



UPRISING

NEWSLETTER FOR CANTERBURY WESTLAND SECTION OF NZAC

OCTOBER 2024

SECTION TALK THURSDAY 10 OCT

Canterbury Westland
Section Evening

The Cashmere Club
50 Colombo Street
Sydenham

Thursday 10 October 2024
Doors open: 7pm
Talk starts: 7:30pm

If you want to purchase an alcoholic drink from the bar, you must show a Guest pass. You can pick one of these up inside the room we meet in where they'll be on a table near the door.

Everyone is welcome, you don't need to be an NZAC member to attend.

LINKS TO 'CW SECTION'

Remember to 'Like' our Facebook & Instagram pages so you can be kept up to date on Monthly meetings, talks, events, trips, courses and lots more. Share your trip photos and inspire others. And check out our section website for more information.



<http://canterburywestlandalpineclub.org.nz>



The summit of Mt Hutt from the top of the chairlift



The summit of Mt Peel

ANDY BUCHANAN

Panorama from the Port Hills Climbing everything in sight, and writing the book



Early winter snow on the northern slopes of Esk Head



Summit of Mt Alarm

Future Section Evenings. Save these dates...



7 NOVEMBER: NIC LOW

4 DECEMBER: ROB FROST

PROFILER

GET TO KNOW OUR COMMITTEE MEMBERS
& AMAZING VOLUNTEERS

Anna Scheirlinck. Instruction Team

I tasted rock climbing for the first time at 21. A day out with some friends at Wharepapa South did the trick. Next minute, I was looking for someone who knew what they were doing in the NZAC Auckland Wednesday night social meet at the Longside of the Auckland Quarry. John Pitcairn and James Mitchell showed me the ropes and literally helped me to find my feet, balance and place in the climbing community. After a few courses, meets and trips with the club I realised the rock shaped hole in my heart had found the missing piece. That's where I started, and I imagine more than a few others share a similar story in their foray into the world of climbing.

What were the ingredients of this recipe?

1. *A well-established crag*
2. *A welcoming group of climbers*
3. *Quality instruction at an affordable price*
4. *Gear that I could borrow whilst I was in training*

I raise these starting blocks, as the foundation for my climbing & mountaineering journey, because I have never forgotten where I came from and how I got here. That's why and how I have now gained the qualifications of NZMGA Assistant Ski Guide, ARML6 certified, an NZAC Bush, Rock & Alpine Instructor and Leader. That's why I started out as a volunteer instructor with the Canterbury Westland section back in 2014 for both summer and winter courses. I now work as an instructor for mainly the multi-pitch sport courses, trad courses, self-rescue & advanced rope skills courses. I get a real buzz teaching students to look after themselves whilst exploring. I also teach the National NZAC summer and winter courses and have made peace with the fact that if we're on snow, then skis are my preferred mode of transport.

These starting blocks have also contributed to my recent role as a board member of the Aotearoa Climbing Access Trust (2021-2023). The crag where I cut my teeth has been closed to climbers for years now. It is a stark reminder of the vulnerability of our access to many crags across Aotearoa.

It didn't take too long playing in the mountains, before I had a friend injure himself in a rather precarious position. I'm sure everyone knows someone who has needed help to get out of there. Whether that help came through buddy rescue or through a SAR team, I realised the essential service these teams provide, so I signed up. I am currently leading the Alpine Rescue Canterbury team. I feel immensely lucky to be part of such a highly skilled group that are committed to helping our fellow climbers.

When I'm not guiding or working, I take on the trails mountain biking and running, climbing, ski touring and generally ascending peaks via whatever means possible. I wouldn't say that I've ever been amazing at any of my pursuits, and that's what I love about them – you really don't have to be. Gaining a level of competence to keep yourself and others safe, whilst knowing your limits is far more important.

I would encourage anyone to make the most of what NZAC offers to climbers starting out on their journey. Then, one day, figure out how you can give something back and help to raise up those finding their way into the climbing scene. You don't have to be an instructor, there are so many other ways to volunteer and every bit counts. Well it did for me.

If you would like to join our committee or give back to the club in any way please send an email to cw.chairperson@gmail.com



WANTED

Volunteer Hut Warden

Volunteer Hut Warden - Arthur's Pass

Would you like to help the Club and be a volunteer warden at Arthur's Pass Lodge this Summer?

