and meet some keen club members!
- You cannot be responsible for the safety of every member of the group, but you should aim to empower every group member with enough knowledge to make their own informed decisions about the proposed trip both before, and during the trip.
- Choose a realistic goal for the time available and give prospective group members an idea of the amount of effort required.
- Set a group size limit based on your experience, the goal, time available and the groups individual fitness and experience.
- Let the group know what skills & equipment are needed when they sign up.
- Provide the trip Participants with a copy of the NZAC waiver form and have them understand, sign and return it to you in advance of the trip.

- Organise travel arrangements at the earliest opportunity and let everyone know how much they can expect to pay for transport costs - petrol, wear & tear.
- Prepare detailed trip intentions and leave them with at least one responsible individual.
- If someone on the trip voices their concern about a situation it is up to you (with the help of the group) to find a safe solution.
- Give priority to NZAC members
- Find someone on the trip to write an interesting trip report for the Section Newsletter and email it to: nzac.cw.newsletter@gmail.com

Responsibilities of a Trip Participant:

- You are responsible for your own safety. If you are uncomfortable with any situation, let your trip organiser know straight away.
- Be prepared to drive or contribute to transport costs incurred (petrol, wear & tear)
- Make sure you have a clear idea of the trip's goals and what will be required of you. Obtain a relevant map and know where you are going, the terrain, what gear you will need, and how to use it.
- If you discover that you cannot go on the trip then let the Trip organiser know as soon as possible so that another person can take your place.
- Read, understand and return the signed copy of the NZAC waiver form to the Trip Organiser.

JUST SOME OF THE BENEFITS FOR NZAC MEMBERS

Benefits for NZAC Members

NZAC Membership gives you access to many discounts with the following retailers. You may be asked to present your active NZAC membership. To see full terms and conditions and other benefits of being a member, please visit... <https://alpineclub.org.nz/membership> and <https://alpineclub.org.nz/member-discounts>

To visit any of the retailers below, click on their logo.



CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS

Section Library: [CLICK HERE](#)

Chairperson:

Sam White cw.chairperson@gmail.com

Secretary:

VACANT

Events:

Adam Humphries 027 200 4760 adam.b.humphries@gmail.com

Accommodation & Committee Rep:

Philip Tree philiptree7@gmail.com

Summer Instruction Coordinator:

Clayton Garbes 027 446 1562 cw.summerinstruction@gmail.com

Winter Instruction Coordinator:

Neil Hamilton cw.winterinstruction@gmail.com

Gear Custodian:

Ben Scott cw.gearhire@gmail.com

Recreational Advocacy:

Lindsay Main Lindsay.main@caverock.net.nz

Trip Coordinator:

Natasha Mealing nzac.cw.trips@gmail.com

Newsletters & Online Coordinator:

Shannon Cook 021 809 088 nzac.cw.newsletter@gmail.com

Treasurer & Library:

John Roper-Lindsay 021 395 513 john@roperlindsay.com

Arthur's Pass Lodge:

John Henson 027 471 4075 hensonj@xtra.co.nz

Section Evenings:

Caitlin Erickson cerickson717@gmail.com

Crag Maintenance:

Grant Piper 021 711 300 grant.piper66@gmail.com

Midweek Rock Climbing Coordinator:

Jonathan Tye nzacmidweekclimbing@gmail.com

General:

Lisa Donning lisadonning@gmail.com



<http://canterburywestlandalpineclub.org.nz> Going live soon!

Please Note

CONTRIBUTIONS TO THE NEWSLETTER ARE MORE THAN WELCOME
PLEASE SEND TO NZAC.CW.NEWSLETTER@GMAIL.COM
BY THE 25TH OF EACH MONTH AT THE LATEST