We are looking for people to stay and warden at Arthur's Pass during summer 2024/2025 from mid-December through to end of February.

- Must be an NZAC member
- Over 25
- Be able to effectively communicate
- Willing to do cleaning in toilets, keep consumables available, etc as required, but not at the exception of users keeping things tidy.

Minimum warden period one week – Sunday to Saturday, maximum period 2 weeks.
You can do multiple wardening periods just not one after the other.

If you are interested, please email Marie at nationaloffice@alpineclub.org.nz

CANTERBURY WESTLAND SECTION OF NZAC

A N N U A L
**BUY/SELL
GEAR SALE**

Thank you!



2024 Canterbury Westland Section Annual Gear Sale

The 2024 event was a more subdued affair than previous years (cost of living crisis?). However there was still the usual eclectic mix of items for sale. From museum pieces (anyone remember Snarg ice screws?) to near new Himalayan expedition clothing and plenty of bargains to be had. Big thank you to our supporters on the evening [Bivouac](#), [Further Faster](#), and [Paramo/PerspireRidge](#). Proceeds from the gear sale, along with other section and donated gear sold during the year, totalling \$725 will be donated to [Alpine Rescue Canterbury](#).



Snarg Ice Screw



*\$725 was raised for
Alpine Rescue Canterbury*

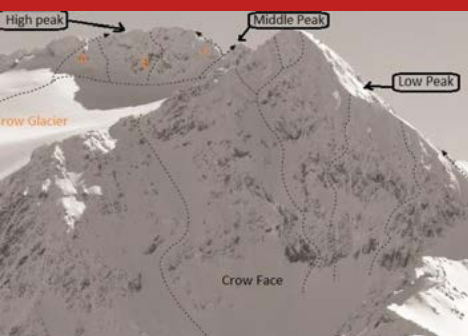
Further Faster in action at the Buy/Sell Gear Night

UPCOMING TRIPS

OPEN TO NZAC MEMBERS



MOUNT ROLLESTON: 11 - 13 OCTOBER 2024



TRIP LEADER: Adam

TRIP GRADE: 2/2+

ROUTE: Via the Otira valley and up the ramp to low peak. High peak summit depending on conditions.

Click [here](#) for more details

MOUNT VALIANT: 12 - 13 OCTOBER 2024



TRIP LEADER: Sam

TRIP GRADE: 1/1+

ROUTE: Climbed from the East Branch of the Hawdon River. From the Hawdon Biv follow the spur at the confluence of the streams until clear of the small gorge, then sidle towards the saddle at the head of the valley between the peaks.

Click [here](#) for more details

EVER THOUGHT ABOUT LEADING A TRIP?
FIND OUT WHAT IS INVOLVED BY CONTACTING
NATASHA MEALING AT
nzac.cw.trips@gmail.com

Under 18's are welcome to join trips and courses through parental/guardian permission.
Under 18's will be vetted by the organiser for the Trip or Meet.



Labour Weekend Dunedin Meet

DATE: Friday 25th - Monday 28th October 2024

DESCRIPTION: A weekend for all abilities and interests and you don't have to be a NZAC member to attend.

ACTIVITIES: available are rock climbing (sport and trad), bouldering, tramping, mountain biking, and exploring all of what Dunedin has on offer (all weather conditions catered for).

ACCOMMODATION: We will be camping at Longbeach community hall where there are toilets but no showers (but the beach is right there....). There is a fully stocked kitchen with fridges and BBQ.

ITINERARY: There will be no formal instruction at this meet so make plans that are within your abilities. Please refer to the meet guidelines for more info.

COST: \$55 pp for 3 nights, \$45 pp for 2 nights

TRANSPORT: We encourage car pooling, details to follow closer to the time.

CONTACT: James Moore: jamesmoore.nz@outlook.com

[CLICK HERE FOR MORE DETAILS](#)



Thank you, Aspiring Safety, for helping us get this Meet off the ground

Upcoming **COURSES** for NZAC members



BEGINNERS TOP ROPE COURSE Full Day 19 Oct & Evening 22 Oct 2024

4 SPACES LEFT

A two-day course designed for those either making the transition from indoor top rope climbing to outside or for complete beginner climbers. Topics: Balance, movement and technique on rock, Safe top rope belaying, Top rope climbing, Abseiling, Knots, Equipment and its use.

[Click here for full details & to sign up](#)



INTRO TO LEAD SPORT CLIMBING 23 & 24 November 2024

3 SPACES LEFT

A two-day course designed for those either making the transition from indoor sport climbing or as the next step on the climbing pathway from top rope climbing to independent sport climbing. Topics: Balance, Movement and technique on rock, Safe top rope belaying, Top rope climbing, Abseiling, Knots, Equipment and its use.

[Click here for full details & to sign up](#)

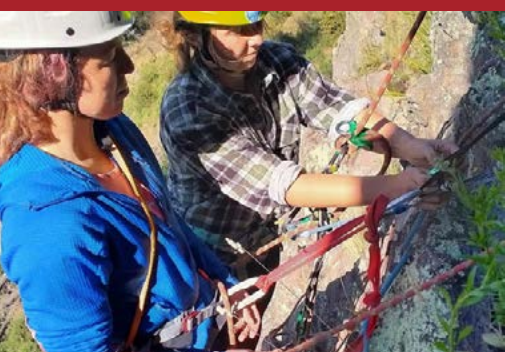


LADIES INTRO TO TRAD CLIMBING 30 November & 1 December 2024

4 SPACES LEFT

A two-day course to the introduction for Traditional Rock Climbing. This is not a beginners course and at a minimum people need to be confident sport lead climbing, lead climbing and abseiled before. Topics: Trad equipment and its use, leading on trad, cleaning a climb, anchor set up, trouble shooting and useful tips.

[Click here for full details & to sign up](#)



SPORT MULTI PITCH & ROPE RESCUE COURSE 14 & 15 December 2024

6 SPACES LEFT

A course is suitable for those who have a sport climbing background - know how to sport lead climb, lead belay and abseil (this is NOT a beginners course). Topics: Multi-pitch sport leading, setting anchors for multi-pitch, managing the anchor station, swinging leads, belaying consideration including guide mode, multi-pitch descents, and rope management.

[Click here for full details & to sign up](#)

Upcoming **COURSES** for NZAC members

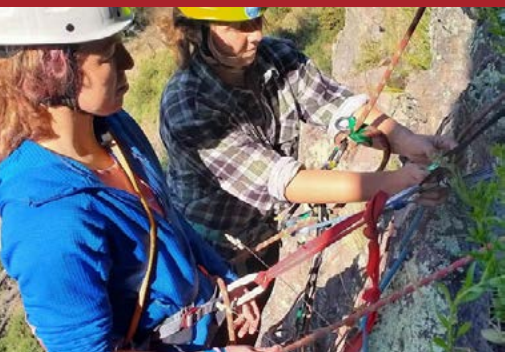


INTRO TO TRAD CLIMBING **1 & 2 February 2025**

6 SPACES LEFT

A two-day course to the introduction for Traditional Rock Climbing. This is not a beginners course and at a minimum people need to be confident sport lead climbing, lead climbing and abseiled before. Topics: Trad equipment and it's use, leading on trad, cleaning a climb, anchor set up, trouble shooting and useful tips.

[Click here for full details & to sign up](#)



SPORT MULTI PITCH & ROPE RESCUE COURSE **22 & 23 February 2025**

6 SPACES

A course is suitable for those who have a sport climbing background - know how to sport lead climb, lead belay and abseil (this is NOT a beginners course). Topics: Multi-pitch sport leading, setting anchors for multi-pitch, managing the anchor station, swinging leads, belaying consideration including guide mode, multi-pitch descents, and rope management.

[Details coming soon](#)



TRAD ANCHORS & ROPE RESCUE COURSE **5 & 6 April 2025**

8 SPACES

A course designed to upskill and refresh on the finer points of trad climbing anchors and placements and basic rope rescue skills needed in a multi-pitch environment. Topics: Multi-directional trad anchors and trad placements, transfer the belay, release a top loaded belay (escape the belay), tandem abseil, simple hoist, troubleshooting.

[Details coming soon](#)

UPCOMING CANTERBURY WESTLAND SECTION TALK
THURSDAY 7 NOVEMBER



Nic Low: The Southern Alps from a Māori point of view.

Nic Low (Ngāi Tahu) is a writer, regular contributor to *New Zealand Geographic*, and the author of three acclaimed books, including the best-selling *Uprising: Walking the Southern Alps of New Zealand*. Over many years, he retraced the alpine routes used by his Ngāi Tahu ancestors, and used these walking and climbing journeys to explore the untold histories of our beloved Alps. Just how high did pre-European Māori go into the snow and ice? What does it mean to climb Aoraki, only to deliberately turn back before the top? Can you be a mountaineer and still see the peaks as ancestors turned to stone?

Information Links

Click on a circle to get the full information that you require.



Monthly Section Talks

[CLICK HERE](#)

Our Section talks are held each month, usually on the second Thursday. Everyone is welcome and you don't need to be an NZAC member to attend.



Midweek Mountaineering

[CLICK HERE](#)

The midweek group are mainly fairly mature mountaineers who still manage to plod up a few peaks, usually on Wednesdays, depending on the weather.



Midweek Rock Climbing

[CLICK HERE](#)

Join our midweek crew for a variety of local climbing opportunities year-round. Whether you're up for a quick indoor session post-work or eager to hit the hills for some outdoor rock action, we've got you covered.



Section Library

[CLICK HERE](#)

Did you know that the Canterbury Westland Section has it's own, very extensive Library with both books and DVDs? You just need to be an NZAC member to be able to borrow.



Gear Hire

[CLICK HERE](#)

NZAC members can hire gear on behalf of non-members on the same trip they are attending with the knowledge that the NZAC member is responsible for any loss or damage.



Bealey Spur Trapline

[CLICK HERE](#)

The section helped to establish this trapline and has serviced it since 2020. For your safety and instruction on how to service the trapline, you must attend one of the training days, which are held from time to time. It's a rewarding day out helping to remove introduced predators and assist our native wildlife to thrive.



Section Meets

[CLICK HERE](#)

Section Meets are hosted by & on behalf of current members of the CW Section of the New Zealand Alpine Club. You don't need to be a current member of the NZAC to participate but the safety is the responsibility of each individual. These are not guided meets, nor do they involve any instructional training or tuition of any kind.



Section Trips

[CLICK HERE](#)

Trips are hosted by & on behalf of current members of the CW Section of the New Zealand Alpine Club. You need to be a current member of the NZAC to participate. Participants will need to be totally self-sufficient in the environment and have the skills, experience and judgement to undertake alpine and related mountaineering activities consistent with the level of experience required, independently and safely.



Becoming a Trip Leader

[CLICK HERE](#)

A club trip is a great way to spend time with like-minded people, share some adventures and give back to the outdoor community. Most trips involve moderate to intermediate mountaineering but they can include anything from tramping and rock climbing to mountaineering objectives. The trip leader is not a professional guide or instructor, as a trip leader you organise and lead the group only.



Section Courses

[CLICK HERE](#)

The club runs instruction courses covering rock, snow, avalanche awareness and navigation. These courses are for NZAC members only, you must have an in date membership to sign up for a course.



Arthur's Pass Lodge

[CLICK HERE](#)

In the heart of Arthurs Pass National Park, this warm little lodge provides a great base for exploring the surrounding mountains with peaks suitable for beginners to advanced climbers alike.



Newsletters Past & Present

[CLICK HERE](#)

Sign up to have our monthly newsletters delivered to you by email. You can also read past newsletters on our website.



Member Discounts

[CLICK HERE](#)

One of the benefits of being an NZAC member is discounts from all the wonderful retailers you will find by clicking on this link. Please support them as they support us.

CANTERBURY WESTLAND SECTION OF THE NZAC COMMITTEE MEMBERS



CHAIRPERSON

Sam White
[Email](#)



SECRETARY

Caitlin Erickson
[Email](#)



TREASURER & LIBRARY

John Roper-Lindsay
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NEWSLETTER & ONLINE

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MIDWEEK ROCK CLIMBING

Jonathan Tye
[Email](#)



TRIP COORDINATOR

VACANT
[Email](#)



SECTION EVENINGS

Caitlin Erickson
[Email](#)



EVENTS

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[Email](#)



CRAG MAINTENANCE

Grant Piper
[Email](#)



TRAPLINE MANAGER

Neville Ross
[Email](#)



ARTHUR'S PASS LODGE

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[Email](#)



GEAR CUSTODIAN

Maxine van Rijn
[Email](#)



RECREATION ADVOCACY

Lindsay Main
[Email](#)



MEET COORDINATOR

Lisa Donning
[Email](#)



GENERAL

Jim Petersen
[Email](#)



GENERAL

Clayton Garbes
[Email](#)



POSITION VACANT

GENERAL

WE WANT YOU

